

We redeem all food store coupons!

2nd BIG WEEK

great pre-summer sell-a-bration



Sale!



SAVE .94

CHAMPAGNE, WHITE OR YELLOW
Viva Towels

PKG OF 2 ROLLS

.79

Limit 4 pkgs per family purchase



SAVE .86

1-PLY BATHROOM TISSUE, ASSORTED COLOURS

Cottonelle

PKG OF 4 ROLLS

1.39

ASSORTED COLOURS
Scotties Facial Tissue box of 200 sheets **.89** SAVE .50

ASSORTED FLAVOURS, BEVERAGES
Canada Dry case of 24 280 mL tins **5.99**

ASSORTED FLAVOURS (PLUS .30 BTL DEP)
Canada Dry 750 mL btl **.59**

KRAFT SALAD DRESSING
Miracle Whip 1 litre jar **2.49** SAVE .80

BUY 3-SAVE .33

STRAINED, MEATLESS VARIETIES OF FOODS & JUICES 4.5 FL OZ TINS

Heinz Baby Foods **3/.99**

SUN SQUEEZE
Pure Apple Juice 48 fl oz tin **.89** SUPER BUY!

POWDERED LAUNDRY
Sunlight Detergent 6 litre box **3.69** SAVE 1.50

ASSORTED CHOCOLATE, FRUIT, BOURBON, ASSORTMENT FAMILY DIGESTIVE, DIGESTIVE CREAM
Peek Frean Cookies 400 g tin tie bag **1.99** SAVE .70

SPAGHETTI, SPAGHETTINI, READY CUT MACARONI
Lancia Pastas 500 g pkg **.59** SAVE .50

SAVE .30

BETTY CROCKER, ASSORTED VARIETIES
Super Moist Cake Mixes 510 g pkg **.99** (Creamy Deluxe Frostings 450 g tub 1.89-SAVE .30)

SAVE 2.21/kg



SAVE 1.00 lb

CUT FROM CANADA'S FINEST GRADE "A" BEEF, SEMI-BONELESS

Blade ^{or} chuck Short Rib Roast

3.28 / 1.49 /kg / lb

SAVE 1.76/kg-.80 lb

CUT FROM CANADA'S FINEST GRADE "A" BEEF BLADE, CHUCK SHORT RIB OR SHOULDER
Boneless Roasts

3.95 / 1.79 /kg / lb

SAVE .88/kg-.40 lb

COMBINATION PACK CONTAINS: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS
Loin Pork Chops

4.17 / 1.89 /kg / lb

EXCELLENT FOR BRAISING

Blade Steaks **3.28 / 1.49** /kg / lb

FRESH, MEDIUM

Ground Beef **3.73 / 1.69** /kg / lb

APPROX. 50% MEDIUM GROUND BEEF & 50% GROUND PORK

Ground Meat Combination **3.28 / 1.49** /kg / lb

RIB OR 3 TO 3 1/2 LB CUT TENDERLOIN PORTION

Pork Loin Roasts **4.17 / 1.89** /kg / lb

ROAST OR CHOPS

Pork Loin Centre Cut **5.27 / 2.39** /kg / lb

GRADE "A", FROZEN, 20 TO 24 OZ SIZE

Cornish Game Hens **4.39 / 1.99** /kg / lb

PREVIOUSLY FROZEN, CUT UP

Turkey Legs **3.28 / 1.49** /kg / lb

PREVIOUSLY FROZEN, CUT UP

Turkey Breasts **5.49 / 2.49** /kg / lb

RIB PORTION (COUNTRY STYLE) 'GREAT ON THE B.B.Q.'

Pork Loin Spare Ribs **4.39 / 1.99** /kg / lb

FROZEN, CUT UP, TRAY PACK

Boiling Hens **1.96 / lb .89**

NEW ZEALAND SPRING, FROZEN, 3 TO 4 LB AVERAGE

Whole Lamb Legs **4.39 / 1.99** /kg / lb

FIVE VARIETIES INCLUDING RED HOTS

Schneider's Wieners 450 g vac pac **1.79**

SCHNEIDER'S, SLICED, 12 VAR. INCL. MAC & CHEESE

Cooked Meats 175 g vac pac **1.19**

SCHNEIDER'S (SAVE 3.53/kg-1.60 lb)

Olde-Fashioned Ham **8.80 / 3.99** /kg / lb

SCHNEIDER'S, LOOPS

Polish Sausage **4.39 / 1.99** /kg / lb

REGULAR OR THICK SLICED

A&P Side Bacon 500 g vac pac **2.39**

FRESH, QUARTERS WITH BACKS ATTACHED, 'GREAT ON THE B.B.Q.'

Chicken Legs **2.62 / 1.19** /kg / lb SAVE 1.32/kg-.60 lb

SAVE 1.00

MASTER ROAST, AUTOMATIC, FILTER DRIP OR REGULAR GRIND
Maxwell House Coffee

2.99 369 g vac pac

(Carnation, instant COFFEE-MATE 500 g JAR 2.39-SAVE .60)

ORANGE PEKOE SAVE 1.00

Red Rose Tea Bags pkg of 60 **1.99**

PINEAPPLE-ORANGE OR PINEAPPLE-GRAPEFRUIT SAVE .40

Del Monte Drinks 48 fl oz tin **1.09**

CONDENSED TOMATO SUPER BUY!

Heinz Soup 10 fl oz tins **1.99**

REGULAR, APPLE CINNAMON OR RAISIN & DATE SAVE .80

Harvest Crunch cereal pkg **2.99**

SAVE .44

JANE PARKER, SLICED
Cracked Wheat Bread

.59 675 g loaf

JANE PARKER SAVE .50

Angel Cake 390 g cake **1.49**

MARVEL-HAMBURGER BUNS OR SUPER BUY!

Wiener Rolls pkg of 12 **1.19**

JANE PARKER, SLICED, RAISIN BREAD OR

Wheat 'N Raisin Bread 450 g loaf **.69**

PURE GRAPE JAM OR SAVE .66

Welch's Jelly 500 mL jar **1.69**



THE FARM at A&P

PROD. OF MEXICO, DELICIOUS IN FRUIT SALAD, JUICY

Fresh Sweet Pineapples each **.99**

PROD. OF CALIFORNIA, RIPE, SWEET

Fresh Large Strawberries quart **1.99**

CANADA NO. 1, PROD. OF U.S.A., TENDER, GOLDEN, SWEET

Corn-on-the-Cob 8/1.99

CANADA NO. 1, PROD. OF U.S.A., SWEET, JUICY

Fresh Cantaloupe each **.99**

CANADA NO. 1, PROD. OF U.S.A., SWEET PEACHETTE SEEDLESS

Green Grapes 4.39 / 1.99 /kg / lb

PROD. OF ONTARIO, J&B BRAND, GRAPE, TROPICAL FRUIT PUNCH, LEMONADE

Fruit Drinks 1.5 litre btl **.99**

CANADA NO. 1, PROD. OF U.S.A., SWEET, JUICY

Fresh Peaches 2.18 / lb .99

CANADA NO. 1, PROD. OF U.S.A., SWEET, RIPE

Bing Cherries 3.73 / 1.69 /kg / lb

CANADA NO. 1, PROD. OF U.S.A.

Fresh Cauliflower each **1.99**



SAVE .70

BEEF, CHICKEN OR CHOPPED BEEF, FROZEN

Banquet Dinners

11 OZ PKG

1.19

Banquet Brand FROZEN FOOD SALE



BUY 3-SAVE 1.06

FROZEN, BEEF, CHICKEN OR TURKEY

Banquet Meat Pies

8 OZ PKG

3 / 1.49

FROZEN, CHOCOLATE, BANANA, LEMON OR STRAWBERRY

Banquet Cream Pies 14 oz pkg **.99** SAVE .40

BANQUET FROZEN, BOIL BAGS, CHIPPED BEEF OR

Beef & Gravy 4 oz pkg **.59**

BANQUET FROZEN, CHICKEN & DUMPLINGS OR

Beef Stew Buffet 2 lb pkg **2.99** SAVE 1.00

FROZEN, BEEF 16 OZ OR CHICKEN

Banquet Man Pleasers Dinners 17 oz pkg **2.39** SAVE .60

SAVE 1.00

BLACK DIAMOND, SINGLE THIN

Process Cheese Slices 24's-500 g pkg **2.99**

CORN OIL SAVE .64

Fleischmann's Margarine 2 lb tub **2.99**

GAY LEA, ASSORTED FLAVOURS BUY 2-SAVE .70

Fiesta Yogourt 175 g tubs **.99**

ALL PURPOSE SAVE 2.40

Five Roses Flour 10 kg bag **8.99**

ASSORTED LUXURY VARIETIES BUY 3-SAVE .59

Pamper Cat Food 184 g tins **1.00**

SAVE .30 WITH THIS COUPON

FRITO LAYS, LAYS OR RUFFLES, ASSORTED VARIETIES

Potato Chips 200 g pkg **.99**

Limit one pkg per coupon. Valid until June 9th, 1984. (FEATURE PRICE WITHOUT COUPON 1.29) VC.

A&P HUGEL AVENUE MIDLAND

Mon./Thurs. 9 a.m. - 10 p.m.; Fri./Sat. 8 a.m. - 10 p.m.