

We redeem all food store coupons!

You'll do better at...



SUPER BUY! POPULAR CANADIAN BRANDS, REGULAR OR KING SIZE Cigarettes CARTON OF 20'S OR 25'S 12⁹⁹ <small>LIMIT 3 per family purchase</small>	SAVE 1.40 POWDERED LAUNDRY Tide Detergent 6 LITRE BOX 3.99	SAVE .70 CAMPBELL'S, VEGETABLE V-8 Juice 48 FL OZ TIN .99	BUY 5-SAVE 1.76 MAC & CHEESE Kraft Dinner 225 g PKG 5/1⁹⁹

FACIAL TISSUE, 3-PLY, ASST COLOURS BOX OF 100 SHEETS

Royale Tissue Mansize 60's .99 **SAVE .40** **.89**

HEINZ, OR HUNT'S BUY 3-SAVE .68
Tomato Sauce 14 fl oz tins **1.99**

IRISH, BEEF, CHICKEN-TURKEY SAVE .44
Clark Stews 8 fl oz tin **.69**

ASSORTED VARIETIES INCLUDING HIRTS ROOT BEER PLUS .30 BTL DEP
Crush Beverages 750 mL btl **.59**

SUPER BUY!

ASSORTED COLOURS, PRINTED
Royale Towels

.99 pkg of 2 rolls

HUNT'S (5.5 OZ TIN 2/99) 13 FL OZ TIN
Tomato Paste SAVE .46 **.99**

HUNT'S SAVE .56
Tomato Sauce 28 fl oz tin **.99**

HUNT'S SAVE .36
Manwich Sauce 14 fl oz tin **.99**

HUNT'S (28 OZ 1.29-SAVE .60) BUY 2-SAVE .61
Italian Sauce 14 fl oz tins **1.49**

SAVE .66

ASSORTED VARIETIES
Primo Pastas

.99 900 g pkg

PURE VEGETABLE 3 LITRE PLST CONT
Primo Oil SAVE 1.90 **3.49**

PRIMO, PLAIN SAVE .60
Spaghetti Sauce 28 fl oz tin **.99**

REGULAR, MINT OR GEL SAVE .60
Crest Toothpaste 100 mL tube **1.49**

REGULAR OR DEODORANT SAVE .30
Stay Free Mini box of 30 **2.89**

SUPER BUY!

2-PLY BATHROOM TISSUE ASSORTED COLOURS
Royale Tissue

2.99 pkg of 8 rolls

Prices effective thru Sat., April 7th, 1984

SAVE 1.32/kg



SAVE .60 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF SEMI-BONELESS BLADE OR CHUCK SHORT RIB

Beef Roasts

4.17 / 1.89 /kg / lb

SAVE 1.10/kg-.50 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF BLADE, CHUCK SHORT RIB OR SHOULDER
Boneless Beef Roasts

4.61 / 2.09 /kg / lb

POINT (CENTRE CUTS 5.49/kg-2.49 lb)
End Cut Brisket Beef 505 / 229 /kg / lb

EXCELLENT FOR BRAISING
Blade Steaks 417 / 1.89 /kg / lb

PICNIC SHOULDER OR SHOULDER BUTT
Pork Chops 306 / 1.39 /kg / lb

PREVIOUSLY FROZEN, WHOLE
Turkey Breasts 439 / 1.99 /kg / lb

FROZEN, NEW ZEALAND, SHORT CUT
Lamb Legs 439 / 1.99 /kg / lb

PREVIOUSLY FROZEN
Pork Hocks 108 / .49 /lb

TOWN CLUB, SWEET PICKLED
Cottage Rolls 417 / 1.89 /kg / lb

MARY MILES, SLICED
Side Bacon 500 g vac pac **2.29**

SAVE 1.32/kg-.60 lb

FRESH, SHANKLESS PICNIC STYLE
Pork Shoulders

2.18 / .99 /kg / lb

PREVIOUSLY FROZEN SAVE 1.32/kg-.60 lb
Whole Turkey Legs 218 / .99 /kg / lb

CANADIAN QUEEN, SLICED, MINCED HAM OR VARIETY PACK 375 g vac pac **1.59**

CANADIAN QUEEN, SLICED, MAC & CHEESE, CHICKEN, BOLOGNA, SALAMI, SUMMER 175 g vac pac **.79**

MARY MILES vac pac 450 g **1.29**

CANADIAN QUEEN, HOT OR SWEET 395 / 1.79 /kg / lb

CANADIAN QUEEN, PURE PORK 417 / 1.89 /kg / lb

MARY MILES, READY-TO-SERVE, WHOLE OR BONELESS HALVES OR QUARTERS 527 / 2.39 /kg / lb

PRIDE OF CANADA 395 / 1.79 /kg / lb

Polish Sausage 395 / 1.79 /kg / lb

FRESH SAVE 1.32/kg-.60 lb
Medium Ground Beef 3.95 / 1.79 /kg / lb



CANADA NO. 1, PROD. OF U.S.A. TENDER, GREEN SPEARS
Fresh Asparagus

4.39 / 1.99 /kg / lb

PROD. OF U.S.A. SWEET, RIPE
Large Strawberries

1.99 quart

Enjoy a Taste of the Tropics

PROD. OF MEXICO each .99
Pineapples

CANADA NO. 1, PROD. OF CHILE 218 / .99 /kg / lb
Red Grapes

PROD. OF HAWAII each .99
Papayas

PROD. OF THE DOMINICAN REPUBLIC 2 / .99
Coconuts

PROD. OF U.S.A., FREE LEMON WITH PURCHASE OF 3 AVOCADOS 3 / 1.00
Avocados

PROD. OF MEXICO, RIPE 110 / 2 lbs for 1.00
Watermelon

JANE PARKER, SLICED, (made with 100% pure vegetable shortening)

100% Whole Wheat Bread SAVE .34 675 g loaf **.69**

JANE PARKER (PKG OF 8 1.29-SAVE .20) SAVE .30 pkg of 12
Hot Cross Buns **1.79**

JANE PARKER SAVE .50 624 g size
Apple Pie **1.39**

JANE PARKER SAVE .70 390 g size
Angel Cake **1.29**

SAVE .70

FBI
Pure Apple Juice

.99 48 fl oz tin

SWISS STYLE, ASSORTED FLAVOURS 175 g TUB
Gay Lea Yogourt BUY 4 SAVE 1.99 **4/1.49**

McCAIN, FROZEN, CONCENTRATED SAVE .40 12 fl oz tin
Orange Juice **1.29**

MOUNTAIN DEW OR REG OR DIET case of 24 280 mL tins
Pepsi-Cola **6.99**

ASSORTED VARIETIES (PLUS .30 BTL DEP)
Pepsi-Cola 750 mL btl **.59**

SAVE 1.20

INSTANT
Nescafe Coffee

5.99 10 oz jar

REGULAR, AUTOMATIC, FILTER 369 g VAC PAC
Mother Parkers SAVE .90 **2.99**

AYLMER, CHOICE SAVE .30 28 fl oz tin
Tomatoes **.99**

ASSORTED VARIETIES INCLUDING ASSORTED PEAS & SEASONED GREEN BEANS 14 fl oz tin
Del Monte Vegetables **.69**

FLAKED LIGHT SUPER BUY! 6.5 oz tin
Island Queen Tuna **.89**

BUY 5-SAVE 1.26

MUSHROOM
Heinz Soup

5/1.99 10 fl oz tins

A&P reserves the right to limit quantities to normal family requirements

SAVINGS IN THIS AD BASED ON OUR CURRENT REGULAR RETAILS.

A&P HUGEL AVENUE MIDLAND

Mon./Thurs. 9 a.m. - 10 p.m.; Fri./Sat. 8 a.m. - 10 p.m.