

FOCUS ON



CHILDREN

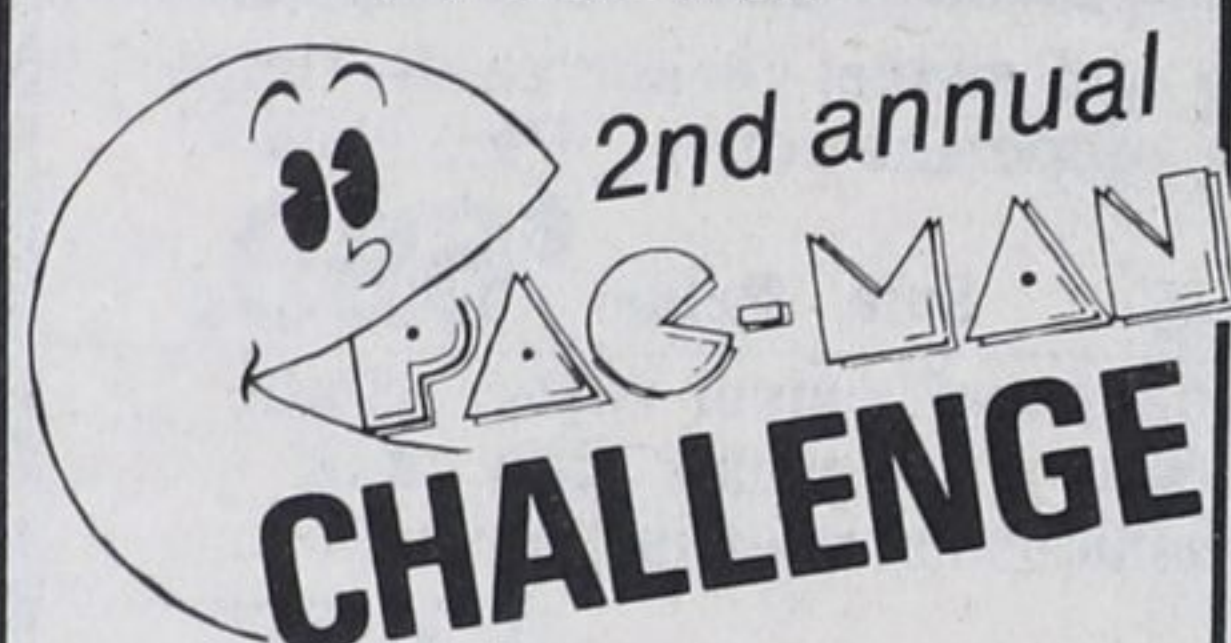
at
Georgian Mall

Sears Dominion

March 14th-17th



Presents



All proceeds donated to Royal Victoria Hospital

PRELIMINARIES:

WED. MARCH 14 11 to 6 p.m.
THURS. MARCH 15 11 to 6 p.m.
FRI. MARCH 16 11 to 2 p.m.

PLAYOFFS:

Friday, March 17th 2 to 6 p.m.
Prizes: COMPUTER GAMES from Radio Shack

GREAT PRIZES!



WASAGA STARS
HOCKEY SCHOOL

presents: **Hockey SHOOT-OUT COMPETITION**

Test your skills



★ HOCKEY FILMS
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Complete details at

Georgian Mall Sears Dominion

HWY. 26/27, North off HWY. 400, BARRIE



Crunch!

Recent high winds caused a little more than poor driving conditions in Huronia. It would seem that you didn't have to be out

on the highways to be in the middle of a mess. This scene was recorded in Wyebridge, Monday morning. Damage

has been estimated in excess of \$5,000 to both the sign and the car.

-Photo by Bob Murray



CLOSE-UP ON HEALTH

The dope on marijuana

Most kids don't "do" dope or even want to smoke up. But because there seems to be a lot of marijuana around -- in schools, on the street, and at parties -- some teenagers may wonder about it and feel they

should give it a try. With all the talk and publicity, it may look as if there's an acceptance of marijuana.

What Is It?

Marijuana is a drug that can change one's mood. It's the most



common form of cannabis and comes from the Indian hemp plant--as does hashish, which is stronger than marijuana.

What are the Effects?

In general, sensations may include feelings of well-being, relaxation, changed perceptions of time, space and self; giddiness; lessening of

inhibitions; forgetfulness; heightened sensitivity to sound, textures and taste; increased appetite--the "marijuana munchies"; and less pleasant experiences such as fear, worry depression, irritability, confusion or tiredness.

Physically, marijuana may lead to increased heart rate, dry throat and mouth, reddened eyes and impaired physical coordination.

Long-Term Effects

Here have been no reports of deaths directly linked to cannabis use, but there may be other problems:

The active ingredient of cannabis, THC (tetrahydrocannabinol) may pass from a pregnant mother to an unborn child and may harm the developing fetus.

Heavy regular use produces symptoms of psychological dependence in some people. There's evidence that long-term smoking up can lead to psychiatric disorders such as delusions or paranoia.

For more

Health and Welfare Canada has two new booklets aimed at both parents and young people. Stay Real provides straight reliable information about cannabis (marijuana and hashish). Straight Facts answers some of the more common questions about drugs

and drug abuse in general. For copies, write to the Health Promotion Directorate, Health and Welfare Canada, Box 8888, Ottawa, K1G 3J2.

This column is written by the Health Promotion Directorate of Health and Welfare Canada.

Wyevale 4-H report

by

BONNIE MOREAU

The girls who call themselves the Nifty Needlers are almost finished their quilting course. With seven members, they are: President - Susan Legget; Vice-President - Cathy Blow;

Secretary - Nancy Locke; Press Reporter - Bonnie Moreau; other members are Wendy Clause, Brenda Large and Mary Lynn McBrien. Our leaders are Fran Marshall and Bev Leonard.

We have learned three different techniques in quilting. These are quilting, string quilting and applique.

Meetings are held in the library of the Wyevale School at 6:30 p.m. every Wednesday night.

Our achievement night will be held on April 18 at 6:30 p.m. All are welcome to attend.

Alan G. Martin

Chartered Accountant

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4 Queen East
322-2440

Penetanguishene
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Professional Services include

- Preparation of personal and corporate Tax Returns
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Tax changes of recent years could affect you!

We recommend that you consult a professional for advice if in doubt on any significant aspect of your 1983 Tax Return.