



Myths about drinking and driving

accidents. I always wait at least half an hour before driving."

Question: Can an intoxicated person sober up in 45 minutes or half an hour? How long should a person wait after drinking before getting behind the wheel?

The Answer: Alcohol is eliminated from the body at a fixed rate. When alcohol is distributed throughout the body in the bloodstream, part of it, usually 2 to 6 per cent, is

eliminated in the breath, urine and sweat.

The rest is burned (oxidized) by the liver at a fixed rate of approximately one normal sized drink per hour.

The safest approach is not to drink before driving. For those who do drink, consumption should be limited to one drink per hour throughout the evening to stay safely below the .08 per cent blood alcohol content mark, says Chief Cummings.

Penetanguishene Police Chief Robert Cummings says a popular misconception about drinking and driving is still held by many. He often hears remarks like:

"I can drive home now. I haven't had a drink in the past 45 minutes", or, "Driving right after drinking is how you get into



Reviving Anne

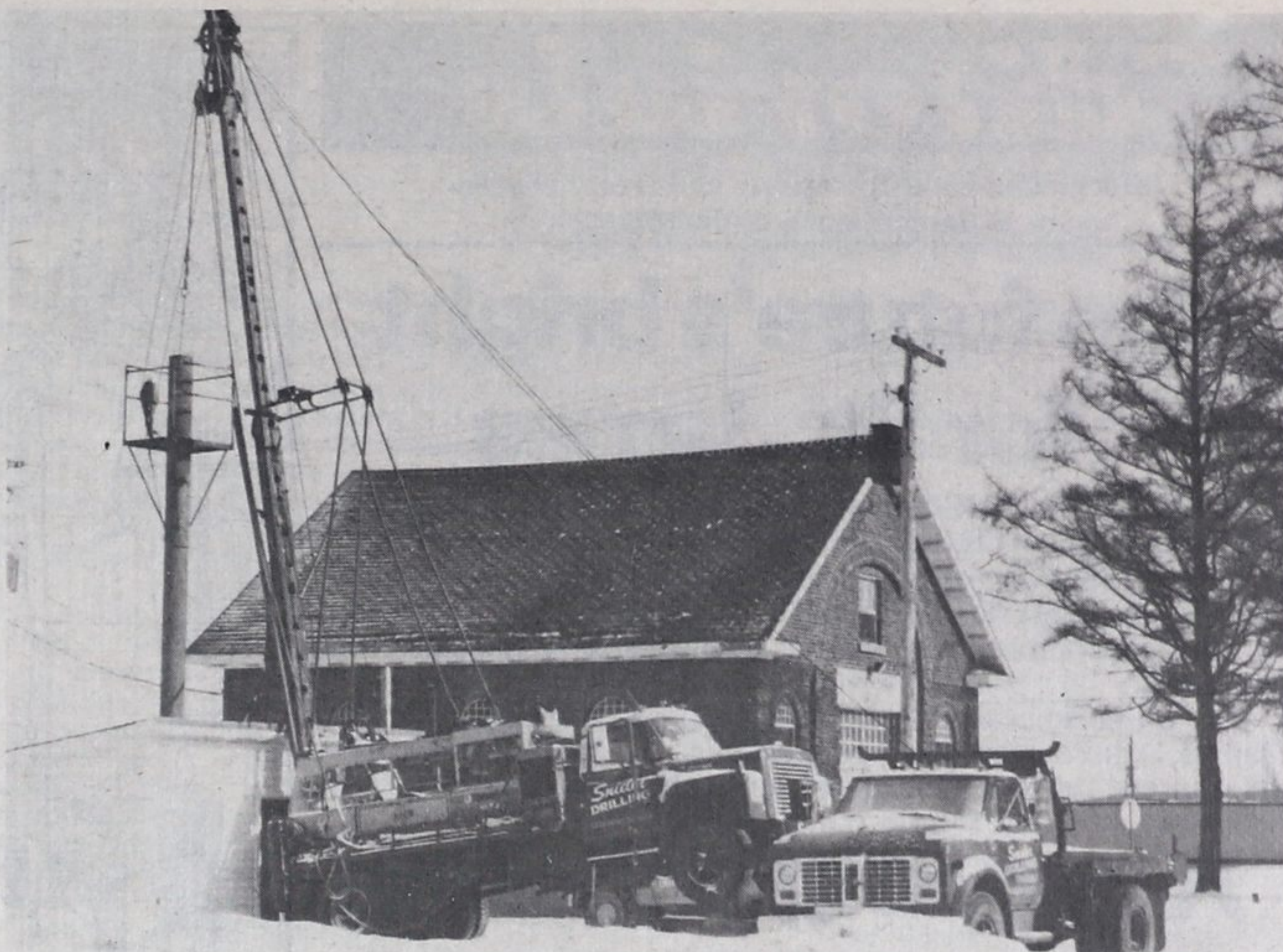
Penetanguishene firefighters and police officers teamed up for a joint in service training program last Tuesday, March 6 at the Mental Health Centre. The men practiced their resuscitation skills on the "Resuci-Annes". Most of the men were certified in CPR last November and were brushing up their skills, while three members were taking the course for the first time, said Penetanguishene fire chief Ted Light.



Former warden honoured

A framed photograph of Penetanguishene Reeve Art Stewart now hangs in the lobby of Georgian Manor, to commemorate his year of service as Simcoe County Warden. Georgian Manor is one of three Simcoe County Homes for the Aged. Reeve Stewart said he felt very honoured, and was also surprised by the presentation. "They invited me over for luncheon - I didn't know anything about

the picture," he said. "It's quite an honour." Reeve Stewart enjoyed a luncheon with members of the Committee for Homes for the Aged and Simcoe County Social Services. Left to right are: present warden of Simcoe County, His Worship Ross Whiteside, Reeve Stewart, and Anne Monkman, Chairman of the Social and Family Services Committee.



Well, well, well

The 200-foot deep town well at the Penetanguishene Waterworks undergoes a rehabilitation process to remove sediment which builds up on the screen and reduces the flow. Water and Light Commission manager Ernest

Lalonde hopes the flow of the well, now down to 400 gallons per a minute, will be increased to 700 or 800 gallons of the "purest water in Canada" when the cleaning of the screen is completed.

Town well rehabilitated

The 24-year-old town well at the Penetanguishene Waterworks is getting a spring cleaning.

Ernest Lalonde, Manager of the Penetanguishene Water and Light Commission, says the 200-foot deep well needs "rehabilitation" every five or six years to keep the water flowing.

The artesian free-flowing well, which delivers up to 1,000 gallons a minute when it's working at its best, has been producing only 400 gallons a minute lately.

The reduction in flow occurs when the screen gets plugged up with fine sand and calcium deposits. The well-drilling company uses chemicals to dissolve the deposits and jets of air under pressure to blow the sediment off the screen. The cost of

this procedure will be about \$8,000, but Lalonde says the town saves money by rehabilitating the old free-flowing well instead of using a well which would require a pump to bring the water to the surface.

Water in the free-flow well is under pressure because of the geological formations in

the area. Water flows directly into the reservoir instead of having to be pumped. Pressure in the well is so great that at times the water has flowed out the top of an 18-foot high pipe attached to the top of the well house by the workmen.

Free-flowing wells are not very common in

the area, said Lalonde. There is another one in Orr Lake, and one just north of Elmville.

"We're keeping our fingers crossed that this rehabilitation process will bring the flow back up, as it has in the past," said Lalonde. The last time the well was cleaned out was in 1978.

Officers in training

Constable Robert Skeaff of the Penetanguishene police force just completed a two-week breathalyzer course in Toronto.

The course instructed him in the use of the Borgenstein Breathalyzer Unit and will enable him to do testing himself, without needing the assistance of an officer from Midland or the local OPP.

All Penetanguishene police officers have completed their training

in the Young Offenders Act, coming into effect on April 1, 1984.

Officers have all completed their training to qualify for their certificates in Cardiopulmonary Resuscitation.

The use of the alert unit, a portable

breathalyzer device, was explained to Penetanguishene police officers in a seminar Tuesday morning, given by OPP instructors.

The local force will be purchasing an Alert unit this year, says Chief Cummings.

PGH birth

A baby girl was born to Mr. and Mrs. Jack Playne of RR 1 Perkinsfield, on Friday, March 9 at the

Penetanguishene General Hospital. The new arrival weighed 7 pounds.

NOW PMCL

IS THE LOWEST BUS FARE TO

TORONTO
FROM PENETANG

\$10⁵⁰ One Way

\$16⁸⁰ Round Trip

50% DISCOUNT
for Senior Citizens

Contact your **PMCL** Agent