

We redeem all  
food store  
coupons!

COME ON DOWN AND SAVE!



**SUPER  
BUYS**

A&P reserves the right to limit quantities to normal family requirements!  
Prices effective thru Saturday, November 19th, 1983.

**SAVE 3.00**

CANADA DRY

REGULAR OR SUGAR FREE GINGER ALE, C-PLUS ORANGE TONIC WATER, SODA WATER, WINK OR DR. PEPPER

**Canada Dry**

CASE OF 24-10 FL OZ TINS

**4.99**

OUR REGULAR PRICE 7.99  
LIMIT 3 PER FAMILY PURCHASE  
(750 mL btl-.49 plus .30 per btl dep)

**SAVE .40**

**Kleenex**

FACIAL TISSUE, ASSORTED COLOURS

BOX OF 200 SHEETS

**.89**

OUR REGULAR PRICE 1.29

**HEINZ**  
Ready to Serve  
**TOMATO SOUP**

**SUPER BUY!**

READY-TO-SERVE, ASSORTED VARIETIES

**Heinz Soups**

8 FL OZ TIN

**4.99**

**SAVE 2.00**

**Maxwell House**

INSTANT COFFEE

10 OZ JAR

**4.99**

OUR REGULAR PRICE 6.99

CLOVER LEAF **7.75 OZ TIN**

**Sockeye Salmon** **SAVE .50** **2.19**

OUR REGULAR PRICE 2.69

LAYS OR RUFFLES, ASSORTED VARIETIES

**Potato Chips** 200 g pkg **1.39**

GAY LEA NORDICA, REGULAR

**Cottage Cheese** 750 g ctn **2.39**

ROBIN HOOD, LARGE FLAKED, MINUTE OR QUICK COOKING

**Old Mill Oats** 1.35 kg pkg **.99**

STRAINED, MEATLESS VARIETIES

**Heinz Baby Foods**

**BUY 3 SAVE .33** **3.99** 4.5 oz jar

OUR REGULAR PRICE .44 EACH

WIGATHERS, TODDLERS 40'S & 48'S, X ABSORBENT 60'S

**Pampers Diapers** **SAVE 1.00** **8.99**

OUR REGULAR PRICE 9.99

STRAINED, ASSORTED VARIETIES

**Heinz Meat Dinners** 3.5 oz jar **.79**

ASSORTED VARIETIES

**Bick's Dill Pickles** 1 litre jar **1.99**

CONDENSED

**Eagle Brand Milk** 300 mL tin **1.79**

ASSORTED VARIETIES

**Lancia Pastas**

**SAVE .60** **.89** 900 g pkg

OUR REGULAR PRICE 1.49

BRAVO, PLAIN

**Spaghetti Sauce** **SAVE .40** **1.09**

OUR REGULAR PRICE 1.49

BRAVO

**Tomatoes** 28 fl oz tin **.89**

BATHROOM TISSUE, ASSORTED COLOURS

**Delsey Tissue** pkg of 4 rolls **1.69**

BETTY CROCKER, ASST VARIETIES

**Super Moist** Cake Mixes 510 g pkg **.99**

BEEF IRISH, CHILI CON CARNE, MEATBALL

**Puritan Stews**

**SAVE 1.10** **1.69** 680 g tin

OUR REGULAR PRICE 2.79

**SAVE .88/kg** *The Butcher Shop* **SAVE .40 lb**

OUTSIDE CUT, EYE REMOVED

**Boneless Round Roast**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF

**5.71/kg / 2.59 lb**

OUR REGULAR PRICE 6.59/kg-2.99 lb

**SAVE .88/kg-.40 lb**

RUMP OR SIRLOIN TIP

**Boneless Beef Roasts** **6.15/kg / 2.79 lb**

OUR REGULAR PRICE 7.33/kg-3.19 lb

**SAVE 1.11/kg-.50 lb**

GRADE 'A', FROZEN, EVISCEATED, 2 TO 4 LB AVERAGE

**Roasting Chickens** **2.18/kg / .99 lb**

OUR REGULAR PRICE 3.29/kg-1.49 lb

FROZEN, CUT UP TRAY PACK

**Stewing Hens** 152 / .69

PICNIC SHOULDER OR SHOULDER BUTT

**Pork Chops** 262 / 1.19

PICNIC SHOULDER OR SHOULDER BUTT

**Boneless Pork Roasts** 262 / 1.19

PREVIOUSLY FROZEN, PORK SIDE

**Spare Ribs** 351 / 1.59

**SAVE 1.55/kg-.70 lb**

WHOLE, 10 TO 16 LB AVERAGE

**Pork Shoulders** **1.96 / .89 lb**

OUR REGULAR PRICE 3.51/kg-1.59 lb

**SAVE 1.55/kg-.70 lb**

FRESH, SHANKLESS, PICNIC STYLE

**Pork Shoulder Roast** **1.96 / .89 lb**

OUR REGULAR PRICE 3.51/kg-1.59 lb

A&P REGULAR OR THICK SLICED OR PREMIUM SUGAR PLUM OR LAZY MAPLE

**Swift Side Bacon** vac pac 500 g **1.99**

NEW ZEALAND, SHOULDER, FROZEN

**Lamb Chops** 439 / 1.99

PRIDE OF CANADA, SWEET PICKLED

**Cottage Rolls** 395 / 1.79

PRIDE OF CANADA, ASST, TRIPLE PACK

**Cooked Meats** vac pac 375 g **1.89**

JANE PARKER **675 g LOAF**

**Buttermilk Bread** **SAVE .20** **.89**

OUR REGULAR PRICE 1.09

JANE PARKER

**English Muffins** pkg of 6 **.89**

JANE PARKER

**Spanish Bar Cake** 539 g cake **1.49**

JANE PARKER

**Pumpkin Pie** 624 g size **1.79**

A PREMIUM BLEND, CUSTOM GROUND

**Bokar Bean Coffee**

**SAVE .90** **2.99** 1 lb bag

OUR REGULAR PRICE 3.89  
(3 lb bag 8.79-our reg price 11.49-save 2.70)

FROZEN, CONC, 4 VAR INCL GRAPE

**Sun Pac Juices** **SAVE UP TO .60** **.89**

OUR REGULAR PRICE UP TO 1.49

SARA LEE CAKES, FROZEN, ASST VARIETIES

**Good 'N Moist** 14 oz cake **1.39**

U.F.O.'S, SPAGHETTI OR

**Heinz Scarios** 14 fl oz tin **.69**

TOOTHPASTE (OUR REG PRICE 2.09)

**Aqua Fresh** 100 mL tube **1.04**

PRINTED GOLD, GREEN OR ORANGE

**White Swan Towels**

**SAVE .60** **.99** pkg of 2 rolls

OUR REGULAR PRICE 1.59

ASST VARIETIES INCL PORK

**Heinz Beans** **SAVE .30** **.69**

OUR REGULAR PRICE .99

SOFT MARGARINE

**Blue Bonnet** pkg of 2-8 oz tubs **.99**

ALL PURPOSE OR CAKE & PASTRY

**Monarch Flour** 3.5 kg bag **2.99**

ASSORTED VARIETIES

**Dad's Cookies** 400 g tin tie bag **1.49**

LIQUID

**Javex Bleach**

**SAVE .60** **1.59** 5 litre pld btl

OUR REGULAR PRICE 2.19

**THE FARM**  
AT A&P  
For Freshness & Savings

PROD. OF FLORIDA, SEEDLESS, SIZE 48'S

**White Grapefruit** **6 / .99**

PROD. OF ONTARIO OR U.S.A.

**Spinach** 2 10 oz pkgs **1.49**

CANADA FANCY, PROD. OF ONTARIO, ALL PURPOSE

**Spartan Apples** 10 lb bag **3.99**

PROD. OF ONTARIO

**Mushrooms** 12 oz pkg **1.99**

PROD. OF CALIFORNIA

**Green Onions** 3 bunches for **1.00**

PROD. OF CALIFORNIA

**Broccoli** bunch **.99**

CANADA NO. 1 GRADE, PROD. OF U.S.A., SWEET Spanish Type

**Jumbo Onions** **2 / .99**

OUR REGULAR PRICE 6 FOR 1.99

**BUY 6-SAVE 1.00**

CANADA NO. 1 GRADE, PROD. OF FLORIDA

**Corn-on-the-Cob** **6 / .99**

Mon. to Thurs. 9 to 10 p.m. Fri. - Sat. 8 to 10 p.m.

**A&P HUGEL AVENUE**

**MIDLAND**