

A&P reserves the right to limit quantities to normal family requirements!

Come on down and SAVE!

# YOU'LL DO BETTER AT..



Prices effective thru Saturday, October 22nd, 1983.

We redeem all food store coupons!

**Libby's**  
TOMATO JUICE

SAVE **.80**

LIBBY'S, FANCY  
**Tomato Juice**  
48 FL OZ TIN

**.79**

OUR REGULAR PRICE 1.59

**APPLE JUICE**  
A&P  
clear, vitaminized

SAVE **.30**

A&P BRAND PURE  
**Apple Juice**  
48 FL OZ TIN

**.99**

OUR REGULAR PRICE 1.29

**REGULAR GRIND**  
**Maxwell House**  
MASTER ROAST

SAVE **.80**

DRIP, REGULAR & AUTOMATIC COFFEE  
**Maxwell House**  
369 g VAC PAC

**2.99**

OUR REGULAR PRICE 3.79

**MARGARINE**  
CHEFMASTER, 100% VEG OIL

**SUPER BUY!**

**Soft Margarine**  
1 LB TUB

**.49**

IN TOMATO SAUCE, U.F.O.'S, SPAGHETTI OR 14 FL OZ TIN

**Heinz Scarios**

SAVE **.24**

**.59**

OUR REGULAR PRICE .83

ASSORTED VARIETIES  
**Lancia Pastas** 750 g pkg **.89**

OKADOKA, ASST FLAVOURS  
**Fruit Drinks** 6 pack of 200 mL tins **1.09**

CHUNK LIGHT IN BROTH  
**Saico Tuna** 6.5 oz tin **.99**

ASSORTED COLOURS  
**Hi-Dri Towels**

**SUPER BUY!**

**.99**

pkg of 2 rolls

REG OR SUGAR FREE  
HIRES ROOT BEER OR

**Orange Crush**

case of 24 280 mL TINS

**SUPER BUY!**

**5.99**

FACIAL TISSUE  
**Kleenex** box of 200 sheets **.99**

FRITO-LAYS OR RUFFLES, ASST VAR  
**Potato Chips** 200 g pkg **1.39**

ASSORTED VARIETIES  
**Pamper Cat Food** 3 6 1/2 oz tins **1.00**

TODDLER'S 48'S, EXTRA ABSORBENT 60'S NONGATHERERS

**Pampers Diapers**

**7.99**

box

MCCAIN, FROZEN, CONC. 12.5 FL OZ TIN

**Orange Juice**

SAVE **.44**

**.99**

OUR REGULAR PRICE 1.43

FROZEN, 2-COMPARTMENT, ASST VAR  
**Swanson Entrees** 6 oz pkg **1.59**

FROZEN, BUTTERMILK, BLUEBERRY OR ORIGINAL  
**Aunt Jemima Waffles** 10 oz pkg **1.39**

DRESSED  
**Frozen Whitefish** 17 1/4 lb **.79**

MINI, ASSORTED VARIETIES  
**Nestle Puddings**

SAVE **.70**

**1.49**

pkg of 4 5 oz tins

OUR REGULAR PRICE 2.19

**The Butcher Shop**  
with supermarket prices

SAVE **1.32/kg** SAVE **.60 lb**

COMBINATION PACK-CONTAINS: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS, 8 CHOPS PER PKG

**Loin Pork Chops**

**373 / 169**

/kg / lb

OUR REGULAR PRICE 5.05/kg-2.29 lb

SAVE **.66/kg-.30 lb** SAVE **2.20/kg-1.00 lb**

BLADE, CHUCK SHORT RIB OR SHOULDER  
**Boneless Beef Roasts**

**417 / 189**

/kg / lb

OUR REGULAR PRICE 4.83/kg-2.19 lb

ROAST OR CHOPS  
**Pork Centre Loins**

**439 / 199**

/kg / lb

OUR REGULAR PRICE 6.59/kg-2.99 lb

PICNIC SHOULDER OR SHOULDER BUTT  
**Pork Chops** **284 / 129**

/kg / lb

RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION  
**Pork Loin Roasts** **373 / 169**

/kg / lb

FRESH  
**Ground Pork** **306 / 139**

/kg / lb

FREEZER CUT SPECIAL, 12 LB AVERAGE  
**Whole Pork Loins** **395 / 179**

/kg / lb

WHOLE OR HALF  
**Boneless Fresh Hams** **505 / 229**

/kg / lb

EXCELLENT FOR BRAISING  
**Blade Steaks** **373 / 169**

/kg / lb

FRESH  
**Medium Ground Beef** **373 / 169**

/kg / lb

FROZEN PORK SIDE  
**Spare Ribs** **351 / 159**

/kg / lb

FRESH, SHANKLESS PICNIC SHOULDER  
**Pork Roasts** **218 / .99**

/kg / lb

SHOULDER BUTT 2.40/kg-1.09 lb

POINT (CENTRE CUT 5.49/kg-2.49 lb)  
**Beef Brisket** End cut **505 / 229**

/kg / lb

PREVIOUSLY FROZEN, SLICED  
**Beef Liver** **174 / .79**

/kg / lb

A&P REGULAR OR THICK SLICED  
**Side Bacon** 500 g vac pac **2.19**

MARY MILES, VAC PAC  
**Bologna Chunks** **306 / 139**

/kg / lb

CANADIAN QUEEN, SLICED, MAC & CHEESE, CHICKEN, LOAF, BOLONIA  
**Cooked Meats** 375 g vac pac **1.49**

PRIDE OF CANADA, SWEET PICKLED, VAC PAC  
**Cottage Rolls** **417 / 189**

/kg / lb

PICNIC SHOULDER OR SHOULDER BUTT  
**Boneless Pork Roasts** **284 / 129**

/kg / lb

JANE PARKER 624 g SIZE

**Apple Pie** SAVE **.50** **1.29**

OUR REGULAR PRICE 1.79

JANE PARKER, PUMPERNICKEL 450 g OR  
**Bran Bread** Sliced 675 g loaf **.79**

JANE PARKER 539 g cake  
**Spanish Bar Cake** **1.49**

JANE PARKER  
**Macaroon Cup Cakes** pkg of 6 **1.29**

JANE PARKER, SLICED  
**100% Whole Wheat Bread**

SAVE **.36**

**.59**

675 g loaf

OUR REGULAR PRICE .95  
made with 100% pure veg short

PROCESS CHEESE SLICES 500 g PKG OF 24

**Kraft Single Thins** SAVE **.64** **2.99**

OUR REGULAR PRICE 3.63

MAPLE LEAF 1 lb pkg

**Tenderflake Lard** **.89**

SCHNEIDER'S 1 lb pkg

**Crispyflake Shortening** **.79**

YORK, EXTRA SMOOTH OR EXTRA CRUNCH 750 g jar

**Peanut Butter** **2.99**

POWDERED LAUNDRY

**Sunlight Detergent**

SAVE **1.40**

**3.59**

6 litre box

OUR REGULAR PRICE 4.99

PURE SPRING GINGER ALE, REG & SUGAR FREE HIRES ROOT BEER OR 750 mL BTL

**Orange Crush** SAVE **.36** **.39**

OUR REGULAR PRICE .75-PLUS .30 BTL DEP

HEINZ 3 7.5 fl oz tins

**Tomato Sauce** **1.00**

SHAMPOO OR RINSE, BY TONI-HALF PRICE SALE 200 mL plast btl

**For Oily Hair Only** **1.24**

RED OR GREEN 150 mL tube

**Close-Up Toothpaste** **1.49**

BATHROOM TISSUE, ASST COLOURS

**Velour Tissue**

SAVE **.54**

**1.49**

pkg of 4 rolls

OUR REGULAR PRICE 2.03

**THE FARM**  
For Freshness & Savings

**Free Pumpkin**

For all kindergarten teachers. Bring your class to your friendly A&P. Pick out your FREE PUMPKIN.

**Fresh Mushrooms** **.99**

CANADA FANCY, PROD. OF ONTARIO 5 lb bag **1.99**

**Jonathan Apples** **1.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO 2 2 lb bags **.99**

**Fresh Carrots** **.99**

CANADA NO. 1 GRADE, PROD. OF CALIFORNIA 3 / **1.00**

**Sweet Green Peppers** **1.00**

CANADA NO. 1 GRADE, PROD. OF CALIFORNIA 2 1/2 lb **.99**

**Red Grapes** **.99**

CANADA FANCY, PROD. OF ITALY 2 1/2 lb **.99**

**Granny Smith Apples** **.99**

PROD. OF NEW ZEALAND 2 / **.99**

**Fresh Kiwi Fruit** **.99**

Mon. to Thurs.-9 a.m. to 10 p.m.  
Fri. 8 a.m. to 10 p.m. Sat. 7 a.m. to 10 p.m.

**A&P HUGEL AVENUE**

**MIDLAND**