

Elmvale

Seniors cookbook available now

by DORIS NURCOMBE

The Seniors cook book which includes great recipes from senior citizens and friends, is now available at the Senior Centre. With time tested and true recipes this book is a must for all you folks who like to try something new. At \$2.50 each, a bargain, so buy two and give one to a friend.

Tessie, Velma, Jessie and Gladys would like to invite artists of all ages to come and meet Sylvia Bryant Thursday mornings at 10 a.m. and see them work.

Elsie and Grace want all bid euchre fans to join the gang Thursday at 1 p.m. - if you like euchre and have the courage to try something a little different, this is just the thing.

Sheila Seward extends a welcome to anyone interested in line dancing to shake a leg with them Friday after lunch. Monday after lunch Cecil, Bob

and the card sharks play progressive euchre with last weeks top player, Alec Finlay. Tuesday morning John Brown gives free music lessons between 9:30 p.m. and noon, so bring your instrument with you and get some professional instruction.

Daphne Bradley leads a Keep Fit class Tuesday at 1:30 p.m. a special program designed for seniors to take at their own pace. Wednesday after lunch a bowling group meet at the centre to form a car pool to play five pin at Bayshore Lanes in Midland.

The 15th Annual Picnic for all senior citizens was Wednesday, July 27 at Midhurst and attended by a bus load from Elmvale. The weather blessed the group with another hot, sunny day and everyone had a good time.

For information call Doris, John or Len at the Centre (322-2191).



Miss Bikini 1983

Michele Williams of Balm Beach is the fourth winner of the Dock Lunch bikini contest. She was one of 17 women to compete for the title (and a

trip for two to Las Vegas), this year. The two runners-up were both from Toronto.

Harbour man wins \$50,000

A Victoria Harbour man won \$50,000 in the July 29 Provincial lottery. The winner, Robert McDonald, owner of the 5 to \$1 store in Coldwater, bought his ticket in his store.

McDonald, 51, plans to pay his mortgage, and take a southern vacation this winter. He has five children and six grandchildren.

Spots open at daycamp

There has been an enthusiastic response to this year's annual childrens' nature daycamp, sponsored by the Midland-Penetaungishene Naturalists' Club, and held at the Wye Marsh Wildlife Interpretation Centre, Juniors (aged six to 10) and seniors (10 to 12)

have enjoyed the many activities that are part of the three day camp. There are still a few vacancies left.

If you would like your children to participate, contact Jane Nemis (526-7809). Registration fee is two dollars for each child.

We're glad you asked!



Jim Lynn
Funeral Director

WHAT'S INVOLVED IN A FUNERAL COST?

There are generally four funeral expenses which can be incurred; 1) professional services of a funeral director and his funeral home, including facilities, staff-time, equipment and casket; 2) the cemetery plot and opening of the grave; 3) monument or grave marker; and 4) miscellaneous expense such as flowers, obituaries and extra limousines.

Some of these expenditures are optional. Most of them have a fairly wide range of costs, depending on the family's wishes. You will not find any undue influence exerted for funeral costs by funeral directors in this service area. We...and most funeral directors we know...prefer that the funeral expenses be appropriate for each family served. We spend much time with each family to make sure that all arrangements and decisions will best serve their own interests.

We'd be glad to discuss this in complete detail, showing you the ranges in services and costs available to you.

JL James H. Lynn
Funeral Homes

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