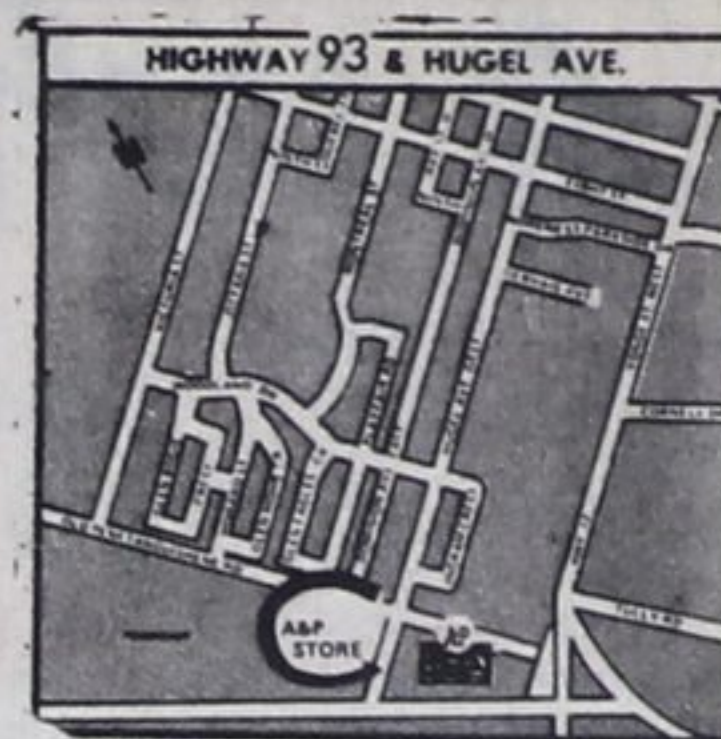


A&P reserves the right to limit quantities to normal family requirements

# better at... A&P

Prices effective thru Sat., May 28th, 1983.



**SAVE 1.24**

**Tide**  
POWDERED LAUNDRY  
**Detergent**  
6 LITRE BOX

**3<sup>99</sup>**

OUR REGULAR PRICE 5.23

**SAVE .60**

**TOMATO JUICE**  
A&P, FANCY  
**Tomato Juice**  
48 FL OZ TIN

**.69**

OUR REGULAR PRICE 1.19  
LIMIT 4 TINS PER FAMILY PURCHASE

**SAVE 1.00**

**BOKAR**  
A PREMIUM BLEND, INSTANT  
**Bokar Coffee**  
10 OZ JAR

**3<sup>99</sup>**

OUR REGULAR PRICE 4.99

**SAVE .70**

**1/2 PRICE**  
DIET COKE OR  
**Coca-Cola**  
1.5 Litre Btl  
PLUS .60 BTL DEPOSIT

**.59**

OUR REGULAR PRICE 1.29

**SAVE 2.20/kg**

*The Butcher Shop*  
with supermarket prices

**SAVE 1.00/lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF  
OUTSIDE CUT, EYE REMOVED

**Boneless Round Roast**

**5<sup>93</sup> / 2<sup>69</sup>** /kg / lb

OUR REGULAR PRICE 8.13/kg-3.69 lb

DIET COKE OR  
**Coca-Cola**

**SUPER BUY!** **5<sup>49</sup>** case of 24 280 ml tins

**SAVE 1.11/kg-.50/lb**

**SAVE .70**

**SAVE .44/kg-.20/lb**

GRADE 'A', EVICERATED  
4 TO 5 LB AVERAGE

**Frozen Ducks**

**2<sup>18</sup> / .99** /kg / lb

OUR REGULAR PRICE 3.29/kg-1.49 lb

REG OR THICK SLICED

**A&P Side Bacon**

**1.99** 500 g vac pac

OUR REGULAR PRICE 2.69

UTILITY GRADE, FROZEN, EVICERATED  
4 TO 7 LB AVERAGE

**Roasting Chickens**

**2<sup>18</sup> / .99** /kg / lb

OUR REGULAR PRICE 2.62/kg-1.19 lb

READY TO DRINK, 3 FLAVOURS  
**Tang Fruit Drinks**

**SAVE UP TO .20** **.99** 1 litre ctn

OUR REGULAR PRICE UP TO 1.19

BONELESS, END CUTS (CENTRE CUTS—5.49/kg-2.49 lb)

**Brisket Points** 5<sup>27</sup> / 2<sup>39</sup> lb

FROZEN, NEW ZEALAND, SHOULDER

**Lamb Chops** 4<sup>39</sup> / 1<sup>99</sup> lb

SIRLOIN TIP, INSIDE CUT ROUND OR

**Boneless Rump Roast** 6<sup>37</sup> / 2<sup>89</sup> lb

FRESH, LEAN

**Ground Beef** 4<sup>39</sup> / 1<sup>99</sup> lb

INSIDE CUT

**Round Steak** 6<sup>59</sup> / 2<sup>99</sup> lb

TENDERIZED

**Cube Steak** 7<sup>25</sup> / 3<sup>29</sup> lb

PREVIOUSLY FROZEN, SLICED

**Beef Liver** 1<sup>74</sup> / .79 lb

SWIFT'S, OLD MILL

**Breakfast Sausages** 3<sup>28</sup> / 1<sup>49</sup> lb

SHOPS, ALL BEEF

**Deli Fresh Wieners** 1 lb vac pac 1<sup>89</sup>

SHOPS, OLD VIENNA

**All Beef Salami** 500 g 2<sup>99</sup>

SWIFT PREMIUM OR SUGAR PLUM, SLICED

**Side Bacon** 500 g vac pac 2<sup>59</sup>

CANADIAN QUEEN, SMOKED, CHUNKS

**Back Bacon** VAC PAC 10<sup>56</sup> / 4<sup>79</sup> lb

MAPLE LEAF, SWEET PICKLED

**Cottage Rolls** 4<sup>17</sup> / 1<sup>89</sup> lb

SHOPS, 2 TO 3 LB AVERAGE

**Deli Lean Hams** 8<sup>80</sup> / 3<sup>99</sup> lb

SHOPS, SLICED

**Cooked Ham** 175 g vac pac 1<sup>59</sup>

SHOPS, ALL BEEF

**Sliced Bologna** 375 g vac pac 1<sup>89</sup>

MAPLE LEAF, SLICED, 16 VARIETIES

**Cooked Meats** 175 g vac pac .99

MAPLE LEAF

**Polish Sausage** 3<sup>73</sup> / 1<sup>69</sup> lb

MAPLE LEAF, VAC PAC

**Bologna Chunks** 3<sup>28</sup> / 1<sup>49</sup> lb

SHOPS-COLE SLAW OR

**Potato Salad** 500 g ctn 1<sup>39</sup>

CANADIAN QUEEN, HOT OR SWEET

**Italian Style Sausage** 3<sup>73</sup> / 1<sup>69</sup> lb

SWIFT'S LAZY MAPLE, PURE PORK

**Sausages** 500 g vac pac 2<sup>29</sup>

ALL BEEF

**Shopsy Sausages** 500 g pkg 2<sup>59</sup>

REAL HELLMANN'S  
**Mayonnaise**

**SAVE .50** **2<sup>99</sup>** 1 litre jar

OUR REGULAR PRICE 3.49

**IN STORES WITH DELI!**

MAPLE LEAF, 6 VARIETIES

**Baked Meat Loaves** .44 / 100 g / 1<sup>99</sup> lb

MAPLE LEAF, FINE, COARSE & CREAMY

**Liverwurst** .33 / 100 g / 1<sup>49</sup> lb

MAPLE LEAF

**Smoked Sausage** .51 / 100 g / 2<sup>29</sup> lb

FABRIC SOFTENER, SCENTED OR UNSCENTED

**Bounce** box of 60 sheets 5.39

ALL VEGETABLE

**Crisco Shortening** 1 lb pkg 1.09

Y&S

**Licorice Allsorts** 400 g pkg 1.79

ALMOND, MILK OR SPECIAL DARK

**Hershey Candy Bars** large 88 g size .89

QUEENSBURY, 3-PLY, ASST COLOURS 4 ROLL PKG

**Bathroom Tissue** **SUPER BUY!** 1<sup>79</sup>

ASST VARIETIES  
**Pamper Cat Food**

**3<sup>100</sup>** 6 oz tins BUY 3 SAVE .53

OUR REGULAR PRICE .51 EACH

INSTANT COFFEE CREAMER

**Cremelle** 454 g jar 2.09

INSTANT CHOCOLATE

**Nestle Quik** 750 g ctn 2.59

PLAIN OR ASST FRUIT FLAVOURS

**Yoplait Yogourt** 2 175 g tubs .99

BIRDS HILL

**Sour Cream** 500 mL ctn 1.19

ORANGE PEKOE

**Salada Tea Bags** BOX OF 60 **SAVE .54** 1<sup>79</sup>

OUR REGULAR PRICE 2.33

RASPBERRY OR STRAWBERRY, WITH PECTIN

**Aylmer Jams** 500 mL jar 1.69

REGULAR OR TROPICAL BLEND

**Nestea Iced Tea Mix** 24 oz cont 3.09

OKA-DOKA, ASST FLAVOURS

**Fruit Drinks** pack of 6 200 mL conts .99

BEEF, CHICKEN OR MUSHROOM

**Cordon Bleu Gravies** 2 10 fl oz tins .79

CHEFMASTER

**Luncheon Meat** 12 OZ TIN **SUPER BUY!** .99

PRINTED, ASST COLOURS  
**White Swan Towels**

**SAVE .60** **.99** pkg of 2 rolls

OUR REGULAR PRICE 1.59

**Fri. & Sat. 8 a.m.-9:30 p.m.**

**A&P HUGEL AVENUE**

**MIDLAND**