

SALE!

Come on
down and
SAVE!

Prices effective thru Sat., May 14th, 1983.



A&P reserves the right to limit quantities to normal family requirements

Bright's
CANADA FANCY
TOMATO JUICE

SAVE .70

BRIGHT'S, FANCY
Tomato Juice
48 FL OZ TIN

.89

OUR REGULAR PRICE 1.59

COFFEE
REGULAR GRIND

SUPER BUY!

REG OR FINE GRIND
A&P Deluxe Coffee
1 LB VAC PAC

2.69

SWIFT PREMIUM
Fully Skinned Hams

READY TO EAT, WHOLE 14 TO 17 LB AVERAGE

3.06 / 1.39
/kg / lb

SUPER BUY!

The Butcher Shop

with supermarket prices

SAVE 2.20/kg-1.00 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF
OUTSIDE CUT, EYE REMOVED

Boneless Round Roast

OUR REGULAR PRICE 8.13/kg-3.69 lb

5.93 / 2.69
/kg / lb

SUPER BUY!

PREMIUM, SHANK OR BUTT PORTION

Swift Hams

3.29 / 1.49
/kg / lb

SAVE UP TO 2.43/kg-1.10 lb

BONELESS SIRLOIN TIP, INSIDE CUT ROUND OR

Rump Roast

6.37 / 2.89
/kg / lb

OUR REGULAR PRICE UP TO 8.80/kg-3.99 lb

SAVE .89/lb-.40 lb

GRADE 'A', FROZEN, Eviscerated TURKEYS,
MAPLE LEAF MIRACLE BASTE, A&P SELF-BASTING,
OR SWIFT PREMIUM DEEP-BASTED BUTTERBALLS

Basted Turkeys

6 TO 12 LB AVERAGE

2.84 / 1.29
/kg / lb

OUR REGULAR PRICE 3.73/kg-1.69 lb

BATHROOM TISSUE, ASST COLOURS
Velour Tissue

SAVE .54
1.49
pkg of 4 rolls

OUR REGULAR PRICE 2.03

IN TOMATO SAUCE, SPAGHETTI OR

Heinz Scarios

SAVE .30
.59
14 fl oz tin

OUR REGULAR PRICE .89

FBI, PURE

Apple Juice

SAVE .30
1.29
48 fl oz btl

OUR REGULAR PRICE 1.59

3 PLY FACIAL, ASST COLORS

Royale Tissue

SAVE .34
.89
box of 100 sheets

OUR REGULAR PRICE 1.23

WHITE, YELLOW OR ASST PRINTED
Hi-Dri Towels

SUPER BUY!
.99
pkg of 2 rolls

SWIFT PREMIUM HAM, NO CENTRE SLICES REMOVED	
Shank or Butt Half	3.51 / 1.59 /kg / lb
SWIFT PREMIUM	
Quarter Hams	3.95 / 1.79 /kg / lb
GRADE 'A', Eviscerated, 4 TO 5 LB AVER	
Frozen Ducks	2.40 / 1.09 /kg / lb
UTILITY GRADE, FROZEN, Eviscerated 4 TO 5 LB AVER	
Roasting Chickens	2.18 / .99 /kg / lb
TENDERIZED	
Cube Steak	7.25 / 3.29 /kg / lb
INSIDE CUT	
Round Steak	6.59 / 2.99 /kg / lb
SWIFT'S, DINNER STYLE-2 1/2 - 3 LB	
Sugar Plum Hams	6.37 / 2.89 /kg / lb
A&P, REGULAR OR THICK SLICED	
Side Bacon	500 g vac pac 2.49

FRESH, LEAN	
Ground Beef	4.39 / 1.99 /kg / lb
BREAKFAST	
Burns Sausage	3.28 / 1.49 /kg / lb
PRIDE OF CANADA	
Bologna Chunks	3.28 / 1.49 /kg / lb
PRIDE OF CANADA, REGULAR OR ALL BEEF	
Wieners	1 lb vac pac 1.49
PRIDE OF CANADA, 2 TO 3 LB AVER	
Vintage Hams	8.80 / 3.99 /kg / lb
PRIDE OF CANADA, ASSORTED VARIETIES	
Cooked Meats	175 g vac pac .99
PRIDE OF CANADA, TRIPLE PACK, SLICED	
Cooked Meats	375 g vac pac 1.79
PRIDE OF CANADA, 8 VARIETIES	
Sausage Sticks	500 g size 2.49

BURNS	
Campfire Coil	3.73 / 1.69 /kg / lb
PRIDE OF CANADA, SLICED	
Side Bacon	500 g vac pac 2.49
PRIDE OF CANADA, SLICED	
Cooked Ham	175 g vac pac 1.39
PRIDE OF CANADA, SWEET PICKLED	
Cottage Rolls	4.39 / 1.99 /kg / lb
SIENA	
Italian Style Sausage	5.49 / 2.49 /kg / lb
LAND 'O FROST, 6 VAR, SLICED	
Smoked Meat	71 g pkg .69
SHOPSY-COLE SLAW OR	
Potato Salad	500 g ctn 1.39
ALL BEEF	
Shopsy Sausages	500 g pkg 2.59

BEATRICE, ASST FLAVOURS	
Fruit Bottom Yogourt	2 175 g tubs .99
BLACK DIAMOND, LITES, PROCESS	
Cheese Slices	500 g pkg 2.99
INGERSOLL, PROCESS	
Cheese Spread	500 g jar 2.99
A&P, ASSORTED FLAVOURS	
Jelly Powders	3 2 oz pkgs 1.00
KRAFT, SMOOTH OR CRUNCHY	
Peanut Butter	1 KG JAR 3.99 SAVE .80
OUR REGULAR PRICE 4.79	

RASPBERRY OR STRAWBERRY, WITH PECTIN	
Aylmer Jams	500 mL jar 1.59
IN TOMATO SAUCE OR WITH PORK	
Clark Beans	14 fl oz tin .79
PINEAPPLE (1.29), VEGETABLE COCKTAIL-1.09	
Del Monte Juices	48 fl oz tin 1.29
TRADITIONAL, WITH MEAT OR MUSHROOM	
Ragu Spaghetti Sauce	28 fl oz jar 2.19
ASST VARIETIS	
Catelli Pastas	500 g PKG .79 SAVE .20
OUR REGULAR PRICE .99	

CHICKEN NOODLE	
Lipton Soup Mix	pkg of 4 envs 1.49
A&P Snack Crackers	300 g box 1.19
HUMPTY DUMPTY, ASST VAR	
Potato Chips	200 g pkg 1.39
FUDGE-O, CHIPS AHOY, COFFEE BREAKS	
Christie Cookies	450 g tin tie bag 1.99
PURE	
St. Lawrence Corn Oil	1 LITRE CONT 2.39 SAVE .24
OUR REGULAR PRICE 2.63	

Fri. & Sat. 8 a.m.-9:30 p.m.

A&P HUGEL AVENUE

MIDLAND