Letters

Dear Editor:

May has for many years stood out in my mind as Hospital Month. Probably because the birthdate, May 12 was that of Florence Nightingale, who pioneered the Nursing profession and May 12th was deemed Hospital Day.

There is a strong possibility that the Graduates of today are not aware of her place in history.

Certainly her dedication would not comply with the Union standards and all she had to rely on was surely not Technical but Psychological—a loving and caring interest in Mankind. The story of her life fascinates me and the Lamp she carried in her profession was indeed a heavy one.

Having been retired from active nursing for a few years has not eliminated my interest in the profession, nor do I regret having been born thirty years too soon.

On the contrary, I would not want to exchange the limitations of my early nursing experiences with the wealth of scientific knowledge and material available today. We were very much aware that a power, greater than the 'Blue Code' existed, and we relied on it heavily. Common sense was drilled into us from day one and in spite of all the Drugs and Techniques I would sense that it should be number one, even today, but sometimes I wonder if it is.

Hospitals rely on Volunteer Services and financial assistance as much today as they ever did, in spite of our Health Plan. Hospital Auxiliaries have become a strong supportive group in Hospital Administration. But there are other groups who support the Nursing services throughout all communities, each in their own way. Not least of these is the Registered Nurses Alumnae Association, here in Midland.

This is a small group (less than 25) of Registered Nurses who meet regularily, organize small projects, reminisce, keep abreast of new developments, enjoy each other's company and delight in the fact that in spite of our range of ages (some are over 80), and our health discrepancies, we feel we are accomplishing worthwhile contributions to our hospital. In the year 1982, we contributed material items in excess of $1,100 to the hospital, which did not include our assistance at the Easter Service after which we served homemade cookies and tea—Wine and Ginger Ale and cookies at Christmas time—Tray favours for Valentine's: Good Friday, July 1st, Hallowe'en and Christmas Sunday. Flowering plants are kept in the Chapel at all times.

This year we have already pledged over $1200 worth of equipment alone. We may not be the greatest but our 'sense of caring' has carried on and we are proud of our endeavours. The support of the Community at large and the Staff of the hospital (even though many are not members of the Alumnae has been extensive and is most appreciated.)

Rena Bell Reg. N.

RN speaks out

My Drawbridges

Dear Editor:

I recently went to the Burkevale School Science display, in Penetang. Among all the excellent projects, many of them which showed, and rightly so, the guiding hand of interested parents, there was one that I think deserved a special mention.

It was a little bridge in a very simple setting and my grandson told me that the day of the "fair", this little eight-year-old had lost his prepared essay on "drawbridges", so had sat down by himself at school and written up another. I think you will agree his lone effort deserves mention. Here is Kevin Buxton's essay which accompanied his project.

My Drawbridges

My science project is a drawbridge. I made it out of card board string coat hanger and tape. I made my project on Wed. March 30 1983. Bridges are used instead of getting wet. there are many kinds of bridges, one called the boarder. it goes from Canada to the United States. Some bridges are big.

Some bridges are small. Bridges goes across pond-lakes-streams and as I said the Niagra river. Bridges are very important.

No, he didn't get a prize, but little Kevin Buxton's display provided some of us with a heart warming chuckle and it was all his own!

Alleyne Attwood
Midland

May 12

Diabetes Association, Midland-Penetanguishene and District branch, meeting at the K of C hall, Penetanguishene at 8 p.m. Speaker Dr. Randolph Lee, diabetes specialist. Bring ideas for next year's monthly meetings (social, educational, fund raising).

May 15

Euchre at the Legion hall sponsored by the seniors' Trillium Club, 7:30 p.m. Lunch, 50-50 draw.

May 14

First Penetang Cubs annual bottle drive 9 a.m. to noon. Please have your bottles ready and support the Cubs.

Bazaar in the front foyer of Huronia District Hospital between 1 p.m. and 4 p.m. put on by the continuing care wing patients. Crafts, ceramics, baked goods.

May 18

The puppet show The Frog Who Wasn't, for children age five to 12, in Port McNicoll Public Library at 2 p.m.

Running better

The Midland Rotary Club was addressed on May 4 by two of its own, chiropractors John Shewfelt and Rod Stubel. May 1 to 7 was Posture Week. The two best chiropractors who happen to belong to the Midland Rotary Club, as they were introduced, in turn outlined the subject, screened a film which gave pointers on posture, and answered questions.

Stubel told the group that a popular exercise, jogging, is not necessarily as healthy as its advocates insist.

Running on pavement or another hard surface over a long period is hard on the runner's spine, he said. Stubel recommended running over broken ground, and swimming.

New Apostolic Church, Midland

253 King St., Rear entrance (around block)
Divine Service: bilingual English/German
Sunday-10:30 a.m., 5:00 p.m. Wednesdays 8 p.m.
Sunday May 15, 5 p.m.Guest Service.
We extend a hearty welcome to all

We're glad you asked!

Jim Lynn
Funeral Director

HELP THE WIDOW THROUGH GRIEF STAGES

The newly widowed, or "widower-ed", progresses through several emotional stages during mourning. If you recognize these as "stages", it may enable you to help her work through her grieving more fully and effectively.

Sorrow is a basic emotional stage of mourning and very common, often accompanied by self-pity or feelings of guilt.

Anger is another stage, a resentment against a "cruel world" which has taken one's mate prematurely.

Fears for the future "without him" as companion and breadwinner are not unusual to a new widow.

Anxiety makes her wonder "who will provide for the family" and "how will I manage my finances alone?"

The widow's confidence in her own abilities needs to be strengthened so her re-entry into the world may be made more smoothly. If she recognizes these stages as natural and common to all, her social re-adjustment will be easier, faster and more effective.

James H. Lynn Funeral Homes

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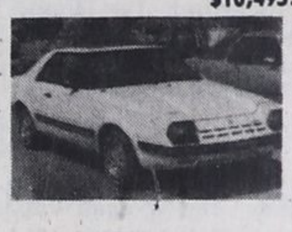
We use Kodak paper. For the good look.

FEATURE OF THE WEEK

1981 BUICK REGAL LIMITED
2 door, 305 V/8, loaded, low mileage. Ser. No. 108237. $10,495.



1982 MERCURY LN7
2 seater, 4 cyl., 4-speed standard, extra clean local car. Stock no 624384. $7,995.

1981 OLDS CUTLASS
6 cyl., auto., 4 dr, p.s., p.b., air-cond. Ser. No. 415508. $9,495.

1981 PONTIAC LEMANS
Station wagon, V/6, auto, p.s., p.b., 50,000 miles, Stock No. S75087 $6,995.

1981 OLDS ROYALE 4-DR.
V/8, auto, p.s., p.b., fully loaded. Stock No. 311996. $9,995.

1980 PONTIAC PARISIENNE
4 door, 267 V/8, auto, p.s., p.b., air, Stock No. 307372. $7,895.

1980 CHEVROLET IMPALA
V-8 cyl., 4 door, p.s., p.b., air-cond. $7,295.

1980 CHEV MONTE CARLO
V/8, auto, p.s., p.b., air. Stock No. 417019 $7,995.

1980 CHEVROLET IMPALA
4 door, V/8, auto, p.s., p.b. $6,995.

1980 BUICK REGAL
267 V/8, auto, p.s., p.b., air, very clean. Stock No. 196207. $7,495.

1980 DODGE DIPLOMAT
Station wagon, 6 cyl., auto, p.s., p.b., cruise control, locally owned. Stock No. 127355. $5,895.

1980 BUICK SKYLARK
2 dr., Landau roof, 6 cyl., auto., ps., pb., local one owner, stck no 268268. $5,895.

1979 DODGE OMNI
4 dr., 4 cyl., auto., clean one owner. Stock No. 298007. $4,895.

1979 PLYMOUTH VOLARE
2 door, 6 cyl., auto., p.s., p.b. Stock No. 138944 $4,695.

1979 CHRYSLER CORDOBA
2 door, 318 V/8, auto, p.s., p.b., loaded, A-1 condition. Stock No. 139720 $5,895.

1979 PONTIAC LEMANS
Station wagon, V/6, auto, p.s., p.b., Stock No. 120801 $6,495.

1979 MERCURY COUGAR
V-8 cyl., auto., 4 dr., p-.s. p.b., clean, 1-owner. Ser. No. 600477 $4,995.

1979 CHEV CAMARO
2 door, V/8, auto, p.s., p.b. Stock No. 626091. $7,495.

1978 OLDS CUTLASS
308 V-8 cyl., auto., 2 door, p.s., p.b., air-cond. Ser. No. 429099 $5,895

1978 FORD THUNDERBIRD
V-8 cyl., auto., 2 dr., p.s., p.b., p.w., air-cond., clean, 51,000 kms. Serial No. 152097 $5,895.

1977 OLDS DELTA ROYALE
V8, auto., ps., pb., air, extra clean, 60,000 miles. Stock No. 454616. $4,295.

1977 PONTIAC GRAN PRIX
2 door, fully loaded incl. buckets. Stock No. 374698. $4,895.

1977 BUICK REGAL S/R
2 door, fully loaded inc air & buckets. Stock No. 158510 $4,895.

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