

A&P reserves the right to limit quantities to normal family requirements!
Prices effective thru Saturday, March 12th, 1983.



better at... A&P

Choose Nutrition Now! March is Nutrition Month

MARCH IS RED CROSS MONTH - SUPPORT YOUR LOCAL RED CROSS!

2% milk
SUPER BUY!

PARTLY SKIMMED
Fresh 2% Milk
3 QUART BAG

1.79

Bright's TOMATO JUICE
SAVE .60

BRIGHT'S, FANCY
Tomato Juice
48 FL OZ TIN

.99
OUR REGULAR PRICE 1.59

BRAVO Olive Vegetable VEGETABLE OIL
SAVE 2.00

RE-VEGETABLE
Bravo Oil
3 LITRE PLASTIC CONTAINER

2.99
OUR REGULAR PRICE 4.99

LANCIA LANCIA
SAVE .66

ASSORTED VARIETIES
Lancia Pastas
1 kg PKG

.99
OUR REGULAR PRICE 1.65

SAVE 1.76/kg

The Butcher Shop
with supermarket prices

SAVE .80 lb

CUT FROM CANADA'S FINEST GRADE "A" BEEF, OUTSIDE CUT, EYE REMOVED, BONELESS

Round Roast

5.93 / 2.69
/kg / lb

OUR REGULAR PRICE 7.69/kg - 3.49 lb

SAVE 1.54/kg - .70 lb

SIRLOIN TIP, INSIDE CUT ROUND OR

Boneless Rump Roast

6.37 / 2.89
/kg / lb

OUR REGULAR PRICE 7.91/kg - 3.59 lb

SAVE 1.10/kg - .50 lb

COMBINATION PACK - CONTAINS:
2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS

Loin Pork Chops

4.17 / 1.89
/kg / lb

OUR REGULAR PRICE 5.27/kg - 2.39 lb

STUFFED MANZANILLA
Unico Olives

SAVE .66 .99
375 g jar
OUR REGULAR PRICE 1.65

MASTER ROAST COFFEE, AUTOMATIC, DRIP OR REGULAR
Maxwell House

SAVE .80 2.89
369 g vac pac
OUR REGULAR PRICE 3.69

ASSORTED COLOURS
Royale Towels

SAVE .60 1.19
pkg of 2 rolls
OUR REGULAR PRICE 1.79

NEW ZEALAND, FROZEN
Shoulder Lamb Chops
4.39 / 1.99
/kg / lb

PORK LOIN RIB PORTION, COUNTRY STYLE
Spare Ribs
4.39 / 1.99
/kg / lb

ROAST OR CHOPS
Centre Cut Pork Loin
6.15 / 2.79
/kg / lb

FRESH, LEAN
Ground Beef
4.39 / 1.99
/kg / lb

CENTRE CUT
Boneless Pork Loin
6.59 / 2.99
/kg / lb

IN STORES WITH DELI!
MAPLE LEAF, COIL
Kolbassa
.73 / 100 g 3.29 / lb

CUT FROM CANADA'S GRADE 'A' BEEF - TENDERIZED
Cube Steak
7.25 / 3.29
/kg / lb

PREVIOUSLY FROZEN,
Grade 'A' Ducks
2.62 / 1.19
/kg / lb

MAPLE LEAF, 5 ASSORTED VARIETIES OF
Meat Loaves
.42 / 100 g 1.89 / lb

RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION
Pork Loin Roasts
4.17 / 1.89
/kg / lb

BONELESS, RIB PORTION
Pork Loin
5.93 / 2.69
/kg / lb

MAPLE LEAF
Colby Cheese
.64 / 100 g 2.89 / lb

Ground Meat Combination
Approx. 50% med. beef, 50% med. Pork
3.51 / 1.59
/kg / lb

SOLID DEODORIZERS, ASSORTED SCENTS OF
Air Care
200 g cont 1.19

VEGETABLES, ASST VAR INCL FANCY PEAS
Del Monte
2 10 fl oz tins .89

TOMATO
Heinz Ketchup
1 litre btl 2.39

DR. BALLARDS, BEEF, CHICKEN OR LIVER
Champion Dog Food
2 15 oz tins .99

ROBIN HOOD, STRAWBERRY, GRAHAM
Cheesecake Mix
385 g pkg 1.59

KRAFT, PROCESS
Cheez Whiz
500 g jar 2.99

MONARCH, ASST VAR OF ICING (210 g) OR MOIST PLUS
Cake Mixes
210 g pkg .59

ROBIN HOOD, ASSORTED VARIETIES
Pudding Mixes
250 g pkg .79

FRUIT BOTTOM
Beatrice Yogurt
2 175 g tub .99

'EXCLUSIVE AT A&P', CHOICE, "IN PEAR JUICE"
A&P Apricot Halves
14 fl oz tin .79

WINE FLAVOUR
Bick's Sauerkraut
1.5 litre jar 1.89

EGG, ASSORTED CUTS
Lancia Noodles
375 g pkg .89

4 ASST VAR, INCL BABY DILLS
Bick's Pickles
500 mL JAR
SAVE .40 1.59
OUR REGULAR PRICE 1.99

AYLMER
Choice Tomatoes
28 FL OZ TIN
SAVE .40 .89
OUR REGULAR PRICE 1.29

ASSORTED VARIETIES
Pamper Cat Food
BUY 3 SAVE .47
3 / 1.00
OUR REGULAR PRICE .49 EACH

SUNPAC, FROZEN, CONCENTRATED, 100% FLORIDA GRAPEFRUIT OR
Orange Juice

SAVE .20 .79
Check coupon offer below!
12.5 fl oz tin
OUR REGULAR PRICE .99

A&P
SAVE \$1.00
ON THE PURCHASE OF FIVE - 12.5 FL OZ TINS OF SUNPAC FROZEN, CONCENTRATED
Orange Juice
Limit one coupon per purchase.
Valid until March 12th, 1983 V. C.
Sale price .79 tin without coupon

Fri & Sat. 8 a.m. - 9:30 p.m.

A&P HUGEL AVENUE

MIDLAND