

better at A&P

Prices effective thru Sat., February 5th, 1983.
A&P reserves the right to limit quantities to normal family requirements!



We redeem all food store coupons!

ALLENS
Pure Apple Juice
48 FL OZ TIN

SAVE .68

.99

OUR REGULAR PRICE 1.67

2% milk

SUPER BUY!

PARTLY SKIMMED
Fresh 2% Milk
3 QUART BAG

1.79

ELMGROVE

SUPER BUY!

ELMGROVE, 100% VEGETABLE OIL
Soft Margarine
1 lb TUB

.49

HEINZ
CONDENSED TOMATO SOUP

BUY 3 SAVE .33

TOMATO Heinz Soup
10 FL OZ TIN

3/.99

OUR REGULAR PRICE .44 EACH

SAVE .89/kg

FULLY SKINNED, READY-TO-SERVE
14 TO 17 POUND AVERAGE

The Butcher Shop
with supermarket prices

SAVE .40 lb

Swift Premium Whole Hams **3.28/kg / 1.49 lb**

OUR REGULAR PRICE 4.17/kg-1.89 lb

Shank Portion **3.51/kg / 1.59 lb** **Butt Portion** **3.73/kg / 1.69 lb** **Centre Cuts or Ham Steaks** **4.39/kg / 1.99 lb**

SAVE 1.54/kg-.70 lb

OUTSIDE CUT, EYE REMOVED
Boneless Round Roast

SAVE 1.32/kg-.60 lb

RUMP, SIRLOIN TIP OR INSIDE CUT ROUND
Boneless Beef Roasts

SAVE .66/kg-.30 lb

FROZEN, SPRING
New Zealand Lamb Legs

SUPER BUY!

FROZEN, SPRING, SHOULDER
New Zealand Lamb Chops

5.93/kg / 2.69 lb **6.37/kg / 2.89 lb** **5.49/kg / 2.49 lb** **4.39/kg / 1.99 lb**

OUR REGULAR PRICE 7.47/kg-3.39 lb OUR REGULAR PRICE 7.69/kg-3.49 lb OUR REGULAR PRICE 6.15/kg-2.79 lb (Loin Chops 6.59/kg - 2.99 lb)

FRESH Lean Ground Beef 4.39/kg / 1.99 lb	SWIFT, 4 ASSORTED VARIETIES Cooked Meats 175 g vac pac .99	BURNS SHAMROCK, SLICED Side Bacon 500 g vac pac 2.79	
TENDERIZED Cube Steak 7.25/kg / 3.29 lb	SWIFT, SUGAR PLUM Ham Slices 175 g pkg 1.89	SWIFT, DINNER STYLE Sugar Plum Hams 7.25/kg / 3.29 lb	
A&P REGULAR OR THICK SLICED Side Bacon 500 g vac pac 2.59	PRIDE OF CANADA, VAC PAC Bologna Chunks 3.51/kg / 1.59 lb	"BROWN & SERVE", REGULAR & ALL BEEF Swift Sausages 250 g pkg 1.99	
PREVIOUSLY FROZEN, SLICED Beef Liver 1.74/kg / .79 lb	PRIDE OF CANADA Sliced Bologna 375 g vac pac 1.49	IN STORES WITH DELI!	
SWIFT OLD MILL Breakfast Sausages 3.51/kg / 1.59 lb	BURNS, COIL Campfire Sausage 3.51/kg / 1.59 lb	SCHNEIDERS, REG OR ALL BEEF, BLUE RIBBON Bologna .44 / 100 g / 1.99 lb	
SWIFT, PURE PORK Lazy Maple Sausages 500 g pkg 2.49	PRIDE OF CANADA, ASSORTED TRIPLE PACK Cooked Meats 375 g vac pac 1.59	SCHNEIDERS, LOOPS Polish Sausage .55 / 100 g / 2.49 lb	
SWIFT, SLICED Cooked Ham 175 g vac pac 1.89	PRIDE OF CANADA, REGULAR Wieners 1 lb vac pac 1.29	PORK, CHICKEN, BEEF OR STEAK Schneiders Meat Pies 2 / 1.19	

BLACK DIAMOND PROCESS "LITE" Cheese Slices 500 g pkg 2.99	GENERAL MILLS CEREAL Cheerios 300 g pkg 1.39	CASHMERE, ASSORTED COLOURS Bathroom Tissue pkg of 4 rolls 1.29
ASSORTED VARIETIES Catelli Pastas 500 g pkg .79	CATELLI, PLAIN Spaghetti Sauce 14 fl oz tin .79	POWDERED Bold Detergent 3 litre box 2.49
LIBBY'S, PURE PINK OR CLEAR, UNSWEETENED Grapefruit Juice 48 fl oz tin 1.49	READY-TO-SERVE, ASST VARIETIES Habitant Soups 3 8 fl oz tins 1.00	STOKELY Kidney Beans 14 fl oz tin .59
ASSORTED VARIETIES McCORMICK'S Granny Snap Cookies 700 g box 1.69	HUNT'S Tomato Paste 2 5.5 fl oz tins .99	BEEHIVE Corn Syrup 1 litre cont 2.39
A&P Ketchup 1 Litre btl 2.39	CHOICE, A&P Peas 19 oz tin .59	A&P WHOLE Kernel Corn 12 oz tin .59

DAYTIME 30'S, EX ABSORB 24'S OR OVERNIGHT 22'S
Pampers Diapers **SAVE .50** w/ gathers box **3.99** **OUR REGULAR PRICE 4.49**

HUNT'S 14 FL OZ TIN **Tomato Sauce** **SAVE .30** **.59** **OUR REGULAR PRICE .89**

FRITO LAY, ASST VARIETIES 200 g PKG **Potato Chips** **SUPER BUY!** **1.29**

Fri & Sat. 8 a.m. - 9:30 p.m.

WHITE, YELLOW OR PRINTED
Hi-Dri Towels

SUPER BUY! **.99** pkg of 2 rolls

KRAFT, SMOOTH OR CRUNCHY
Peanut Butter

SAVE 1.00 **3.99** 1 kg jar
OUR REGULAR PRICE 4.99

SPRITE, REGULAR OR DIET
Coca-Cola

SAVE 4.00 **5.99** case of 24-10 fl oz tins
OUR REGULAR PRICE 9.99
6 pack of 300 mL returnable btls available at our reg price

Now on sale at A&P
GET THE WORDS FROM
BIG BIRD'S SESAME STREET DICTIONARY

VOLUME 1
99¢
Volumes 2-8 only 2.89 each

Learning Words Can Be Fun For Your Children!