

Prices effective thru Saturday ,  
January 29th, 1983.

We redeem all food store coupons!

A&P reserves the right to limit  
quantities to normal family requirements!

# You'll do

*The Butcher Shop*  
with supermarket prices

CUT FROM CANADA'S FINEST GRADE "A" BEEF

**SAVE 2.21/kg-1.00 lb**

**T-Bone or Wing Steaks & Roasts** **6<sup>59</sup> / 2<sup>99</sup>** /kg / lb

OUR REGULAR PRICE 8.80/kg-3.99 lb

**SAVE 2.21/kg-1.00 lb**

CUT FROM CANADA'S FINEST GRADE "A" BEEF

**Sirloin Steak** **6<sup>15</sup> / 2<sup>79</sup>** /kg / lb

OUR REGULAR PRICE 8.36/kg-3.79 lb

**SAVE 1.54/kg-.70 lb**

WHOLE OR HALVES

**Fresh Boneless Hams** **5<sup>05</sup> / 2<sup>29</sup>** /kg / lb

OUR REGULAR PRICE 6.59/kg-2.99 lb

**SAVE .70**

REGULAR

**Pride of Canada Wieners** **1.19** 1-lb vac pac

OUR REGULAR PRICE 1.89

<b>FRESH Lean Ground Beef</b> 4 <sup>39</sup> / 1 <sup>99</sup> /kg / lb	<b>NEW ZEALAND, FROZEN, SHOULDER, SPRING Lamb Chops</b> 4 <sup>39</sup> / 1 <sup>99</sup> /kg / lb	<b>PRIDE OF CANADA, SLICED, ASST VAR. TRIPLE PACK Cooked Meats</b> 1 <sup>59</sup> / 375 g vac pac	<b>SHOPSY'S Potato Salad</b> 500 g 1 <sup>39</sup> ctn
<b>SWEET PICKLED, END CUTS-CENTRE CUTS 5.49/kg-2.49 lb Back Bacon</b> 5 <sup>05</sup> / 2 <sup>29</sup> /kg / lb	<b>A&amp;P, REGULAR OR THICK SLICED Side Bacon</b> 500 g vac pac 2 <sup>49</sup>	<b>PRIDE OF CANADA, 8 VARIETIES Sausage Sticks</b> 500 g size 2 <sup>49</sup>	<b>SHOPSY'S, CORNED BEEF OR Pastrami</b> pkg of 4 50 g envs 2 <sup>49</sup>
<b>PREVIOUSLY FROZEN, SLICED Beef Liver</b> 1 <sup>74</sup> / .79 /kg / lb	<b>SHOPSY'S Cole Slaw</b> 500 g cont 1 <sup>39</sup>	<b>BURNS, COIL Campfire Sausage</b> 3 <sup>51</sup> / 1 <sup>59</sup> /kg / lb	<b>LAND O'FROST, 6 VARIETIES Cooked Meats</b> 71 g pouches .59
<b>IN STORES WITH DELI SHOP</b>			
<b>4 ASSORTED VARIETIES Maple Leaf Cold Cuts</b> .44 / 1 <sup>99</sup> /100 g / lb	<b>BREAKFAST Burns Sausages</b> 3 <sup>73</sup> / 1 <sup>69</sup> /kg / lb	<b>PRIDE OF CANADA, SLICED Cooked Ham</b> 175 g vac pac 1 <sup>49</sup>	<b>CANADIAN QUEEN, HOT OR SWEET Italian Style Sausage</b> 3 <sup>95</sup> / 1 <sup>79</sup> /kg / lb
<b>MAPLE LEAF, COARSE, CREAMY &amp; FINE Liverwurst</b> .33 / 100 g / 1 <sup>49</sup> / lb	<b>PRIDE OF CANADA, VAC PAC Bologna Chunks</b> 3 <sup>06</sup> / 1 <sup>39</sup> /kg / lb	<b>PRIDE OF CANADA, SLICED, 5 ASSORTED VARIETIES Cooked Meats</b> 175 g vac pac .89	<b>CANADIAN QUEEN, SMOKED Back Bacon</b> 11 <sup>00</sup> / 4 <sup>99</sup> /lb
	<b>PRIDE OF CANADA, SWEET PICKLED Cottage Rolls</b> 4 <sup>39</sup> / 1 <sup>99</sup> /kg / lb	<b>PRIDE OF CANADA, PRESSED (2 TO 3 LB AVERAGE) Dinner Hams</b> 6 <sup>59</sup> / 2 <sup>99</sup> /kg / lb	<b>CANADIAN QUEEN, HALVES OR QUARTERS Boneless Hams</b> 6 <sup>37</sup> / 2 <sup>89</sup> /kg / lb
	<b>PRIDE OF CANADA Sliced Bologna</b> 375 g pkg 1 <sup>29</sup>	<b>PRIDE OF CANADA, SLICED Side Bacon</b> 500 g vac pac 2 <sup>89</sup>	<b>SWIFT'S LAZY MAPLE, SLICED Side Bacon</b> 500 g vac pac 2 <sup>69</sup>

**SAVE 1.00**

**Monarch Margarine** 3 LB PKG

**1.99**

OUR REGULAR PRICE 2.99

**SAVE .26**

**Marvel Sliced White Bread** 675 g (24 OZ) LOAF

**.49**

OUR REGULAR PRICE .75

Made with 100% pure vegetable shortening

**BUY 3 SAVE .33**

**Heinz Baby Foods** 4.5 FL OZ JAR

**3.99**

OUR REGULAR PRICE .44 EACH

**GROCERIES**

PRINTED, ASSORTED COLOURS PKG OF 2

**White Swan Towels** **SAVE .60** .99

OUR REGULAR PRICE 1.59

PURE CORN

**St. Lawrence Oil** 1.5 L cont 3.29

KELLOGG'S

**Corn Flakes** 675 g pkg 1.59

CHEFMASTER

**Corned Beef** 330 g tin 1.49

COUNTRY GOOD, MIXES

**Heinz Onion Soup** 90 g pkg .89

DETERGENT

**Dove Liquid** 500 mL pist bits 1.39

POWDERED

**Sunlight Detergent** 3 litre box 1.99

ASSORTED COLOURS

**Viva Towels** pkg of 2 rolls 1.19

BEEF, IRISH, CHICKEN-TURKEY OR MEATBALL

**Clark Stews** 24 fl oz tin 1.79

TOMATO

**Heinz Soup** 10 FL OZ TIN **BUY 3 SAVE .33** 3 / .99

OUR REGULAR PRICE .44 EACH

**BAKED GOODS**

JANE PARKER

**Apple Pie** 624 g SIZE **SAVE .70** .99

OUR REGULAR PRICE 1.69

STONEMILL FARMS, SLICED

**Bran Bread** 675 g loaf .59

JANE PARKER, SLICED

**Italian Bread** 675 g loaf .59

JANE PARKER, SNOWFLAKE OR

**Twin Rolls** pkg of 12 .89

JANE PARKER (PKG OF 8 - 99)

**Hot Cross Buns** pkg of 12 1.49

JANE PARKER

**Gold Pound Cake** 510 g cake 1.29

KRAFT, MILD, MEDIUM OR OLD

**Cracker Barrel Cheese** 1 kg pkg 3.99

SILVERWOOD

**Sour Cream** 500 mL cont 1.19

GAY LEA

**Chip Dip** 250 g tub .89

ORANGE PEKOE

**Tetley Tea Bags** PKG OF 72 **SAVE .44** 1.99

OUR REGULAR PRICE 2.43

**GROCERIES**

YORK, SMOOTH

**Peanut Butter** 1 kg JAR **SAVE 1.40** 3.59

OUR REGULAR PRICE 4.99

5 ASSORTED VARIETIES

**Green Giant Vegetables** 14 fl oz tin .69

3 ASST VAR INCL WHOLE KERNEL NIBLETS (12 FL OZ)

**Green Giant Vegetables** 14 fl oz tin .79

EXTRA CREAMY REG OR MARSHMALLOW, INSTANT

**Nestle Hot Chocolate** 500 g cont 2.59

BETTY CROCKER, ASSORTED VARIETIES

**Frosting Mixes** 170 g box 1.49

BURNS, CHICKEN, HAM OR TURKEY

**Tenderflaked Meats** 6.5 oz tin 1.69

CLOVER LEAF

**Pink Salmon** 7 3/4 oz tin 1.49

MINUTE, LARGE FLAKE OR QUICK COOKING

**Old Mill Oats** 1.35 kg pkg 1.69

REGULAR OR SUGAR FREE (PLUS BOTTLE DEPOSIT)

**Pepsi-Free** 750 mL btl .49

REGULAR OR SUGAR FREE

**Case of 24 Pepsi-Free** 10 FL OZ TINS **SAVE 4.00** 5.99

OUR REGULAR PRICE 9.99

pack of 300 mL btl available at regular price

**GROCERIES**

ASSORTED VARIETIES

**Primo Pastas** 900 g PKG **SAVE .50** .99

OUR REGULAR PRICE 1.49

PRIMO, PLAIN

**Spaghetti Sauce** 28 fl oz tin 1.19

ASSORTED VARIETIES INCLUDING CHICK PEAS

**Primo Beans** 19 fl oz tin .69

A&P

**Choice Tomatoes** 19 fl oz tin .89

CHICKEN OR PORK (B.B.Q. CHICKEN 7.5 OZ PKG 1.19)

**A&P Coating Mixes** 5 oz pkg .89

A&P ASSORTED FLAVOURS

**Fruit Drinks** 48 fl oz btl .69

LIPTON, ASSORTED VARIETIES

**Cup-A-Soup Mix** pkg of 4 envs .99

THOMPSON

**White Beans** 2 lb pkg .99

KAL CAN LUXURY, ASSORTED VARIETIES

**Kat Food** 3 6 oz tin .99

A&P, "IN PEAR JUICE", ASST VAR

**Canned Fruit** 28 FL OZ TIN **SAVE .30** 1.29

OUR REGULAR PRICE 1.59

Mon-Thurs., 9 a.m. - 9:30 p.m.

**A&P HUGEL AVENUE MIDLAND**