

Grits want teeth in Tory government's restraint program, but greater benefits

Ontario Liberals have introduced amending legislation to lend equity to the Government's restraint program, which was passed into law at Queen's Park last week.

have considered prior to passage of Bill 179.

The restraint bill imposes five per cent salary increase limits on public servants to cut Government spending.

A Private Member's Bill by Bill Wrye (L-Windsor-Sandwich) was moved to bring to the floor of the Ontario Legislature amending the Liberals sought unsuccessfully to

The Ontario Liberal Party argues that it imposes an unfair burden on public employees at the lower end of the salary scale and does not sufficiently address the problem of escalating prices in the

public sector. The amending legislation would provide for greater

benefits to lower income public employees and would hold rents, Hydro bills, OHIP premiums and doctors' salaries to five per cent.

Wrye said the Private Member's Bill was necessary "due to the obstructionist tactics of the New Democratic Party, and the staged

guillotine on debate invoked by the Government." He said, "the people of Ontario—

and particularly employees in the public sector—were denied the benefits of these amendments."

Although the legislature adjourned this week (scheduled closing, December 21), the Private Member's Bill may be considered when the Ontario

Legislature resumes its sitting Jan. 17, 1983.

Wrye said through the Private Member's Bill, which was seconded by Remo Mancini (L-Essex South), members of the Legislature will be given an opportunity "to restore a sense of justice and equity to a piece of legislation which sorely needs it."

"As it stands," the Liberal Member said, "Bill 179 places too great a burden on public servants in the fight against inflation and

does not go far enough in controlling prices which are regulated by the Government."

Wrye added, "The amendments contained within my Private Member's Bill are already well-known. But some should be repeated."

"This Bill would toughen up price controls—specifically in the area of rents, Hydro bills and OHIP premiums. It would establish procedures for complaints and investigations into price increases. It would temper wage restraint of our amendments, with compassion for those at the lower end of the wage scale. It would restore full collective bargaining

rights in all non-compensation matters. It would remove merit pay provisions which now place public sector workers in double and triple jeopardy.

"We will attempt to bring this legislation before the Assembly as soon as possible. Then, we will see whether the Government, with the rancor of the NDP filibuster behind it, will show compassion and understanding for public sector workers. And we will finally see whether the NDP will acknowledge the value of our amendments, which they sacrificed for political purposes by their filibusters over the last two and a half months."

Five ways to beat stress

The place to start is by changing outlook

One basic concern of the modern employer for the work force is their general well-being. So from time to time our articles will deal with health-related topics of general interest.

A common condition which each of us faces, no matter what our age, no matter where we are, is stress. We think we know what it is, but few of us understand stress, few of us recognize what it does within our bodies.

Recent research in Sweden has demonstrated that the more an individual feels he controls his given situation, the less stress he may feel. A very

common example: if I am driving my car I may experience the stress of coping with traffic but if I am a passenger in the front seat, my stress level will be much higher. I do not exercise as much

control in my situation.

Jobs can be similar: where the employee or serviceman has some input into how the work is done, what the deadlines should be, he will experience much less stress than in the situation where there is rigid programming and deadlines determined by higher supervision.

Here are some general rules which will

help combat the adverse effects of stress:

1. Relax—stress is a fact of life—consciously worrying about it only raises the stress level.

2. Try to place your particular stresses in proper context. Can you see your stress as useful or necessary? For example, if you are the parent of a teenager, making a conscious, sustained effort to impart your best values to him, to be open for discussion and understanding of your teenager's stresses. If

you can be all or most of the above, as a parent you will experience stressful concern for

your youngster's future, but at a much lower level than if you simply sit back and hope for the best.

3. Can you stabilize your situation to some degree so as to be able to predict and prepare for some stresses? As an example—there are certain reports which must be done in your work each week. Can you make a time-table giving yourself definite time periods for collecting data and writing the actual reports? You'll find that much less stressful than trying to fly by the seat of your pants.

4. Arrange situations so that you have the possibility of controlling the stress even if you choose not to do so. You set a curfew for your teenager so you don't have to be worrying until the wee hours of the morning whether he's all right or not. You're still free to extend the curfew for special occasions.

5. Take a long-range view. Example: cost of living is rising. When I retire will my pension and earning possibilities be adequate to meet my needs? Can I by being a little more careful now, invest some money each month so as to make my future a little more secure—and my present a little less stressful? Here's a further

useful tip—accept the fact that you will have to live the rest of your life under some stress. Remember also that we humans are very tough and resilient—we can take a great deal of stress without cracking under the strain, especially if we work to keep our stresses at the minimum.

New technology, is the name of the game

Canada will gain a new technology as a result of a joint venture announced this week by Gulf Canada Limited of Toronto and Netlon Limited of Blackburn, England.

The two companies have formed Tensar Canada Inc. to build a new plant in southern Ontario and to market a family of high-strength polymer grid structures throughout North America. Gulf Canada will invest \$50 million in the new venture.

Construction of the manufacturing facility will begin in February of 1983. At full capacity, the plant will employ up to 200 people. Until the plant is completed in early 1984, the North American market will be supplied from a new plant recently commissioned by Netlon Limited in Blackburn, England.

In announcing Tensar Canada's formation, Gulf Canada's Vice-President of Planning and Development, E.E. Walker, said: "This outstanding new technology will prompt major advances in civil engineering practice throughout North America and will provide significant new exports for Canada."

While many applications have been targeted for Tensar products, initial marketing will focus on reinforcement of weak soils and earth embankments in construction of

roads, highways and railways, and reinforcement of asphalt pavements.

Tensar's performance in these applications has been demonstrated over the past two years in some 60 field tests conducted across North America from the tundra of Tuktoyaktuk to the marshes of Florida.

Tensar grid structures are usually manufactured from polypropylene or high-density polyethylene. Several products of different weights and strengths are produced by forming apertures in polymer sheets and then stretching these sheets up to 25 times their original area. The unique stretching process produces material with the tensile strength of steel, and overcomes weaknesses at intersections which occur when plastic mesh is produced by conventional extrusion technology.

Dr. Brian Mercer, the inventor of Tensar and the "Netlon" extrusion process after which his company was named, is a British inventor and entrepreneur and an internationally-recognized authority on the plastics processing industry. He has received numerous awards for his contribution to British industry, including the Order of the British Empire, the Royal Society Mullard Medal and the Prince Phillip Gold Medal "For Plastics in the Service of Man."



H.S. ST. AMANT & SONS LTD.
Plumbing Heating
• DOMESTIC • INDUSTRIAL
SHEET METAL WORK
Specializing in:
SUMMER COTTAGES
Satisfaction Guaranteed
PENETANG
549-7227
3A ROBERT ST. W.

Unwanted Hair Gone Forever

- Facial Hair Removed
- Bikini Line Refined
- Arm, Chest, Back Hair Removed
- Eyebrows Arched and Shaped
- Hairline Permanently Contoured
- Ingrown Hairs Treated



GOODMAN CLINIC OF ELECTROLYSIS

255 Midland Ave., FREE CONSULTATION & TEST Day or evening appointments Member of E.A.O. & A.E.A. Midland 526-9479

AFTER CHRISTMAS CLEARANCE

- Vinyl Christmas PLACEMATS Reg. \$3.49 \$2.25
- Christmas 100% Polyester 60" x 102" TABLECLOTH & NAPKINS (12) Reg. \$81.99 \$49.99
- Quaker Lace TABLECLOTH LINERS Reg. \$6.99 \$4.50
- Christmas Quilted POT HOLDERS Reg. \$2.29 \$1.50
- Burlap Handpainted CHRISTMAS CLOTH Reg. \$24.99 \$18.99
- Christmas Paper GUEST TOWELS & SOAP SET Reg. \$5.75 \$3.75
- Embroidered Fingertip Towels Reg. \$5.98 \$3.99

EDWARDS
Paint & Wallcoverings
Floor Coverings
Upholstery
Draperies
Linens, Bath, Bed & Table
Home Decorating Centre Inc. Lower level
Edwards Village Square
Christmas paper napkins, plates & table covers up to 50% off