

FALL FOOD SALE!

you'll do better at A&P

SAVE .70

Jane Parker Apple Pie
624 g SIZE

.99

OUR REGULAR PRICE 1.69

SAVE 1.20

Fab Detergent
6 LITRE BOX

3.79

OUR REGULAR PRICE 4.99

SUPER BUY!

Fresh 2% Milk
3 QUART BAG

1.79

SAVE .64

Martins Pure Apple Juice
48 FL OZ TIN

.99

OUR REGULAR PRICE 1.63

November is Fish & Seafood Month
Pick Up Your Free Recipe Leaflet
"Canadian Fish... A Good Catch!"
at your local A&P!

The Butcher Shop
with supermarket prices

CUT FROM CANADA'S FINEST GRADE 'A' BEEF!

OUTSIDE, CUT, EYE REMOVED, BONELESS

SAVE 1.76/kg - .80 lb

Round Roast

5.71 / 2.59
/kg / lb

OUR REGULAR PRICE 7.47/kg-3.39 lb

SAVE 1.54/kg - .70 lb

Boneless Beef Roasts

6.15 / 2.79
/kg / lb

OUR REGULAR PRICE 7.69/kg-3.49 lb

SAVE 1.11/kg - .50 lb

Fresh Pork Roasts

2.84 / 1.29
/kg / lb

OUR REGULAR PRICE 3.95/kg-1.79 lb BONELESS 3.28/kg-1.49 lb

SAVE 1.10/kg - .50 lb

Pork Chops

3.73 / 1.69
/kg / lb

OUR REGULAR PRICE 4.83/kg-2.19 lb

FRESH, LEAN Ground Beef	4.39 / 1.99 /kg / lb	SHOULDER BUTT Pork Roast	3.06 / 1.39 /kg / lb	MAPLE LEAF SLICED, 6 VARIETIES INCL MAC & CHEESE	375 g vac pac	1.99
TENDERIZED Cube Steak	7.25 / 3.29 /kg / lb	BONELESS 3.51/kg-1.59 lb	1 lb vac pac	1.79	MAPLE LEAF, SMOKED, 8 VARIETIES INCL PEPPERONI	250 g size
NEW YORK Strip Loin Steaks	13.21 / 5.99 /kg / lb	MAPLE LEAF, REGULAR, BEEF OR B.B.Q.	1 lb vac pac	1.79	MAPLE LEAF, BY THE PIECE	Headcheese
Beef Tenderloin	15.41 / 6.99 /kg / lb	MAPLE LEAF, SWEET PICKLED		2.84 / 1.29	BONE-IN, QUARTERS OR HALVES	Maple Leaf Hams
BONELESS Sirloin Steak	8.80 / 3.99 /kg / lb	MAPLE LEAF, READY-TO-SERVE		3.95 / 1.79	BREAKFAST	Burns Sausage
WHOLE-10 TO 14 LBS AVERAGE Pork Shoulders	2.84 / 1.29 /kg / lb	MAPLE LEAF, SLICED, REG, THICK OR HINT OR MAPLE	.500 g vac pac	2.99	FEATURE BRAND, IN WINE MARINATE	Herring Fillets
SLICED, PREVIOUSLY FROZEN, SKINLESS & DEVEINED Beef Liver	1.96 / .89 /kg / lb	MAPLE LEAF, BRISKET		5.71 / 2.59		
NEW ZEALAND SPRING, SHORT CUT Lamb Legs	5.93 / 2.69 /kg / lb	MAPLE LEAF, HAM STEAKS	175 g vac pac	1.99		
TOWN CLUB OR AUP, REGULAR OR THICK SLICED Side Bacon	500 g vac pac	2.49		2.19		

IN STORES WITH DELI!

SCHNEIDERS, LUNCHEON, DUTCH, FRENCH ONION, ASST

Cold Cuts .55 / 2.49
/100 g / lb

REGULAR, FINE OR EX FINE, COFFEE

Nabob Tradition

2.79

369 g vac pac bag

OUR REGULAR PRICE 3.29

SAVE .50

4 VARIETIES OF CHICKEN SOUPS

Campbell's Soup

2.89

10 fl oz tins

OUR REGULAR PRICE UP TO .57 EACH

BUY 2 SAVE .25

ASST VAR. INCL. CHOCO. CHIP

Dad's Cookies

1.39

400 g tin tie bag

OUR REGULAR PRICE 1.99

SAVE .60

ROBIN HOOD, CHERRY OR STRAWBERRY

Graham Pie Mixes

1.69

385 g pkg

OUR REGULAR PRICE 2.69

SAVE 1.00

ALL PURPOSE

Five Roses Flour

7.99

10 kg bag

OUR REGULAR PRICE 10.79

SAVE 2.80

GLASS BAKE, "FOR CONVENTIONAL & MICROWAVE OVENS"

See Thru Ovenware

1.99

Only! each

CRISPYFLAKE

Schneiders Shortening

1.79

1 LB PKG

SUPER BUY!

CARNATION, INSTANT

Coffee-Mate

500 g jar

2.19

HEINZ, STRAINED MEATLESS VAR OF FOODS & JUICES

Baby Foods

3 4.5 fl oz jars

2.99

ORANGE PEKOE

Lipton Tea Bags

pkg of 100

2.99

SWEETENED CONDENSED

Eagle Brand Milk

300 mL tin

1.69

CARNATION, INSTANT

Mashed Potatoes

500 g pkg

1.69

INSTANT, MARSHMALLOW, MILK OR REG.

28 g PKG OF 10 ENVS

Carnation Chocolate

1.59

OUR REGULAR PRICE 1.99

SAVE .40

Pre-Packaged BULK FOODS!

You can purchase all of your bulk foods in packaged form at A&P, and you pay no more.

SUNNYGOLD	750 g pkg	Our Price Per lb
Sultana Australian Raisins		1.63 / .99
Assortment Cookies	700 g pkg	Our Price Per Pound
		1.53 / .99
Peanut Butter	1 kg tub	Our Price Per Pound
		2.18 / .99
JU JUBES OR Jelly Rings	450 g pkg	Our Price Per Pound
		.98 / .99
Long Grain Rice	5 lb pkg	Our Price Per Pound
		1.95 / .39
Macaroni or Spaghetti	1 kg box	Our Price Per Pound
		1.09 / .49
Blanched Peanuts	900 g pkg	Our Price Per Pound
		1.96 / .99

9 a.m. - 9:30 p.m. Fri & Sat. 8 a.m. - 9:30 p.m.

A&P HUGEL AVENUE

MIDLAND