

IGA Competitive Prices

SUGAR FREE, TAB COLA OR SPRITE OR

Coca-Cola or Sprite

4.69

CASE OF 24x280 mL TINS

ALSO AVAILABLE IN 300 mL RETURNABLE BTLs. AT OUR REG. PRICE

LIBBY'S, FANCY

Tomato Juice

48-FL. OZ. TIN

.79

Campbell's

Tomato Soup

10-FL. OZ. TINS

3.1.

REGULAR, AUTOMATIC OR FILTER DRIP GRIND

Maxwell House

Coffee

1-LB. VAC PACK PKG.

2.39

ASSORTED VARIETIES, 250 g TO 280 g POUCH PAK, 7 1/2-OZ.

Monarch

Cake Mixes or Cream Icing Mixes

EACH

.39

STOKELY, FANCY

Cream Style or Whole Kernel Corn

12-TO 14-FL. OZ. TIN

.49

NABISCO,

Shredded Wheat

450 g PKG.

.99

HUMPTY DUMPTY, ASSORTED VARIETIES

Potato Chips

200 g PKG.

.99

SMOOTH OR CRUNCHY

Kraft Peanut Butter 500 g JAR **1.79**

CHICKEN, BEEF OR IRISH

Cordon Bleu Stews 24-OZ. TIN **1.39**

WIZARD, ASSORTED FRAGRANCES

Air Fresheners 170 g AERO CONT. **.59**

SUGAR FREE, TAB COLA, OR SPRITE, OR

Coca-Cola or Sprite 2 750 mL BTLs. PLUS .30 DEP. PER BTL. **.89**

BESSEY'S, ASSORTED FLAVORS

Fruit Drinks PAK OF 6x200 mL PLAST. BTLs. **.99**

VALIANT, FLAVORED, ASSORTED FLAVORS

Drink Mix Crystals 17-OZ. PKG. **1.39**

ASSORTED VARIETIES

Dr. Ballard's Cat Food 25-OZ. TIN **.59**

KRAFT, PURE

Raspberry or Strawberry Jam 500 mL JAR **.199**

PINEAPPLE, PEACH, FRUIT SALAD OR BARTLETT PEARS

Del Monte Fruit Cups SLEEVE OF 4x5-FL. OZ. TINS **1.59**

Magic Baking Powder 450 g TIN **1.99**

SEMI SWEET CHOCOLATE

Chipts Baking Chips 350 g PKG. **1.79**

DEODORANT

Irish Spring Soap PACK OF 2x140 g BATH SIZE BARS **1.19**

PIQUE, VANILLA HALF MOONS, OR FLAKY JAM, PKGS. OF 6 OR LADY FINGERS, PKG. OF 12

Vachon Cakes EACH **1.59**

BETTY CROCKER, ASSORTED VARIETIES

Hamburger Helper 150 g TO 241 g BOX **.99**

GRANNY SNAPS, OATMEAL, GINGER, CHOCOLATE, SUGAR 'N' SPICE OR CHOCOLATE CHIP

McCormick's Biscuits 700 g PKG. **1.69**

GOLDEN, RYE, SESAME & ONION OR STONED WHEAT THINS

"Red Oval" Crackers 300 g PKG. **.99**

HOT DOG OR HAMBURGER

Rose Relish 375 mL JAR **.59**

100% PURE VEGETABLE OIL QUARTERS

Blue Bonnet Margarine 3-LB. CTN. **2.49**

BURNT ALMOND, VIRGINIA OR JERSEY MILK

Neilson Candy Bars FAMILY SIZE BAR **.79**

Protein 21 Shampoo 400 mL BTL. **1.29**

MINT OR REGULAR

Crest Toothpaste or Gel 150 mL TUBE **1.59**

GLAU,

Kitchen Garbage Bags PKG. OF 24 **1.39**

Prestone II Antifreeze 4 L CONT. **6.99**

NEW!, FROZEN, CONCENTRATED

Mott's Apple Juice 12 1/2-FL. OZ. TIN **1.19**

"CANADIAN CHEESE FESTIVAL"

PROCESS CHEESE FOOD, SINGLES (12 OR 8 SLICES)

IGA Cheese Slices 250 g PKG. **1.49**

BLACK DIAMOND, MILD, MEDIUM, OLD COLORED OR OLD WHITE

Cheddar Cheese 340 g PKG. **2.79**

INGERSOLL, PROCESS CHEESE FOOD

Cheese Spread 500 g JAR **2.69**

Fresh! PICNIC

Pork Shoulder Roasts

2.38/kg

1.08/lb.

Fresh!

Pork Side Ribs

3.95/kg

1.79/lb.

Fresh! SHOULDER

Pork Butt Roasts

3.04/kg

1.38/lb.

FROZEN YOUNG CANADA

Grade A Turkeys

ALL SIZES

2.60/kg

1.18/lb.

MARY MILES, BY THE PIECE

Bologna

1.52/kg

.69/lb.

SWIFT'S PREMIUM, COOKED, BONE IN, WHOLE OR HALF "HOCK, RIND & EXCESS FAT REMOVED"

Smoked Hams

3.73/kg

1.69/lb.

SWIFT'S PREMIUM, SLICED

Side Bacon

2.59

500 g PKG.

OLD MILL, STORE PACKED

Breakfast Sausages

3.06/kg

1.39/lb.

SWIFT'S PREMIUM,

Wieners

1.19

454 g PKG.

COOKED, SMOKED, BONE IN VACUUM PACKED HALVES OR QUARTERS

Hams 5.71/kg **2.59/lb.**

CANADA GRADE A FROZEN YOUNG

TableRite Self-Basted Turkeys UNDER 6.4 kg - 14 LBS.

2.82/kg **1.28/lb.**

CANADA GRADE A FROZEN YOUNG UNDER 6.4 kg - 14 LBS.

Butterball Turkeys 3.04/kg **1.38/lb.**

SWIFT'S PREMIUM, BY THE PIECE

Polish Sausage 4.39/kg **1.99/lb.**

SWIFT'S PREMIUM, SLICED

Salami or Pepperoni 175 g PKG. **1.09**

COOKED, SMOKED BONELESS QUARTERS

Hams 6.37/kg **2.89/lb.**

MAPLE LEAF, "SLICE & FRY" OR "GREAT FOR STUFFING"

Sausage Meat 500 g PKG. **1.49**

COOKED, SMOKED "BONELESS"

Dinner Hams 6.37/kg **2.89/lb.**

SWIFT'S PREMIUM, SLICED SELECTED POPULAR VARIETIES

Sandwich Meats 175 g PKG. **.85**

SMOKED, VACUUM PACKED

Ham Steaks 175 g PKG. **1.89**

COOKED, SMOKED "BONELESS"

Hams 6.15/kg **2.79/lb.**

COOKED, SMOKED SEMI BONELESS HALVES

Hams 6.15/kg **2.79/lb.**

PRODUCT OF U.S.A. CANADA NO. 1 GRADE

Red Grapes

1.30/kg **.59/lb.**

PRODUCT OF ONTARIO OR U.S.A.

Fresh Broccoli

BUNCH **.79**

PRODUCT OF U.S.A. FLORIDA MARSH SEEDLESS

Red or White Grapefruit SIZE 48's 6 FOR **1.79**

PRODUCT OF ONTARIO OR U.S.A.

Cello Spinach 283.5 g 10-OZ. PKG. **.89**

PRODUCT OF ONTARIO CANADA FANCY GRADE

McIntosh Apples 1.36 kg 3-LB. BAG **1.29**

PRODUCT OF U.S.A.

Cello Radish 454 g 2-LB. PKG. **.79**

PRODUCT OF U.S.A.

Avocados EA. **.79**

PRODUCT OF ONTARIO

Parsnips 907 g 2-LB. BAG **.99**

PRODUCT OF ONTARIO CANADA NO. 1 GRADE

Carrots 2 907 g 2-LB. BAGS **1.**

PRODUCT OF ONTARIO

Bean Sprouts **1.08/kg** **.49/lb.**

PRODUCT OF ONTARIO CANADA NO. 1 GRADE

Cooking Onions 2 907 g 2-LB. BAGS **1.**

PRODUCT OF ONTARIO

Fried Noodles **2.18/kg** **.99/lb.**

PRODUCT OF ONTARIO ONTARIO NO. 1 GRADE

Red Potatoes 2.27 kg 5-LB. BAG **.99**

MADE IN CANADA

Northland Firelogs 2.27 kg 5-LB. LOG **1.29**

Green Giant

FROZEN BOIL-IN-BAG

Fish or Meat Entrees 7 TO 9-OZ. PKGS. (ASSORTED VARIETIES)

94¢ WITH THIS COUPON

WITHOUT COUPON FEATURE PRICE **1.69**

COUPON VALUE 75¢

LIMIT ONE PKG. PER COUPON COUPON VALID AT IGA UNTIL OCTOBER 2, 1982.

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PRICES EFFECTIVE WED., SEPTEMBER 29, TO SAT., OCTOBER 2, 1982. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

ELMVALE IGA Check your local store for hours

MIDLAND IGA Yonge & Russell Streets Mon., Tues., Wed, Sat, 9-6 Thurs, Fri 9-9 Sunday 11-5

PENETANG IGA HIGH POINT MALL 9-6 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday