



DON'T MISS THE GREAT...

# Pre-Holiday Sale

**SUNLIGHT**  
POWDERED  
**Sunlight Detergent**  
6 LITRE BOX

**SAVE 1.40**

**349**

OUR REGULAR PRICE 4.89

**WHOLE WHEAT BREAD**  
JANE PARKER, SLICED 100%  
**Whole Wheat Bread**  
675 g (24 OZ) LOAF

**SAVE .28**

**59**

OUR REGULAR PRICE .87

**KRAFT**  
SMOOTH OR CRUNCHY  
**Peanut Butter**  
500 g JAR

**SAVE .90**

**169**

OUR REGULAR PRICE 2.59

**CANADIAN SUPREME**  
SILVERWOOD, CANADIAN DELUXE  
**Ice Cream**  
ASST FLAVOURS, 2 LITRE CARTON

**SAVE .90**

**259**

OUR REGULAR PRICE 3.49

WHITE SWAN, ASSORTED COLOURS  
**Decorator Towels**

**SAVE .50**

**.99** pkg of 2 rolls

OUR REGULAR PRICE 1.49

CAPRI, ASSORTED COLOURS  
**Bathroom Tissue**

**SAVE .70**

**.99** pkg of 4 rolls

OUR REGULAR PRICE 1.69

GINGERALE, C-PLUS ORANGE, WINK OR SUGAR FREE  
**Canada Dry Beverages**

**BUY 2 SAVE .61**

**2.89** 750 mL btl

Plus btl deposit  
OUR REGULAR PRICE .75 EACH

DETERGENT  
**Sunlight Liquid**

**SAVE .56**

**199** 1 Litre pld btl

OUR REGULAR PRICE 2.55

MILD, MEDIUM OR OLD WHITE OR COLOURED  
**Schneiders Cheese**

**SAVE UP TO .96**

**259** 375 g pkg

OUR REGULAR PRICE UP TO 3.55

FROZEN, JOD 'N MOIST  
**Sara Lee Cakes**

**SAVE .50**

**139** 397 g cake

OUR REGULAR PRICE 1.89

## THE FARM

For Freshness & Savings

CANADA FANCY, PROD. OF ONTARIO  
**McIntosh Apples** 5 lb bag **1.99**

PROD. OF U.S.A., THANKSGIVING FAVOURITE  
**Fresh Cranberries** 12 oz pkg **.99**

CANADA NO. 1 GRADE, PROD. OF CALIFORNIA RED BLACK OR SEEDLESS  
**Green Grapes** 2 1/8 lb **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO  
**Bosc Pears** 4 quart basket **2.99**

PROD. OF FLORIDA, WHITE, SEEDLESS, SIZE 48'S  
**Grapefruit** 6 for **1.99**

PROD. OF CENTRAL AMERICA, GOLDEN RIPE, LG SIZE  
**Bananas** .86/kg **.39** lb

CANADA NO. 1 GRADE, PROD. OF ONTARIO  
**Carrots** 2 lb bags **.99**

PROD. OF U.S.A. OR ONTARIO  
**Fresh Broccoli** bunch **.99**

PROD. OF ONTARIO, GREAT IN SALADS, SNOW WHITE  
**Fresh Mushrooms**

**328** / **149** 1 kg

PROD. OF CALIFORNIA, LARGE, SWEET  
**Fresh Strawberries**

**.99** pint

CANADA NO. 1 GRADE, PROD. OF ONTARIO  
**Celery Stalks** each **.69**

CANADA NO. 1 GRADE, PROD. OF ONTARIO  
**Green Cabbage** 2 for **.99**

CANADA NO. 1 GRADE, PROD. OF CALIFORNIA  
**Cantaloupe** each **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO YELLOW  
**Cooking Onions** 5 lb bag **.99**

PROD. OF SOUTH AFRICA, SWEET, LG SIZE 88'S  
**Valencia Oranges** 10 for **2.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO  
**Fresh Cauliflower** each **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO  
**Tomatoes** 1.5 lb tray **1.69**

CANADA NO. 1 GRADE, PROD. OF ONTARIO OR B.C.  
**Bartlett Pears** 152 / lb **.69**

PROD. OF ONTARIO, GREAT IN SALADS  
**Bean Sprouts** 1 1/2 lbs tray **1.00**

CANADA NO. 1 GRADE, PROD. OF ONTARIO  
**Rutabagas** 2 for **.99**

NORTHLAND EASY TO LIGHT CLEAN BURNING  
**Fireplace Logs** 3 lb size **.99**

BEAUTIFUL LARGE  
**Dieffenbachia Plants** 6 inch pot **4.99**

### You'll do better with BAKED GOODS from A&P!

JANE PARKER 624 g SIZE  
**Pumpkin Pie** **SAVE .50** **139**

OUR REGULAR PRICE 1.89

JANE PARKER, SLICED (24 OZ)  
**Old-Fashioned Bread** 675 g loaf **.59**

JANE PARKER  
**Gold Pound Cake** 510 g cake **1.29**

JANE PARKER  
**Spanish Bar Cake** 539 g cake **1.19**

DEMPSTER'S  
**Malt Bread** 340 g (12 oz) loaf **.69**

KRAFT QUARTERS  
**Parkay Margarine** 3 lb pkg **2.89**

JANE PARKER  
**Pecan Whirls** pkg of 6 **.69**

ASSORTED VARIETIES  
**Duncan Hines Cookie Mixes** 420 g pkg **1.69**

NEILSON'S COUNTRY CRISP ASST VAR  
**Granola Bars** 9 oz pkg **1.39**

ORANGE PEKOE, TEA BAGS  
**Mother Parkers** pkg of 150 **3.49**

A&P INSTANT  
**Coffee Whitener** 500 g jar **1.99**

A&P CHERRY  
**Pie Filling** 19 fl oz tin **1.99**

UNSALTED, SALTINES (CHEESE-284 g)  
**A&P Crackers** 450 g pkg **.99**

PURE GRAPE JAM OR  
**Welch's Jelly** 500 mL JAR **SAVE .60** **139**

OUR REGULAR PRICE 1.99

### Health & Beauty Aids & General Merchandise

REGULAR, MINT OR GEL 100 mL TUBE  
**Crest Toothpaste** **SAVE .50** **129**

OUR REGULAR PRICE 1.79

\*BONUS PACK - 1 LITRE SIZE PLUS 18 MORE FREE  
**Scope Mouthwash** 1.18 L btl **4.99**

SHAMPOO & CONDITIONER, NORMAL OR OILY 220 mL pld btl  
**Jhirmack** **2.99**

PALMOLIVE, REGUI AR, LIME OR MENTHOL 300 mL aerosol btl  
**Rapid Shave** **1.99**

REGULAR, SUPER OI, SUPER PLUS pkg of 40  
**Tampax tampons** **3.99**

PINK, BLUE OR YELLOW, pkg of 10  
**J-Cloths** **1.49**

1-PLY BATHROOM TISSUE, ASST COLOURS pkg of 4 rolls  
**White Swan Tissue** **1.39**

DETERGENT  
**Dishwasher Sunlight** 1.8 kg box **3.99**

POWDERED  
**Old Dutch Cleanser** 600 g ctn **.69**

SOAP  
**Gentle Touch** 140 g bar **.65**

INSTANT HOT REGULAR OR MARSHMALLOWY 220 g tin  
**Cadbury's Chocolate** **2.49**

FABRIC SOFTENER 33 g pkg of 40 sheets  
**Free 'N Soft** **3.59**

LIQUID CLEANER 800 mL btl  
**Pinesol** **2.99**

ORANGE PEKOE PKG OF 72  
**Tetley Tea Bags** **SAVE .44** **199**

OUR REGULAR PRICE 2.43

### You'll do better with FROZEN FOODS from A&P!

BLUE WATER, BOSTON BLUE 32 OZ PKG  
**Fish & Chips** **SAVE .80** **259**

OUR REGULAR PRICE 3.39

HEADLESS & DRESSED  
**Frozen Whiting** 196 / lb **.89**

BOSTON BLUE, FROZEN  
**Fish Fillets** 284 / kg **129** lb

FROZEN  
**Dressed Whitefish** 196 / lb **.89**

FROZEN, MEAT BONUS PK, BUY PKG OF 6 GET 2 EX FREE pkg of 8  
**Wong Wing Egg Rolls** **1.59**

ARCTIC GARDENS, CALIFORNIA, ITALIAN OR ORIENTAL MIX 500 g pkg  
**Frozen Vegetables** **1.39**

SWANSON'S NEW FROZEN (CHICK STICKS 340 g 2.48) 284 g pkg  
**Chicken Entrees Burgers** **2.39**

JB, FROZEN, CONC. SWEET 12.5 fl oz tin  
**Apple Cider** **.89**

PRE-SWEETENED, ALPHABITS OR SUGAR CRISP 250 g pkg  
**Post Cereals** **1.49**

AUNT JEMMA, REGULAR, BUTTERMILK OR BUCKWHEAT 1 kg pkg  
**Pancke Mix** **1.59**

REGULAR OR BUTTER 750 mL btl  
**Aunt Jemima Syrup** **2.19**

QUICK COOKING 1.35 kg OR 1-MINUTE 1.25 kg pkg  
**Quaker Oats** **1.69**

CHOCOLATE SYRUP 700 mL pld btl  
**Milkmate** **2.49**

KRAFT SALAD DRESSING 500 mL JAR  
**Miracle Whip** **SAVE .30** **1.19**

OUR REGULAR PRICE 1.49

STORE HOURS: Mon-Thurs.

**A&P HUGEL AVENUE**

**MIDLAND**