



You'll do better with these great...

SUPER BUYS

Prepare your car for winter now!

SAVE 1.00

Prestone II Anti-Freeze
4 LITRE PLASTIC CONTAINER

500 CASH REFUND
See details in store

6.99
OUR REGULAR PRICE 7.99

PRESTONE II ANTI-FREEZE **Tester** each **5.49** PRESTONE II **De-Icer** 450 mL btl **1.99**
10W30 **Shell Oil** 1 litre tin **1.19** CHINOOK, WINDSHIELD **Washer** 4 litre size **1.19**
OUR REGULAR PRICE 1.39

SAVE .34

JANE PARKER, SLICED
100% Whole Wheat Bread
675 g (24 OZ) LOAF

.49
OUR REGULAR PRICE .83
(made with 100% pure veg. shortening)

SUPER BUY!

ELMGROVE, 100% VEGETABLE OIL
Soft Margarine
1 LB TUB

.49

THE FARM
For Freshness & Savings

PROD. OF ONTARIO, DELICIOUS IN SALADS
Fresh Spinach
.59 10 oz pkg

CANADA NO. 1 GRADE, PROD. OF ONTARIO, LG SIZE
Green Peppers
5.99 for

PROD. OF ONTARIO, FRESH, LARGE SIZE
Eggplant each **.39**

PROD. OF SOUTH AFRICA, SWEET EATING
Oranges 10 for **2.99**

CANADA FANCY, PROD. OF ONTARIO, CRISP
MacIntosh Apples 3 lb bag **1.69**

CANADA NO. 1 GRADE, PROD. OF ONTARIO, SWEET
Bartlett Pears 130 / **.59** lb

CANADA NO. 1 GRADE, PROD. OF ONTARIO, NEW CROP
Rutabagas 2 for **.99**

PROD. OF CALIFORNIA
Strawberries pint **1.69**

ASSORTED COLOURS
Reiger Begonias 4 inch pot **1.69**

CANADA NO. 1 GRADE, PROD. OF ONTARIO, FREESTONE, SWEET
Prune Plums 4 quart basket **2.99**

CANADA NO. 1 GRADE, PROD. OF U.S.A., BLACK, GREEN OR RED
Seedless Grapes 218 / **.99** lb

PROD. OF ONTARIO, SNOW WHITE
Fresh Mushrooms 12 oz pkg **1.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO
Bartlett Pears 4 quart basket **2.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO, LARGE
Fresh Cabbage 2 for **.99**

CANADA NO. 1 GRADE, PROD. OF U.S.A., VINE RIPENED
Cantaloupes each **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO, ENGLISH TYPE
Cucumbers each **.69**

CANADA NO. 1 GRADE, PROD. OF ONTARIO
Peaches 174 / **.79** lb

CANADA NO. 1 GRADE, PROD. OF ONTARIO, LARGE SIZE
Celery Stalks each **.49**

CANADA NO. 1 GRADE, PROD. OF ONTARIO, FAMILY SIZE
Carrots 5 lb cello bag **.99**

You'll do better with **BAKED GOODS** from A&P!

JANE PARKER **1/2** **SAVE 1.00** 390 g SIZE
Angel Cake **.99**
OUR REGULAR PRICE 1.99

STONEMILL FARMS, SLICED (A GOOD SOURCE OF NATURAL FIBRE)
Bran Bread 675 g-24 oz loaf **.59**

JANE PARKER
Cherry Pie 624 g size **1.39**

MARVEL HAMBURGER BUNS OR
Wiener Rolls pkg of 12 **.89**

JANE PARKER, SLICED, MADE WITH 100% PURE VEG SHORT.
Raisin Bread 454 g (16 oz) loaf **.79**

You'll do better with **FROZEN FOODS** from A&P!

WELCH'S, FROZEN, CONCENTRATED 12 FL. OZ TIN
Grape Juice **SAVE .16** **1.49**
OUR REGULAR PRICE 1.65

FROZEN, ONION OR PLAIN 12 oz pkg of 6
Lenders Bagels **.79**

A&P, FROZEN, BEEF, CHICKEN, TURKEY, CHILI
Deluxe Meat Pies 280 g pkg **1.29**

CAVENDISH FARMS, FROZEN, ASST VAR INCL WINTER MIX
Gourmet Vegetables 10 oz pkg **1.39**

FRASER VALE, FROZEN
Fish & Chips 10 oz pkg **.99**

SEA BUOY, FROZEN
Fish Cakes 218 / **.99** lb

BLUE WATER, FROZEN, BOSTON BLUE 24 OZ PKG
Fish Sticks Or Fries **SAVE .90** **2.99**
OUR REGULAR PRICE 3.89

SUPER BUY!

PRINTED WHITE OR YELLOW
Hi-Dri Towels
1.09 pkg of 2 rolls

FROZEN, 4 ASSORTED VARIETIES 13 OZ CAKE
Sara Lee Cakes **SAVE .60** **1.19**
OUR REGULAR PRICE 1.79

TOOTHPASTE
Ultra Brite 150 mL tube **1.49**

NOXZEMA, ASSORTED TYPES
Shave Cream 300 ml aerosol tin **1.99**

A&P, CHEWABLE—500 mg
Vitamin C Tablets 120's **3.99**

DURABEAM, WITH BATTERIES
Flashlight each **4.99**

A&P, FANCY
Tomato Juice 19 fl. oz tin **.59**

ASSORTED VARIETIES
A&P Pastas 900 g pkg **.99**

NO. 1 GRADE, LIQUID
Billy Bee Honey 1 kg cont **3.99**

STOKELY, ASST VAR INCL RED KIDNEY BEANS
Van Camp Beans 14 fl oz tin **.59**

MOTT'S
Clamato Juice 10 fl. oz **.69**

HEINZ, TOMATO **750 mL BTL**
Keg 'O Ketchup **SAVE .66** **1.69**
OUR REGULAR PRICE 2.35

SAVE .60

DETERGENT
Palmolive Liquid
1.19 500 mL pist btl
OUR REGULAR PRICE 1.79

IN TOMATO SAUCE, SPAGHETTI OR SCARIOS 14 FL. OZ TIN
Heinz Pastas **SAVE 20** **.59**
OUR REGULAR PRICE .79

SAVARIN, BEEF, BEEF & KIDNEY, CHICKEN, TURKEY
Frozen Pot Pies 8 oz pkg **.59**

MOZZARELLA, FARMERS, BRICK OR COLBY PPS
Schneiders Cheese 2.25 lb **1.79**

A&P, FROM CONCENTRATE
Orange Juice 4 fl. oz btl **1.59**

CHEFMASTER
Peanut Butter 500 g tub **1.39**

IN TOMATO SAUCE OR WITH PORK
Clark Beans 19 fl. oz tin **.89**

SEALTEST, REGULAR
Cottage Cheese 500 g ctn **1.39**

RECONSTITUTED 675 mL BTL
Lemon Juice Realemon **SAVE .40** **1.49**
OUR REGULAR PRICE 1.89

Shop A&P for all your BABY NEEDS!

NEW ELASTIC LEG, EXTRA ABSORBENT PKG OF 60 OR TODDLER PKG OF 48

Pampers Diapers **SAVE .90** **8.99** pkg
OUR REGULAR PRICE 9.89

CONCENTRATED, ENFALAC, SIMILAC OR S.M.A.
Baby Formula case of 24 425 mL tins **27.99**

STRAINED MEATLESS VAR. OF FOODS & JUICES (MEAT DINNER 3 1/2 OZ JAR 69)
Heinz Baby Foods 3 1/4 fl. oz jars **.99**
OUR REGULAR PRICE .39 EACH

5 ASSORTED VARIETIES **200 g PKG** **FACEAL TISSUE, ASST COLOURS** **BOX OF 200 SHEETS**

Peek Frean Biscuits **SAVE .50** **.79** OUR REGULAR PRICE 1.29

Kleenex Tissue **SAVE .24** **.89** OUR REGULAR PRICE 1.13

STORE HOURS: Mon-Thurs.,

A&P HUGEL AVENUE

MIDLAND