

# Competitive Prices at



MOUNTAIN DEW OR  
REGULAR OR DIET

**Pepsi-Cola**

PLUS .30 DEPOSIT PER BTL.

750 mL  
BTL. **.39**

BYE THE SEA,  
IN OIL OR IN WATER

**Chunk  
Light Tuna**

8 1/2-OZ.  
TIN **.99**

BAMBY,

**Hamburger Or  
Wiener Buns**

PKG.  
OF 8 **.49**

FRONTENAC OR MEADOWGOLD,  
VANILLA OR  
NEOPOLITAN FLAVORS

**Ice  
Cream**

2 L.  
CTN. **1.49**

**Maxwell House  
Instant  
Coffee**

10-OZ. JAR  
LIMIT 2 JARS PER FAMILY

**4.99**

CAPRI,  
ASSORTED COLORS, 1-PLY

**Bathroom  
Tissue**

4-ROLL  
PKG. **.99**

WHITE SWAN,  
ASSORTED COLORS, 2-PLY

**Facial  
Tissue**

PKG.  
OF 200  
SHEETS **.69**

WHITE SWAN,  
ASSORTED COLORS, 2-PLY

**Paper  
Towels**

2-ROLL  
PKG. **.99**

MACARONI & CHEESE

**Catelli  
Dinners**

225 g  
PKGS. **3 1.**

STOKELY, FANCY CREAM STYLE

**Corn or  
Honey  
Pod Peas**

10-FL.  
OZ. TIN **.39**

CHRISTIE'S BISCUITS

**Chips Ahoy  
or Oreo**

450  
PKG. **1.69**

WHITE SWAN  
Serviettes PKG. OF 240 **1.99**

BEE MAID, CANADA NO. 1 GRADE  
Creamed Honey 500 g TUB **1.69**

100% PURE SUNFLOWER  
UNICO OIL 1.5 L BTL. **2.59**

MONTECLAIR,  
Mineral Water 750 mL BTL. **.65**

REGULAR OR TROPICAL BLEND  
Nestea Iced Tea Mix 24-OZ. TIN **2.69**

BEEF, IRISH, MEATBALL OR  
TURKEY-CHICKEN  
Puritan Stews 24-OZ. TIN **1.79**

STRAINED FOODS OR JUICES,  
ASSORTED VARIETIES  
(MEATS EXCEPTED)  
Heinz Baby Foods 3 1/2-OZ. JARS **1.**

E.D. SMITH, PURE  
Raspberry or  
Strawberry Jams 250 mL JAR **1.09**

PERSONAL SIZE  
Ivory Soap PACK OF 4 REG. SIZE BARS **1.19**

TOASTMASTER,  
(MFG. & OFF LABEL)  
Crusty White Bread 450 g LOAF **.75**

BASSETT'S, BONUS PACK  
Licorice Allsorts 450 g PKG. **1.39**

TOASTED ALMOND, PEANUT & HONEY  
OR BUTTER WALNUT  
Neilson Country  
Crisp Snacks 9-OZ. PKG. **1.19**

BONUS OF 35% MORE  
ASSORTED VARIETIES  
REVLON FLEX  
Shampoo or  
Conditioner 600 mL PLAST. BTL. **2.59**

BLACK DIAMOND, PROCESS CHEESE FOOD  
SINGLE THINS (12 SLICES)

**Cheese Slices** 250 g PKG. **1.49**

LIME ONLY  
Right Guard Deodorant 150 mL AERO CONT. **.69**

REGULAR OR DEODORANT  
Stayfree Maxi Pads PKG. OF 10 **1.19**

SYLVANIA, 40, 60, 75 OR 100 WATT  
SOFT WHITE  
Light Bulbs PKG. OF 2 **.99**

FLO THRU,  
ASSORTED FRAGRANCES  
Air Fresheners 21 g SIZE **1.09**

QUSTO, FROZEN, 5-INCH SIZE,  
PEPPERONI, DELUXE OR  
PEPPERONI & MUSHROOM 334 g TO 338 g PKG. **2.19**

4-Pack Pizzas

MRS. SMITH'S, FROZEN  
Apple Pie 24.6-OZ. PKG. **1.89**

SEALTEST,  
PLAIN OR ASSORTED FLAVORS  
Light 'N' Lively Yogurt 175 g CUP **.49**

FRESH FOR FLAVOUR

PRODUCT OF U.S.A.

**Watermelon**

EA. **1.88**

PRODUCT OF U.S.A.  
CANADA NO. 1 GRADE  
Prune Plums **1.30/kg**  
**.59** LB.

PRODUCT OF REPUBLIC  
OF SOUTH AFRICA  
Outspan Navel  
Oranges **1.99**

SIZE 112's  
DOZ.

PRODUCT OF U.S.A.  
CANADA NO. 1 GRADE  
Cantaloupes EA. **.99**

PRODUCT OF REPUBLIC OF SOUTH AFRICA  
CANADA FANCY GRADE  
Granny Smith Apples **2.18/kg**  
**.99** LB.

PRODUCT OF ONTARIO  
CANADA FANCY GRADE  
Clapp Favourite Pears 4-QT. BASKET **2.99**

PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE  
Potatoes 8-QT. BASKET **2.49**

PRODUCT OF ONTARIO  
Green or  
Yellow Beans **1.30/kg**  
**.59** LB.

PRODUCT OF ONTARIO  
ONTARIO NO. 1 GRADE "SWEET"  
Green Peppers **1.08/kg**  
**.49** LB.

PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE  
Field Cucumbers EA. **.39**

PRODUCT OF U.S.A.  
CANADA NO. 1 GRADE  
Spanish Type Onions PKG. OF 3 **.99**

Fresh!

**Chicken  
Leg  
Quarters**

B.B.Q. FEATURE

**2.18/kg**  
**.99** LB.

PREVIOUSLY FROZEN

**Turkey  
Wings**

B.B.Q. FEATURE

**1.30/kg**  
**.59** LB.

CANADIAN QUEEN, COOKED SMOKED  
"BONELESS"  
Ham Quarters **5.93/kg**  
**2.69** LB.

MARY MILES,  
Wieners 454 g PKG. **1.59**

**New Zealand  
Spring Lamb  
FROZEN**

**Shoulder  
Chops**

B.B.Q. FEATURE

**3.73/kg** **1.69** LB.

**Leg O' Lamb  
Roasts**

**5.27/kg** **2.39** LB.

**Leg  
Steaks**

B.B.Q. FEATURE

**5.49/kg** **2.49** LB.

**Loin  
Chops**

B.B.Q. FEATURE

**5.49/kg** **2.49** LB.

MARY MILES, SLICED  
Side Bacon 500 g PKG. **2.69**

CANADIAN QUEEN, SLICED  
SELECTED POPULAR VARIETIES  
Sandwich Meats 375 g PKG. **1.49**

Fresh!

WING REMOVED

**Chicken  
Breast  
Quarters**

B.B.Q. FEATURE

**2.62/kg**  
**1.19** LB.

MARY MILES,  
Bologna  
BY-THE-PIECE

**1.96/kg**  
**.89** LB.

CANADIAN QUEEN, STORE PACKED  
Italian Style Sausage **3.28/kg**  
**1.49** LB.

MARY MILES,  
Deli Sausage 375 g CHUB **1.89**

PRICES EFFECTIVE WED., AUGUST 18, TO SAT., AUGUST 21, 1982.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

**ELMVALE IGA**

Check your local store for hours

**MIDLAND IGA**

Yonge & Russell Streets Mon., Tues., Wed, Sat, 9-6 Thurs, Fri 9-9 Sunday 11-5

**PENETANG IGA**

HIGH POINT MALL 9-6 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday