

# Competitive Prices at



MEADOW GLEN,  
**Mushroom Pieces & Stems**  
10-FL. OZ. TIN **.59**

FINE, GRANULATED  
**White Sugar**  
2 kg BAG **1.29**

**Campbell's Tomato Soup**  
10-FL. OZ. TINS **3 1.**

FROZEN, CONCENTRATED  
SUN SQUEEZE or SUN SPLASH  
**Orange Juice**  
12½-FL. OZ. TIN **.59**  
LIMIT: 6 TINS PER FAMILY

ASSORTED FLAVORS  
**Martins Fruit Drinks**  
48-FL. OZ. TIN **.59**

ASSORTED VARIETIES ADDED TOUCH  
**Monarch Cake Mixes**  
520 g PKG. **.79**

POWDERED  
**ABC Detergent**  
6 L BOX **2.99**

SPRITE or  
**Coca-Cola**  
CASE OF 24X280 mL TINS  
**4.99**  
ALSO AVAILABLE IN RETURNABLE 300 mL BTL. AT OUR REGULAR PRICE

LIBBY'S, WITH or WITHOUT PORK IN TOMATO SAUCE or MOLASSES  
**Deep Browned Beans**  
14-FL. OZ. TIN **.69**

BONUS OF 50 mL MORE  
**Aim Toothpaste** 100 mL TUBE **.89**

IGA, REGULAR, RIPPLE OR SALT & VINEGAR FLAVORED  
**Potato Chips** 200 g PKG. **.99**

FROZEN, FANCY CRINKLE or STRAIGHT CUTS  
**McCain Superfries** 2-LB. POLY BAG **1.19**

**Valvoline Motor Oil** 10W30 1 L CONT. **.99**

KRAFT, PROCESS CHEESE FOOD  
**Cheez Whiz** 500 g JAR **2.99**

SPRITE or  
**Coca-Cola** 2 750 mL BTL. PLUS .30 DEP. PER BTL. **.89**

CANADA BRAND,  
**White Vinegar** 4 L JUG **1.99**

GAINES, SOFT MOIST  
**Select Dog Food** 2 kg PKG. **2.29**

ASSORTED FLAVORS FLAVORED DRINK MIX CRYSTALS  
**Kool-Aid Sugar Sweetened** 720 g CANISTER **2.79**

HERSHEY, BROWN COW  
**Chocolate Syrup** 400 mL PLAST. BTL. **1.29**

FLO-THRU  
**Lipton Tea Bags** PKG. OF 100 **2.49**

CLUB HOUSE,  
**Pickling Spice** 142 g PKG. **1.49**

LIQUID  
**Joy Detergent** 500 mL BTL. **.99**

KELLOGG'S, CEREAL  
**Special 'K'** 475 g PKG. **1.99**

DEMPESTER'S, (20" OFF)  
**Continental Italian Round Loaf** 450 g SIZE **.79**

DEMPESTER'S, (BONUS PACK)  
**English Muffins** PKG. OF 9 **.93**

DAD'S,  
**Chocolate Chip Cookies** 450 g PKG. **1.69**

TROPHY, BLANCHED OR B.B.Q.  
**Salted Peanuts** 400 g PKG. **1.49**

**Kingsford Briquets** 10-LB. BAG **3.29**

RECORD  
**B.B.Q. Lighter Fluid** 909 mL TIN **.99**

REGULAR or DEODORANT  
**Carefree Panty Shields** PKG. OF 30 **1.99**

NATURES ORGANIC, WHEAT GERM & HONEY  
**Shampoo or Conditioner** 450 mL PLAST. BTL. **1.34**

40¢ REGULAR OR UNSALTED 100% PURE CORN OR SUNFLOWER OIL 40¢  
**Fleischmann's SOFT MARGARINE** ONLY **99¢** WITH THIS COUPON **\$1.39**  
SLEEVE OF 2X8-OZ. TUBS  
ONLY ONE COUPON PER EACH SLEEVE PURCHASED  
STANDARD BRANDS CANADA LIMITED P.O. BOX 3000 ST. JOHN N.B. E2L 4L3  
COUPON VALID ONLY AT IGA UNTIL CLOSING SAT., AUG. 14, 1982  
0706989H

B.B.Q. FEATURE  
CUT FROM CANADA GRADE "A" BEEF  
**Blade Steaks**  
2.82/kg  
1.28/LB.

DAVERN FARMS, SLICED  
**Side Bacon**  
1.89/500 g PKG.

CUT FROM CANADA GRADE "A" BEEF  
B.B.Q. FEATURE  
**Cross Rib Steaks**  
3.70/kg  
1.68/LB.

FRESH for FLAVOUR  
PRODUCT OF U.S.A. CANADA NO. 1 GRADE  
**Green Seedless Grapes**  
1.74/kg  
.79/LB.

CUT FROM CANADA GRADE "A" BEEF CHUCK  
**Short Rib Roasts**  
3.26/kg  
1.48/LB.

SLICED, PREVIOUSLY FROZEN  
**Beef Liver**  
1.52/kg  
.69/LB.

CUT FROM CANADA GRADE "A" BEEF  
**Boneless Shoulder Roasts**  
3.70/kg  
1.68/LB.

PRODUCT OF ONTARIO CANADA NO. 1 GRADE  
**Cauliflower** EA. **.69**

PRODUCT OF REPUBLIC OF SOUTH AFRICA  
**Outspan Navel Oranges** SIZE 112's DOZ. **1.99**

PRODUCT OF U.S.A. CANADA FANCY GRADE  
**Bartlett Pears** 1.96/kg **.89/LB.**

PRODUCT OF ONTARIO CANADA NO. 1 GRADE  
**Mushrooms** 227 g OR 8-OZ. PKG. **.99**

PRODUCT OF ONTARIO CANADA NO. 1 GRADE "SWEET"  
**Green Peppers** **1.08/kg .49/LB.**

PRODUCT OF ONTARIO  
**Bunch Carrots** 2 FOR **.99**

PRODUCT OF U.S.A.  
**Watermelon** EA. **2.99**

PRODUCT OF U.S.A.  
**Peanuts-In-The-Shell** **2.18/kg .99/LB.**

PRODUCT OF ONTARIO  
**Celery Stalks** SIZE 24's 2 FOR **.99**

PRODUCT OF ONTARIO  
**Bunch Radish** 3 FOR **.99**

PRODUCT OF ONTARIO  
**Green Onions** 3 BUNCHES FOR **.99**

PRODUCT OF ONTARIO  
**Bunch Beets** BUNCH **.59**

PRODUCT OF ONTARIO CANADA NO. 1 GRADE  
**Corn On-The-Cob** 5 FOR **.99**

Pride of Canada  
COOKED "BONELESS"  
**Dinner Hams** 14 kg 3 LB. AVG. **5.71/kg 2.59/LB.**

LAZY MAPLE, "SLICE & FRY"  
**Sausage Meat** 500 g PKG. **1.59**

Pride of Canada SLICED  
**Triple Pack Sandwich Meats** 375 g PKG. **1.69**

CUT FROM CANADA GRADE "A" BEEF  
**Stewing Beef** **3.95/kg 1.79/LB.**

Pride of Canada SLICED  
**Cooked Ham** 175 g PKG. **1.49**

SWIFT'S PREMIUM  
**Brown & Serve Sausages** 250 g PKG. **1.89**

Pride of Canada  
**Wieners** 454 g PKG. **1.59**

Pride of Canada SLICED  
SELECTED SPECIALTY VARIETIES  
**Sandwich Meats** 175 g PKG. **1.19**

SHOPSY'S  
**Potato Salad or Cole Slaw** 680 g TUB FOR THE 500 g PRICE OF **1.72**

PRICES EFFECTIVE WED., AUGUST 11 TO SAT., AUGUST 14, 1982. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

**People Come First at IGA**

**ELMVALE IGA**  
Check your local store for hours

**MIDLAND IGA**  
Yonge & Russell Streets Mon., Tues., Wed, Sat, 9-6 Thurs, Fri 9-9 Sunday 11-5

**PENETANG IGA**  
HIGH POINT MALL 9-6 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday