

Competitive Prices at



Coca-Cola Or Sprite CASE OF 24X280 mL TINS 5.49 ALSO AVAILABLE IN RETURNABLE 300 mL BTLs. AT REGULAR PRICES	ASSORTED COLORS, 1-PLY, BUDGET, Bathroom Tissue 4 ROLL PKG. .89	IGA SMOOTH OR CRUNCHY Peanut Butter 500 g JAR 1.29	IGA 100% PURE VEGETABLE OIL Margarine 1-LB. PARCH. PKG. .39	IGA Choice Peas 14-FL. OZ. TIN .39
FRUIT CREMES OR FAMILY ASSORTMENT Peek Frean Biscuits 600 g PKG. 1.89	POWDERED Fab Detergent 6 L. BOX 3.39	IGA Red Kidney Beans 14-FL. OZ. TIN .39	TREESWEET, Grapefruit Or Orange Juice 48-FL. OZ. TIN 1.09	IGA MILD, MEDIUM OR OLD COLORED Cheddar Cheese 12-OZ. PKG. 2.39

IGA REGULAR, RIPPLE OR SALT & VINEGAR FLAVORED
Potato Chips 200 g PKG. **.99**

ASSORTED COLORS Rite Serviettes PKG. OF 240 1.59	FLAVORED DRINK MIX CRYSTALS ASSORTED FLAVORS Quench 614 g TIN 2.49
DECOR, ASSORTED COLORS, 2-PLY Bathroom Tissue 4-ROLL PKG. 1.19	AYLMER, CHOICE Whole Tomatoes 19-FL. OZ. TIN .89
BUDGET, White Serviettes PKG. OF 120 .99	SOFT, MOIST DOG FOOD Total Diet 2 kg PKG. 2.49
BUDGET, Waxed Paper 100' ROLL BOX .99	ORANGE PEKOE, Mother Parkers Tea Bags PKG. OF 75 1.39

Coca-Cola Or Sprite 750 mL BTL PLUS .30 DEP. PER BTL **.49**

ASSORTED VARIETIES, ENHANCE
 Conditioner Or Shampoo 225 mL PLAST. BTL **1.99**

DISPOSABLE
 Pampers Newborn Diapers PKG. OF 48 **5.69**

QUIKKI, PINT 25's, QUART 20's, OR POULTRY 8's
 Freezer Bags EA. PKG. **.39**

ROYAL CHINET, 8 1/4 INCH LUNCH (PKG. OF 20) OR 10 1/2 INCH DINNER (PKG. OF 15)
 Paper Plates EA. PKG. **1.29**

PARTLY SKIMMED
Carnation 2% Milk 385 mL TIN **.59**

GLAD
Garbage Bags PKG. OF 40 **3.99**

BATH SIZE BUNDLE PACK OF 3X140 g BARS
 Coast Toilet Soap **1.79**

TOASTMASTER,
 Crumpets 1/2 DOZ. **.79**

(MFG. 10" OFF LABEL)
 Continental, With Sesame Vienna Loaf 300 g LOAF **.89**

IGA, ASSORTED VARIETIES 200 g TO 300 g PKG. **.85**

FROZEN, ASSORTED VARIETIES HIGH LINER,
 Fillets In Sauce 14-OZ. PKG. **2.19**

FROZEN PUDDING ON A STICK ASSORTED VARIETIES
 Jell-O PKG. OF 12X50 mL BARS **2.79**

FROZEN, BOIL-IN-BAG, LASAGNA, SALISBURY STEAK OR BEEF STEW GREEN GIANT
 Meat Entrees 9-OZ. PKG. **1.79**

CUT FROM CANADA GRADE "A" BEEF "BONELESS" OUTSIDE CUT
Round Steak Roasts
5.27/kg
2.39/lb.

COOKED PICNIC
Smoked Pork Shoulders
2.84/kg
1.29/lb.

PRODUCT OF ONTARIO CANADA NO. 1 GRADE
8 FOR .99
Corn On-The-Cob

CUT FROM CANADA GRADE "A" BEEF "BONELESS" FULL OR OUTSIDE CUT
Round Steaks
5.49/kg
2.49/lb.

CUT FROM CANADA GRADE "A" BEEF "BONELESS"
Inside Round Steaks
5.71/kg 2.59/lb.

FRESH!
Boneless Chicken Breasts
8.58/kg 3.89/lb.

SLICED SELECTED POPULAR VARIETIES
Sandwich Meats
 175 g PKG. **.89**

PRODUCT OF U.S.A. CANADA NO. 1 GRADE
California Plums
1.96/kg
.89/lb.

PRODUCT OF REPUBLIC OF SOUTH AFRICA
Outspan Navel Oranges
 SIZE 112's
2.29/DOZ.

Maple Leaf **Wieners** 454 g PKG. **1.69**

Maple Leaf **Liverwurst** 250 g CHUB **.95**

Maple Leaf **Side Bacon** SLICED 500 g PKG. **2.59**

Maple Leaf **Cooked Ham** SLICED 175 g PKG. **1.49**

SMOKED SAUSAGE
Maple Leaf **Breakfast Slices** 500 g PKG. **2.19**

SWEET PICKLED BRISKET VACUUM PACKED
Maple Leaf **Corned Beef** **5.93/kg 2.69/lb.**

STORE PACKED
Maple Leaf **Pork Sausages** **3.95/kg 1.79/lb.**

CUT FROM CANADA GRADE "A" BEEF "BONELESS & LEAN"
Stewing Beef **4.39/kg 1.99/lb.**

FRESH!
Pork Hocks **1.43/kg .65/lb.**

RING, VACUUM PACKED
Maple Leaf **Blood Pudding** **4.39/kg 1.99/lb.**

PRODUCT OF CENTRAL AMERICA DOLE, CHIQUITA OR DEL MONTE
Bananas **.86/kg .39/lb.**

PRODUCT OF U.S.A.
Avocades EA. **.69**

PRODUCT OF MEXICO
Mangoes EA. **.99**

PRODUCT OF U.S.A. CANADA NO. 1 GRADE
Large Cantaloupes EA. **.99**

PRODUCT OF ONTARIO CANADA NO. 1 GRADE
Cucumbers EA. **.39**

PRODUCT OF ONTARIO
Green Or Yellow Beans **1.52/kg .69/lb.**

PRODUCT OF ONTARIO
Bunch Radish **3 FOR .99**

PRODUCT OF ONTARIO
Green Onions **3 BUNCHES FOR .99**

PRODUCT OF ONTARIO
Zucchini **1.10/kg 2 lbs. 1.**

PRODUCT OF ONTARIO
Squash **2 lbs. 1.**

PRODUCT OF U.S.A.
Fresh Mushrooms **4.17/kg 1.89/lb.**

PRODUCT OF U.S.A.
Watermelon EA. **2.99**

PRODUCT OF ONTARIO PLAIN OR WITH RADISH
Alfalfa Sprouts **2 113 g 4-OZ. PKGS. .89**

PRICES EFFECTIVE WED., JULY 21, TO SAT., JULY 24, 1982. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

ELMVALE IGA | **MIDLAND IGA** | **PENETANG IGA**

Check your local store for hours | Yonge & Russell Streets Mon., Tues., Wed, Sat, 9-6 Thurs, Fri 9-9 Sunday 11-5 | HIGH POINT MALL 9-6 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday