



WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS



You'll do

Prices effective thru Sat., June 19th, 1982.



SAVE .90

POWDERED
Sunlight Detergent
6 LITRE BOX

3.99

OUR REGULAR PRICE 4.89



SAVE 2.00

INSTANT
Nescafe Coffee
10 OZ JAR

4.99

OUR REGULAR PRICE 6.99



BUY 3 SAVE 1.08

GAY-LEA, ASSORTED FLAVOURS
LESS THAN
1/2 **Fiesta Yogurt**
175 g TUBS

PRICE
3.99
for

OUR REGULAR PRICE .69 EACH



BUY 2 SAVE .31

SUN SQUEEZE, FROZEN, CONCENTRATED
Orange Juice
12.5 FL OZ TIN

.59

OUR REGULAR PRICE 2 FOR 1.49

THE FARM
AT A&P
For Freshness & Savings

SAVE .66/kg- .30 lb

PROD. OF U.S.A., TENDER
Fresh Green Beans

1.52 / .69
/kg / lb

OUR REGULAR PRICE 2.18/kg-.99/lb.

CANADA NO. 1 GRADE, PROD. OF CALIFORNIA, THE NATURAL SWEET CANADA NO. 1, PROD. OF U.S.A., SWEET, JUICY CANADA FANCY PROD. OF SOUTH AFRICA SWEET CRISP

Seedless Green Grapes **Fresh Cantaloupe** **Granny Smith Apples**

3.28 / 1.49 **.88** **2.18 / .99**
/kg / lb each /kg / lb

"Ontario grown farm fresh Strawberries now available at A&P at competitive prices!"

CANADA NO. 1 GRADE, PROD. OF TEXAS, IDEAL FOR STUFFING Green Sweet Peppers 3 for 1.00	PROD. OF ONTARIO Fresh Cole Slaw 8 oz pkg .59
PROD. OF U.S.A., SWEET, PLUMP Fresh Blueberries pint 1.99	PROD. OF FLORIDA, IDEAL WITH PERRIER, SEEDLESS Fresh Limes 8 for .99
CANADA NO. 1 GRADE, PROD. OF U.S.A., FRESH Celery Hearts each .98	PROD. OF CALIFORNIA, SWEET, JUICY, VALENCIA, SIZE 138'S Fresh Oranges 12 for 1.99
PROD. OF ONTARIO, GREEN ONIONS OR Radishes 3 bunches 1.00	PROD. OF FLORIDA, JUICY, RED RIPE, FRESH CUT Watermelon each .99
PROD. OF ONTARIO, ENDIVE, ESCAROLE OR Romaine Lettuce each .69	CANADA NO. 1 GRADE, PROD. OF FLORIDA, GOLDEN, SWEET Corn-On-The-Cob 6 for 1.99
PROD. OF ONTARIO, GREAT IN SALADS, DELICIOUS RAW OR COOKED Fresh Mushrooms white 12 oz pkg 1.99	PROD. OF U.S.A., GREAT IN SALADS, DELICIOUS RAW OR COOKED Fresh Spinach 10 oz pkg .98
CANADA NO. 1 GRADE, PROD. OF ONTARIO Seedless Cucumbers each .99	PROD. OF CALIFORNIA, FRESH Bunch Carrots 2 for 1.49

African Violets or Reiger Begonias 4 inch pot **1.49**

SAVE .50
ASSORTED VARIETIES
Primo Pastas

.99 900 g pkg

OUR REGULAR PRICE 1.49

PRIMO, PLAIN
Spaghetti Sauce 14 fl oz tin **.69**

PRIMO, HOMESTYLE
Tomato Sauce 14 fl oz tin **.89**

DETERGENT
Dishwasher Sunlight 1.8 g box **3.99**

RED ROSE
Iced Tea Mix Regular 24 oz ctn **2.89**

KAM OR KLIK, 340 g TIN
Luncheon Meat **SAVE up to .38** **1.59**

OUR REGULAR PRICE UP TO 1.97

You'll do better with **BAKED GOODS** from A&P **ASTON PROS** Sara Lee Bake Sale

HAMBURGER BUNS OR
Wiener Rolls pkg of 12 **.89**

JANE PARKER
Gold Pound Cake 510 g cake **1.49**

JANE PARKER
Angel Cake 390 g size **.99**

JANE PARKER, SLICED, PROTEIN BREAD, 79 OR
Raisin Bread Made with 100% pure vegetable shortening 454 g loaf **.69**

STONEMILL FARMS, SLICED (OUR REG. PRICE .89-SAVE .30)
A GOOD SOURCE OF NATURAL FIBRE
Bran Bread 675 g loaf **.59**

Frozen Pound Cake 10 oz 1.99
Apple or Strawberry-Rhubarb Hi Pie 28 oz 2.59
Pecan Coffee Cake 12.5 oz 2.49
Cherry Cheese Cake 1.25 lb 3.29

"NEW", FROZEN, ASSORTED FLAVOURS
Jell-O Pudding Pops pkg of 12 **2.79**

FROZEN, TENDERCRISP, DELUXE
McCain Pizza 250 g pkg **1.39**

FROZEN, BEEF, TURKEY OR CHICKEN
Stouffer Meat Pies 10 oz pkg **1.79**

FRASERVALE, FROZEN, RASPBERRIES OR
Strawberries 9 oz ctn **.99**

A&P FROZEN
Beef Steakettes 306 g/kg / lb **1.39**

SEA BUOY, FROZEN, COOKED
Sole Portions 355 g/kg / lb **1.79**

FRASER VALE, FROZEN
Fish & Chips 500 g pkg **1.89**

SUPER BUY!

BEATRICE, ASST FLAVOURS, OLDE FASHIONED
Ice Cream

1.49
1 litre ctn

SAVE .31/kg-.14 lb

SEA BUOY, FROZEN
Fish Cakes

1.87 / .85
/kg / lb

OUR REGULAR PRICE 2.18/kg-.99/lb

PIECES & STEMS-SAVE .30
Ann Page Mushrooms 10 fl oz tin **.69**

OUR REGULAR PRICE .89

NORMAL OR OILY-BONUS PACK 200 mL PLUS 50% MORE
Pert Shampoo 300 mL pist / btl **1.99**

JOHNSON & JOHNSON
Baby Oil 250 mL pist / btl **2.99**

REGULAR OR DEODORANT
Kotex Lightdays pkg of 30 **1.99**

REG. MINT OR GEL-BONUS PACK 100 mL PLUS 50 mL "FREE"
Crest Toothpaste 150 mL tube **1.79**

BATH SIZE
Jergens Soap banded pk of 3 bars **.99**

ESSENCE MAGIQUE, DEODORANT FORMULA OR MOISTURIZING for the shower
Wet Soap 250 mL ctn **2.49**

BLACK FLAG-HOUSE & GARDEN
Insect Spray 400 g spray tin **3.99**

TOTAL DIET
Dog Food 8 kg **9.99**

LUXURY, ASSORTED VARIETIES cat food
Miss Mew 14.5 oz tin **.65**

DOG FOOD
Gaines Select 4 kg bag **5.99**

BEEF, IRISH, CHICKEN, 24 FL OZ TIN
Cordon Bleu Stews **SAVE .70** **1.59**

OUR REGULAR PRICE 2.29

Marvel, white, sliced Bread 675 g loaf **.49**

OUR REGULAR PRICE .76 SAVE .27

FRITO LAY, LAYS OR RUFFLES, ASST VARIETIES
Potato Chips 200 g bag **1.19**

NORDICA, 2%, PARTLY SKIMMED
Cottage Cheese 500 g ctn **1.49**

KELLOGG'S CEREAL
Corn Flakes 675 g pkg **1.49**

100% VEGETABLE OIL SOFT MARGARINE
Blue Bonnet 1 lb tub **.99**

CHEFMASTER, SMOOTH OR CRUNCHY
Peanut Butter 500 g jar **1.49**

SHIRRIFF GOOD MORNING
Marmalade 750 mL jar **2.19**

ORANGE PEKOE
Red Rose Tea Bags pkg of 60 **1.99**

PURE, 3 LITRE CTN
St. Lawrence Oil **SAVE 1.00** **4.99**

OUR REGULAR PRICE 5.99

STORE HOURS:

A&P HUGEL AVENUE

MIDLAND