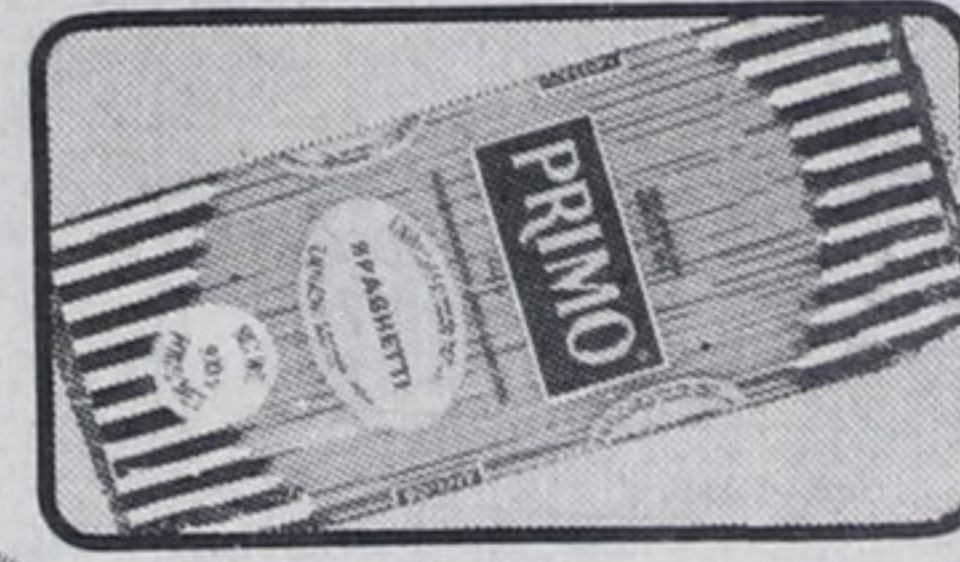


WE REDEEM ALL FOOD STORE COUPONS!

better at **A&P!**



Save .70

A premium hearty blend. Custom ground in the store when you buy it... not before.

BOKAR BEAN COFFEE
1-lb bag

2.99
(Our Reg. Price 3.69)

(3-lb bag 8.79 — SAVE 2.10)
(Our Regular Price 10.89)

Save 4.70

Diet Tab, Sprite or

CASE OF 24 COCA-COLA
10-fl-oz tins

4.99
(Our Reg. Price 9.69)

(Limit 4 cases per family purchase)
COCA-COLA 6 pack of 300 mL btl's 2.09
(Plus bottle deposit)

Save 1.00

Beatrice, Assorted Flavours

OLD FASHIONED ICE CREAM
2 litre carton

2.89
(Our Regular Price 3.89)

Save .60

Assorted Varieties

PRIMO PASTAS
900 g pkg

.89
(Our Regular Price 1.49)

You'll do better at **The Butcher Shop** at **A&P** with supermarket prices



Cut from Canada's Finest Grade "A" Beef
Outside Cut, Eye Removed

SAVE 1.76/kg
.80/lb

ROUND ROAST

5.93/kg / **2.69/lb**
(Our Regular Price 7.69/kg — 3.49/lb)

BONELESS BEEF ROASTS

Rump — Sirloin Tip or Inside Cut Round

SAVE 1.54/kg

6.37/kg / **2.89/lb** **SAVE .70/lb**

(Our Regular Price 7.91/kg — 3.59/lb)

FRESH PORK ROASTS

Shankless Picnic Shoulder

Boneless Shoulder Butt

2.40/kg / **1.09/lb** **SAVE .44/kg — .20/lb**

(Our Regular Price 2.84/kg — 1.29/lb)

2.84/kg / **1.29/lb** **SAVE .89/kg — .40/lb**

(Our Regular Price 3.73/kg — 1.69/lb)

- | | | | |
|--|---|--|--|
| FRESH, LEAN
Ground Beef 4.39/kg / 1.99/lb | CUT FROM CANADA'S FINEST GRADE 'A' BEEF, INSIDE CUT
Round Steak 6.37/kg / 2.89/lb | PICNIC SHOULDER OR SHOULDER BUTT
Pork Chops 3.06/kg / 1.39/lb
(Our Reg. Price 10.12/kg - 4.59/lb - SAVE 2.87/kg - 1.30/lb)
PREVIOUSLY FROZEN, PORK | MAPLE LEAF
Polish Sausage 3.95/kg / 1.79/lb |
| CUT FROM CANADA'S FINEST GRADE 'A' BEEF, TENDERIZED
Cube Steak 7.47/kg / 3.39/lb | CANADIAN QUEEN, SMOKED CANADIAN, BY THE PIECE
Back Bacon 6.59/kg / 2.99/lb | PRIDE OF CANADA, FROZEN, BASTED, WITH POP-UP TIMER, 5 to 7-lb AVERAGE, ROASTING
Tenderloin 7.25/kg / 3.29/lb | GAINERS BROOKFIELD, PURE PORK, BREAKFAST
Sausages 3.28/kg / 1.49/lb |
| PREVIOUSLY FROZEN, SLICED
Beef Liver 1.96/kg / .89/lb | MAPLE LEAF, REGULAR OR ALL BEEF
Wieners 1-lb vac pac 1.49 | CHICKENS 3.06/kg / 1.39/lb | CANADIAN QUEEN, HOT OR SWEET, ITALIAN STYLE
Sausage 3.73/kg / 1.69/lb |
| CANADIAN QUEEN, HALVES OR QUARTERS
Hams Boneless 5.71/kg / 2.59/lb
(Our Regular Price up to 2.39 — SAVE up to .40)
A&P, REGULAR OR THICK SLICED OR TOWN CLUB | MAPLE LEAF, REGULAR, GARLIC OR THICK
Sliced Bologna 500 g vac pac 1.69 | MAPLE LEAF, VAC PAC
Bologna Chunks 2.62/kg / 1.19/lb | MAPLE LEAF, GOLDEN FRY OR SKINLESS
Sausages 500 g pkg 1.89 |
| Side Bacon 500 g vac pac 1.99 | LUNCHEON, SLICED, CHICKEN LOAF, PICKLE & PIMENTO, LUNCHEON, MAC & CHEESE, PEPPER LOAF, ASSORTED
Cooked Meats 375 g pkg 1.69 | MAPLE LEAF, SWEET PICKLED
Cottage Rolls 3.73/kg / 1.69/lb | SWIFT, BROWN & SERVE, REGULAR OR ALL BEEF
Sausages 250 g pkg 1.79 |
| FEATURE FOODS, IN WINE MARINADE
Herring Fillets 510 g jar 3.69 | SWIFT PREMIUM, SUGAR PLUM OR MAPLE LEAF, SLICED, REGULAR, HINT OF MAPLE OR THICK
Side Bacon 500 g vac pac 2.39 | MAPLE LEAF, COUNTRY KITCHEN
Hams 2 to 2½-lb average 8.80/kg / 3.99/lb | In stores with Deli!
GAINERS, UKRAINIAN, ITALIAN, VIENNA OR DUTCH LUNCH
Salami 100 g .44/lb / 1.99 |
| FEATURE FOODS, OLD COUNTRY STYLE
Whole Herring 510 g jar 3.29 | MAPLE LEAF, SLICED
Ham Steaks 175 g pkg 1.69 | MAPLE LEAF, BRISKET
Corned Beef 5.05/kg / 2.29/lb | |

DARE BISCUITS 400 g tin / **1.79**

POTATO CHIPS 300 g pkg **1.69**

HEINZ, FANCY TOMATO JUICE 48-fl-oz tin **.99**

MUSHROOMS 10-fl-oz tin **.79**

HEINZ BEANS 14-fl-oz tin **.59**

KRAFT SINGLES 500 g pkg of 16 **2.69**

KRAFT, PROCESS CHEEZ WHIZ 500 g jar **2.59**

PRIMO, PURE VEGETABLE OIL 3 litre plastic ctnr **2.99**

PRIMO, PLAIN SPAGHETTI SAUCE 28-fl-oz tin **.99**

Tomato

HEINZ KETCHUP

375 mL bottle **.79** **SAVE .40**

(Our Regular Price 1.19)

7 Varieties Including Whole Kernel Corn (12-fl-oz)

LIBBY'S VEGETABLES

14 fl-oz tin **.59** **SAVE up to .20**

(Our Reg. Price up to .79 each)

Mon. - Sat. 9-9:30

MARCH IS DIABETES MONTH — Give to protect families from diabetes.

A&P HUGEL AVENUE

MIDLAND