

better at A&P!



SAVE up to .44

Assorted Varieties,
Layer 520 g or Snack 380 g

**DUNCAN HINES
CAKE MIXES**

pkg

.99

(Our Regular Price up to 1.43)

"In Pear Juice", Choice, No Sugar Added
Peach Halves or Slices, Pear Halves **SUPER BUY!**

**A&P
FRUIT**

28 fl-oz tin

1.39

SAVE .60

Assorted Varieties

**PRIMO
PASTAS**

900 g pkg

.89

(Our Regular Price 1.49)

(Our Regular Price 1.49)
Primo, Plain **SAVE .40**

**SPAGHETTI
SAUCE**

28-fl-oz tin

1.09

Irish, Beef or Turkey-Chicken

**CLARK
STEWES**

24-fl-oz tin

1.49

DEL MONTE, SEWED (19-FL-OZ TIN .85)

Tomatoes 10-fl-oz tin **2.99**

REFRIGERATED, HALVES IN SWEET & SOUR 24-PACK JAR

Schneiders Pickles 1.89

HUNTS 5.5-FL-OZ TIN

Tomato Paste 2 for .79

WHITE OR PINK GRAPEFRUIT, ORANGE, PURE MULTI-PACK OF 5 — 6-FL-OZ TINS

Treesweet Juices 1.99

ALL VEGETABLE (CRISCO SHORTENING 3-LB CTNR 2.99) OR

Crisco Oil Pure Vegetable 3 litre tin **5.99**

(Our Regular Price 1.79)
Clover Leaf **SAVE .30**

**PINK
SALMON**

7.75-oz tin **1.49**

A&P, Assorted Flavours **SUPER BUY!**

**JELLY
POWDERS**

3-oz pkg **3 for 1.00**

SEASONED OR CUT WAX OR GREEN BEANS, ASSORTED PEAS, CREAM STYLE CORN, PEAS & CARROTS 14-FL-OZ TIN

Del Monte Vegetables .59

A&P, UNSALTED OR 450 g PKG

Saltine Crackers .99

HUNTS

Tomato Sauce 28-fl-oz tin .79

RIO, SLICED

Mushrooms 10-fl-oz tin .99

CHEFMASTER

Corned Beef 12-oz tin **1.99**

(Our Regular Price 1.89)
Flakey Jam, Vanilla Halfmoons, Joe Louis **SAVE .30**

**VACHON
CAKES**

pkg of 6 **1.59**

Instant

NESCAFE COFFEE

10-oz jar **5.49**

SAVE .90

(Our Regular Price 6.39)

Fancy

HEINZ TOMATO JUICE

48-fl-oz tin **.99**

SAVE .28

(Our Regular Price 1.27)

You'll do better with
FROZEN FOODS from A&P

You'll do better with
FROZEN MEAT & SEAFOOD from A&P

FROZEN, CRISPY CRUST, PEPPERONI OR DELUXE

Totino's Pizza 350 g pie **2.19**

YORK, FROZEN, FANCY (FRENCH STYLE GREEN BEANS 1.79)

Petit Peas 2-lb pkg **1.69**

FROZEN, LAYER, CHOCOLATE, VANILLA OR LEMON 13-OZ CAKE

Sara Lee Cakes 1.49

WONG WING, FROZEN, 12-OZ PKG (PINEAPPLE CHICKEN 2.19)

Chicken Fried Rice 1.49

GREEN GIANT, FROZEN, "BOIL IN BAG", WITH CHEESE OR MUSHROOM SAUCE

Fish Fillets 198 g pkg **1.59**

FROZEN, STRAIGHT OR CRINKLE CUT 2-lb PKG

McCain Superfries 1.19

Frozen, Concentrated, (Our Regular Price 1.39)
Orange, White or Pink Grapefruit **SAVE .20**

**MINUTE MAID
JUICES**

12.5 fl-oz tin **1.19**

SEA BUOY, FROZEN, BREADED

Sole Portion 4.39/kg / lb **1.99**

FROZEN, BOSTON BLUE

Fish Fillets 3.06/kg / lb **1.39**

FROZEN

Sole Fillets 4.17/kg / lb **1.89**

HIGH LINER, FROZEN, BOSTON

Bluefish Fillets 16-oz pkg **1.79**

(POTATO CRISP FISH ROLLS 8-OZ PKG 1.69)

BLUE WATER, FROZEN, POTATO CRISP

Fish Portions 12-oz pkg **2.19**

SCHNEIDERS, FROZEN, BEEF OR STEAK

Meat Pies 400 g pkg **1.99**

Savarin — Beef,
Beef & Kidney, Chicken, Turkey

**FROZEN
POT PIES**

8-oz pkg **.59**



With Supermarket Prices

SAVE 1.76/kg — .80 lb

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Cut from Canada's Finest Grade "A" Beef

BEEF SALE

**T-BONE OR
WING** Steak or Roast

6.59 /kg

2.99 /lb

**SIRLOIN
STEAK**

6.15 /kg

2.79 /lb

(Our Regular Price 8.35/kg — 3.79 lb)

(Our Regular Price 7.91/kg — 3.59 lb)

CUT FROM CANADA'S FINEST GRADE "A" BEEF, BONELESS

Strip Loin Steaks 9.90 /kg / **4.49** /lb

FRESH

Lean Ground Beef 4.39 /kg / **1.99** /lb

SAVE 1.33 /kg — .60 lb

(Our Reg. Price 3.73/kg — 1.69 lb)

Smoked, Cooked

**WHOLE
HAMS** 2.40 /kg / **1.09** /lb

14 to 19-lb average

Shank Portion 2.62 /kg / lb 1.19

Butt Portion 2.84 /kg / lb 1.29

(NO CENTRE SLICES REMOVED)

Shank Half 2.84 /kg / lb 1.29

CENTRE CUTS OR

Ham Steaks 4.17 /kg / lb 1.89

Utility Grade, Frozen

TURKEYS 6 to 12-lb avg. **2.84 /kg / 1.29** /lb

Whole Turkey 2.18 /kg / **.99** /lb

Whole Turkey 4.39 /kg / **1.99** /lb

Legs Frozen

Breasts Frozen

(Our Reg. Price 10.12/kg - 4.59 lb SAVE 2.87/kg - 1.30 lb FRESHLY FROZEN, INDIVIDUALLY WRAPPED)

(Our Reg. Price 1.96/kg - .89 lb - SAVE .66/kg - .30 lb FROZEN, GREAT FOR CHICKEN STEW OR SOUP)

Pork Tenderloin 7.25 /kg / **3.29** /lb

Stewing Hens Cut-up tray pack 2 to 3-lb avg. **1.30 /kg / .59** /lb

PREVIOUSLY FROZEN

Pork Side Spare Ribs 3.28 /kg / **1.49** /lb

PRIDE OF CANADA, SWEET PICKLED, VAC PAC

Cottage Rolls 4.17 /kg / **1.89** /lb

PREVIOUSLY FROZEN, SKINLESS & DEVEINED

Sliced Beef Liver 1.96 /kg / **.89** /lb

CAMPFIRE, COIL

Garlic Sausage 3.06 /kg / **1.39** /lb

BURNS

Breakfast Sausages 3.06 /kg / **1.39** /lb

BURNS PRIDE OF CANADA, READY-TO-SERVE, BONELESS

Vintage Hams 2 to 3-lb Average **7.70 /kg / 3.49** /lb

PRIDE OF CANADA, VAC PAC

Bologna Chunks 2.18 /kg / **.99** /lb

(Our Regular Price 2.19) **SAVE .60**

Bologna 500 g vac pac **1.59**

BURNS PRIDE OF CANADA OR TOWN CLUB, SLICED 500 g vac pac

Side Bacon 1.89

PRIDE OF CANADA, Sliced, Mac & Cheese, Chicken, Bologna, Luncheon, B.B.Q. Loaf, Chicken & Pimento 175 g Vac Pac

Cooked Meats .89

PRIDE OF CANADA, REGULAR OR ALL BEEF **SAVE .70**

Wieners 1-lb vac pac **1.29**

PRIDE OF CANADA, 8 VARIETIES INCL. BEERWURST, SUMMER, SALAMI & PEPPERONI 500 g PKG

Sausage Sticks 1.99

BURNS PRIDE OF CANADA Our Reg. Price 2.79 - **SAVE 1.00**

ASSORTED VARIETIES "TRIPLE PACK" 500 g VAC PAC

Cooked Meats 1.79

In stores with Deli only

(Our Regular Price 2.09) **SAVE .80**

BURNS PRIDE OF CANADA, SLICED

Bologna 375 g vac pac **1.29**

Canada Packers, Your Choice — Regular or Jumbo Size Deli Wieners, Knackwurst or

PRIDE OF CANADA, SLICED 175 g VAC PAC

Cooked Ham 1.29

Smoked Sausage 100 g **.44 / 1.99** /lb

Mon. - Sat. 9-9:30

A&P HUGEL AVENUE

MIDLAND