

ASSORTED VARIETIES
SPAGHETTI OR MACARONI

Primo Pasta

900 g PKG. **.89**

IGA, FANCY

Tomato Juice

48-FL. OZ. TIN **.79**

IGA

Macaroni & Cheese Dinner

225 g PKG. **.25**

HUMPTY DUMPTY,
ALL VARIETIES

Potato Chips

200 g PKG. **.79**

Competitive Prices at



BONI OR FOUR STAR

Whole Mushrooms

10-FL. OZ. TIN **.79**

CRUSHED, TIDBITS OR SLICED IN SYRUP

Palanda Pineapple

19-FL. OZ. TIN **.69**

FROZEN, FANCY, CRINKLE OR STRAIGHT CUTS

McCain Superfries

2-LB. POLY BAG **.89**

PRIMO

Vegetable Oil

3 L JUG **2.99**

FRESH! PICNIC Pork Shoulder Roasts 2.18/kg .99 LB.	MARY MILES, SWEET PICKLED Cottage Rolls 2.84/kg 1.29 LB.	FRESH! SHOULDER Pork Butt Roasts 2.40/kg 1.09 LB.
SLICED, FROZEN Beef Liver 2.18/kg .99 LB.	MARY MILES, WIENERS 454 g PKG. .99	CANADIAN QUEEN Pork Sausages 2.18/kg .99 LB.
CANADIAN QUEEN, SLICED, SELECTED POPULAR VARIETIES Sandwich Meats 375 g PKG. .99	MARY MILES, SLICED Cooked Ham 175 g PKG. .99	SHOPSY'S, "DELI BAKE" Meat Pies 175 g PKG. .99
MARY MILES, SLICED Side Bacon 500 g PKG. 1.29	MARY MILES, BY THE PIECE Bologna 1.52/kg .69 LB.	NO. 1, FROZEN, DRESSED Pacific Pink Salmon 4.17/kg 1.89 LB.
SHOPSY'S "DELI FRESH" Bee Sausages 500 g PKG. 1.99	SHOPSY'S "DELI FRESH" Wieners 454 g PKG. 1.09	SHOPSY'S, SWEET PICKLED BRISKET 2 1/2 LB. AVG. Corned Beef 4.39/kg 1.99 LB.
		ASSORTED VARIETIES Shopsy's Salads 500 g TUB 1.39

FRESH for FLAVOUR

PRODUCT OF U.S.A.

Brussels Sprouts

1.30/kg
.59 LB.

PRODUCT OF U.S.A. CANADA NO. 1 GRADE

Celery Stalks

SIZE 24's **.69** EACH

PRODUCT OF ONTARIO

Mushrooms **3.51/kg 1.59 LB.**

PRODUCT OF CANADA, CANADA FANCY GRADE B.C. Anjou Pears 1.74/kg .79 LB.	PRODUCT OF ONTARIO, CANADA NO. 1 GRADE Cooking Onions .59	PRODUCT OF CANADA Northland Firelogs 2.27/kg OR 5.1 LB LOG 1.49
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE Red or Golden Delicious Apples 1.52/kg .69 LB.	PRODUCT OF ONTARIO, CANADA FANCY GRADE Ruta-bagas .42/kg .19 LB.	PRODUCT OF ONTARIO Bean Sprouts 1.08/kg .49 LB.
PRODUCT OF MOROCCO Clemantine Oranges 1.74/kg .79 LB.	PRODUCT OF ONTARIO, CANADA FANCY GRADE Ida Red Apples 1.79	PRODUCT OF ONTARIO Fried Noodles 2.18/kg .99 LB.
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE Cello Carrots .59	PRODUCT OF U.S.A. Peanuts-In-The-Shell 3.06/kg 1.39 LB.	PRODUCT OF ONTARIO, PLAIN OR WITH RADISH Alfalfa Sprouts 2 1.11/kg 4 OZ PKGS.

(CORN OIL OR SUNFLOWER OIL FORMULATIONS)
REGULAR OR UNSALTED
FLEISCHMANN'S

ONLY!

Soft Margarine SLEEVE OF 2x8-OZ. TUBS **.99** WITH THIS COUPON

ONLY ONE COUPON PER EACH SLEEVE PURCHASED
COUPON VALID AT IGA ONLY UNTIL CLOSING
SATURDAY, JANUARY 23, 1982

FEATURE PRICE WITHOUT COUPON **1.29**

DEMPSTER'S, DELI PLAIN

Rye or Pumpkin Bread 450 g LOAF **.69**

PRIMO
Chick Peas 19-FL. OZ. TIN **.59**

LAVITA, BISCUITS
Lady Fingers 3 150 g PKGS. **1.**

VEGETABLE, CHICKEN VEGETABLE, HEARTY VEGETABLE OR VEGETABLE BEEF
Lipton Soup Mixes 3 1 ENVY PKGS. **1.**

ORANGE PEKOE
Tetley Tea Bags BOX OF 144 **3.79**

FABRIC SOFTENER
Fleecy 3.6 L PLST. BTL. **2.59**

Ajax Cleanser 600 g CONT. **.69**

DEODORANT
Irish Spring Soap 95 g REG. SIZE BAR **.39**

CHOCOLATE CHIP, CHOCOLATE FUDGE, OR CINNAMON DANISH
Dare's Biscuits 450 g PKG. **1.49**

BEAVER,
Peanuts In Shell 16-OZ. PKG. **1.25**

TODDLER 48's OR EXTRA ABSORBENT 60's
Pampers Diapers PKG. **8.49**

DEODORANT OR REGULAR
Kotex Lightdays PKG. OF 30 **1.99**

Head & Shoulders Shampoo 250 mL PLST. BTL. **2.49**

Jet Soap Pads PKG. OF 18 **.99**

GLAD, POLY
Garbage Bags PKG. OF 20 **2.69**

GUSTO, FROZEN, 5-INCH SIZE CHEESE & PEPPERONI OR ALL DRESSED
4-Pack Pizzas 13-OZ. PKG. **1.99**

GAY LEA, NORDICA,
2%
Cottage Cheese 500 g TUB **1.29**

SCHNEIDER'S,
Brick, Colby or Farmers Cheese 375 g PKG. **2.39**

PRICES EFFECTIVE WED., JANUARY 20, TO SAT., JANUARY 23, 1982.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ASSORTED FLAVORS
Nestlé Mini Puddings SLEEVE OF 4x5-OZ. TINS **1.29**

POWDERED
Fab Detergent 6 L BOX **3.39**

BONI,
Plum Tomatoes 28-FL. OZ. TIN **.69**

PRIMO, PLAIN
Spaghetti Sauce 28-FL. OZ. TIN **.99**

ELMVALE IGA 8:30-6:00 Mon., Tues., Wed., Sat. 8:30-9:00 Thursday, Friday

MIDLAND IGA Yonge & Russell Streets Mon., Tues., Wed, Sat, 9-6 Thurs, Fri 9-9 Sunday 11-5

PENETANG IGA HIGH POINT MALL 9-6 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday