



Prices effective thru Saturday, October 24th, 1981. We redeem all Food Store Coupons

Here's your chance to ring up **BIG SAVINGS** in every department.



**SAVE 1.00** Regular, Filter or Automatic Drip — Coffee 1-lb vac pac beg (Our Regular Price 3.49)

500 g jar

SAVE 70c

(Our Regular Price 2.19) A&P, Instant

1.49 Days Sale SAVE 74 **Partly Skimmed** 3 quart beg (Our Regular Price 2.23) BELOW (Our Regular Price 1.89) SAVE 40c "New" Nabisco Cereel 575 g pkg

Kindergarten teachers only

1.49 Days Sale Canada Fancy, Product of Ontario, Crisp, Juley bag (Our Regular Price Ib 2.39) Canada No. 1 Grado, Product of Ontario, Notted Gams Canada No. 1 Grade, Product of U.S.A. or B.C. **PEARS** 

COME VISIT



**SAVE 1.20** 

Instant Coffee

(Our Regular Price 6.69)

SAVE 80¢

Extra Absorbent pkg of 60 or Toddler Size pkg of 48

(Our Regular Price 9.29)

SAVE up to 39c

Vegetable or Tomato

10-fi-ox tin

(Our Regular Price up to 47c each)

1.49 Days Sale



Rutabagas 3 for PRODUCT OF U.S.A., TENDER, STRINGLESS Green Beans 2 lbs PRODUCT OF FLORIDA, INDIAN RIVER, SEEDLESS, LARGE PINK Grapefruit 3 for CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, IN Cabbage Large Size 3 for PRODUCT OF ONTARIO, WASHED, GREAT IN SALL Spinach 10-oz pkg 2 for	1.4 FIRM, GI 1.4
You'll do better with BAKED GOODS from A&P!	1.4 Da Sa
E PARKER SEL CAKE  14-0z cake  14-0z cake	1
Bread 24-oz loaf 2 for 1.49  SOURCE OF NATURAL FIBRE)  LL FARMS, SLICED	H
n Bread 24-oz loaf 2 for 1.49 RKER, SLICED 16-OZ LOAF tein Bread 2 for 1.49	T S GOO
in Rolls pkg of 12 2 for 1.49 PKG OF 8 In Donuts 2 for 1.49	N QUAN
nish Bar Cake 2 for 1.49	M CHAT P
rish Fruit Cake 1.49 hpkin Pie 624 g size 1.49	U LUSTI Ki
ASP)) WITH THIS COUPON  ed	P
H 2% 149 \$	CALG
family with a minimum \$10.00 purchase day, October 24th, 1981 only. A&P # 648	FL TE

	Cabba	RADE, PRODUCT O	Size 3 for	RM,
	Spina C	ch 10-o	z pkg 2 for	DS, F
1.49 Days Sale	You'll do	better with	A&P!	1
JANE	PARKER L CAKE	14-oz cake	149	o G
Rye	Bread 2  JRCE OF NATURAL FIE	4-oz loaf <b>2</b> for	Service with	PE
Bran	Bread 2		14 07 1015	H
Twin	Rolls Donut	okg of 12 $2$ for	1.49	E NO
Span	ish Bar C	ake 2 for	1.49 25-07 CAKE	F
Pum	pkin Pie	624 g size	1.49	LUI
WIT	ASP) TH THIS COUP		My	FIE
	2% 3 quart bag	149		FCAV
Limit one per fan d until Saturday,	nily with a minimum October 24th, 1981	only. A&P # 6	=	F
	)000000000	0000000	000-0	

1.4 1.4 1.4 1.4 1.4
1.4 Da Sa
Sa
G/ B/
-11
H
T
000 D
NOTE N
QUAR
CHAT
P2
LUSTE
, Ki
P
FIEST
CALG
(Ou

	FREE PUMPKIN!
CANADA NO. 1 GRADE, PRODUCT OF CALIFORNIA, SOLID, FIRM, CRISP	PRODUCT OF U.S.A.
Head Lettuce 2 1.49	Yams 3 1.49
CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, LARGE, FRESH, CRISP	CANADA NO. 1 GRADE, PRODUCT OF ONTARIO
Celery Stalks 2 bunches 1.49	Carrots 2-lb bag 2 for 1.49 PRODUCT OF U.S.A., GREAT FOR SEAFOODS
CANADA NO. 1 GRADE, PRODUCT OF U.S.A., FAMILY PACK	Fresh Lemons 6 1.49
Tomatoes 1.5-lb pkg 1.49	PRODUCT OF U.S.A., MIX OR MATCH — GREEN ONIONS OR
CANADA NO. 1 GRADE, PRODUCT OF ONTARIO	Radishes Bunch 4 for 1.49
Rutabagas 3 1.49	CANADA NO. 1 SMALL, PRODUCT OF ONTARIO
PRODUCT OF U.S.A., TENDER, STRINGLESS	Onions Yellow Cooking 10-lb bag 1.49
Green Beans 2 1.49	GREAT FOR HALLOWE'EN SHELLOUTS
INDIAN RIVER, SEEDLESS, LARGE PINK	Peanuts 1.49
Grapefruit 3 1.49	CANADA EXTRA FANCY, PRODUCT OF U.S.A., THE PICK OF THE APPLE ORCHARD
Cahhaga 1 1 10	Apples Red or Golden 2 lbs 1.49
Cabbage Large Size 3 for 1.49 PRODUCT OF ONTARIO, WASHED, GREAT IN SALADS, FRESH	PRODUCT OF CALIFORNIA,
Spinach 10-oz pkg 2 for 1.49	Paicine 1 10
Opiniden San Z. 1.43	Raisins pkg of 14, 1/2-oz pkgs 1.49

You'll do better with

Bring your class to A&P and pick our your FREE PUMPKIN!	for Freshness & Savings PRODUCT OF SOUTH AFRICA, SWEET, VALENCIA
	Oranges Jumbo 4 for 1.49
3 lbs 1.49	Avocados 2 for 1.49
bag 2 for 1.49	Brussels Sprouts 2 lbs 1.49
S 6 for 1.49 H — GREEN ONIONS OR	Oranges Valencia 12 for 1.49 PRODUCT OF ONTARIO, IDEAL IN SALADS, FRESH
4 for 1.49	Bean Sprouts 3 1.49
ng 10-lb bag 1.49	Onions 2-lb bag 2 for 1.49
16 1.49 DF U.S.A.,	Black Grapes 1599¢
den 2 lbs 1.49	Tropical Plants 2 for 1.49
//2-oz pkgs <b>1.49</b>	African Violets 1.49

A GOOD SOURCE OF NATURAL FIBRE) STONEMILL FARMS, SLICED  Bran Bread 24-oz loaf 2 for 1.49 JANE PARKER, SLICED  PER 16-OZ LOAF PROTEIN Bread 2 for 1.49
Rye Bread 24-oz loaf 2 for 1.49 (A GOOD SOURCE OF NATURAL FIBRE) STONEMILL FARMS, SLICED  Bran Bread 24-oz loaf 2 for 1.49 JANE PARKER, SLICED  Protein Bread 2 for 1.49 Protein Bread 2 for 1.49  Protein Bread 2 for 1.49
Bran Bread 24-oz loaf 2 for 1.49 HA
Plain Donuts 2 for 1.49 KG OF 8 N
Spanish Bar Cake 2 for 1.49 CH Spanish Bar Cake 2 for 1.49 CH SANE PARKER English Fruit Cake 1.49
English Fruit Cake 1.49 JANE PARKER Pumpkin Pie 624 9 5120 1.49 WASP
WITH THIS COUPON artly Skimmed FRESH 2% 149

Days HEALTH & BEAUTY AIDS AND Sale GENERAL MERCHANDISE from A&P
GARBAGE pkg of 10 2 pkgs 149
Halo Shampoo 1.49
Toothbrushes 3 for 1.49
Shave Cream 1.49
Disposable Razors 6 pkgs 1.49 KOTEX MINI PADS PKG OF 10
New Freedom 2 pkgs 1.49
Motor Oil 1 litre fin 1.49 CHATELAINE, BEIGE OR SPICE, ONE SIZE FITS ALL
Pantyhose 3 for 1.49
Ultra Brite 50 ml tube 2 for 1.49
Kitchen Utensils 2 for 1.49
Popcorn Bowl each 1.49 PKG OF 24
Plastic Cutlery 2 Pkgs 1.49
Water Softener 3.49
Our Regular Price 3.29) Orange Pekoe  FLOWERDALE  Pkg  AQ  OAQ
TEA BAGS of 100 249

Days Sale FROZEN FOODS from	THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.
ORANGE 6.5-fl-oz 3	for 149
French Fries 3	3 for 1.49
Layer Cakes 13-02	14-OZ PKG
Cooked Squash	3 for 1.49
Quiche Lorraine	
Cauliflower 10-oz pkg 2 CARNATION, FROZEN Hash Browns 2	for 1.49 2-LB PKG for 1.49
Cod Fillets	<b>1.49</b>
Cohoe Salmon BLUE WATER, FROZEN, BOSTON BLUE	<b>62.49</b>
SEA BUOY, FROZEN, BOSTON BLUE	oks 2.49
Fish Portions	№1.49
Haddock Fillets	15 1.49 250 g PKG
Schneiders Pies  (Our Regular Price 4.55)	1.49
Powdered Laundry	SAVE 1.06

DETERGENT NEW STORE HOURS:

FAB