



We reserve the right to limit quantities to normal family requirements!



Prices effective thru Saturday, October 3rd, 1981

You'll do better **Pre-**  
with A&P's ...

## Truckload Sale of BAKING SUPPLIES!

**SAVE 70¢**

Fine, Granulated  
**WHITE SUGAR**  
2 kg bag

**129**

(Limit 10 bags per family purchase)  
(Buy a bale of 10, SAVE \$7.00)  
(Our Regular Price 1.99)

**SAVE up to 88¢**

Regular or Unbleached  
**FIVE ROSES FLOUR**  
2.5 kg bag

**199**

(Our Regular Price up to 2.87)

(Our Regular Price 2.45)  
Butterscotch or Semi-Sweet  
**CHOCOLATE CHIPITS**  
350 g pkg

**199**

SAVE 46¢

(Our Regular Price 2.89)  
Regular  
**BLUE BONNET MARGARINE**  
2-lb pkg

**249**

SAVE 40¢



**SUPER BUY!**

Marvel, Made with 100% Vegetable Shortening  
**SLICED WHITE BREAD**  
24-oz loaf

**59¢**

Blue Bonnet  
**SOFT MARGARINE**  
1-lb tub **79¢**



**SAVE 1.40**

Silverwood, Assorted Flavours, Canadian  
**SUPREME ICE CREAM**  
2 litre carton

**229**

(Our Regular Price 3.69)

(Our Regular Price 1.79)  
Jane Parker  
**GOLD POUND CAKE**  
18-oz cake **149**

SAVE 30¢

(Our Regular Price 3.99)  
Liberty, Mixed Cherries or  
**RED CHERRIES**  
450 g ctnr

**299**

SAVE 1.00

Beaver  
**WALNUT PIECES**  
450 g pkg

**299**

(Our Regular Price 2.79)  
PURE VEGETABLE OIL  
**Pam Spray** 13-oz aerosol tin **2.39**

SAVE 40¢

(Our Regular Price 4.99)  
PLANTERS  
**Peanut Oil** 1 litre bottle **4.59**

SAVE 40¢

A&P, REGULAR  
**Evaporated Milk** 3.85 ml TIN **55¢**

You'll do better with **KELLOGG'S "BREAKFAST IN THE SUN" SALE!**

**KELLOGG'S RAISIN BRAN** 800 g pkg **249**

KELLOGG'S, FROZEN, REGULAR OR BLUEBERRY  
**Eggo Waffles** 11-oz pkg **99¢**

GOOD MORNING, SHIRRIFF  
**Marmalade** 750 ml jar **1.99**

Orange Pekoe  
**SALADA TEA BAGS** pkg of 60 **189**

Regular or Mint Flavours  
**CREST TOOTH PASTE** 100 ml tube **159**

MOIST TOWELETTES  
**Wet Ones** pkg of 70 **1.99**

CLAIROL, SHAMPOO 550 ml PLASTIC BOTTLE  
**Herbal Essence** **2.99**

DEODORANT, REGULAR OR SUPER, "BONUS" PKG OF 30  
**Playtex Tampons** **3.49**

A&P, "ALL-IN-ONE"  
**Panty hose** pkg **1.49**

COME VISIT **THE FARM at A&P** for Freshness & Savings

Product of California, Sweet, Juicy  
**VALENCIA ORANGES**

Prod. of California, Great with Cheese Sauce  
**FRESH BROCCOLI** bunch **99¢**

**18 for 199**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO <b>Bosc Pears</b> 4 quart basket <b>299</b>	PRODUCT OF CALIFORNIA, SWEET, RIPE, LUSCIOUS, FRESH <b>Strawberries</b> pint <b>99¢</b>	CANADA NO. 1 GRADE, PRODUCT OF CALIFORNIA, SUGAR SWEET, JUICY, JUMBO <b>Cantaloupe</b> each <b>99¢</b>
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PRODUCT OF CALIFORNIA, CRISP, SWEET, JUICY, PLUMP, THE NATURAL SNACK  
**Red or Black Grapes** lb **99¢**

CANADA FANCY, PRODUCT OF ONTARIO, THE PICK OF THE CROP  
**McIntosh Apples** 3-lb bag **1.59**

PRODUCT OF CENTRAL AMERICA, LARGE SIZE, GOLDEN RIPE  
**Dole Bananas** 2 lbs **88¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, LARGE, SNOW WHITE, DELICIOUS RAW OR COOKED  
**Fresh Cauliflower** each **89¢**

PRODUCT OF U.S.A., THANKSGIVING FAVOURITE  
**Fresh Cranberries** 12-oz pkg **88¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO  
**Carrots** 5-lb bag **99¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO  
**Green Sweet Peppers** 3 lb **59¢**

CANADA NO. 1 GRADE, PRODUCT OF U.S.A.  
**Sweet Onions** Spanish Type lb **49¢**

PRODUCT OF ONTARIO  
**Pepper Squash** 3 for **99¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO  
**Rutabagas** 2 for **99¢**

CANADA NO. 1 GRADE, PRODUCT OF CANADA OR U.S.A., SWEET, JUICY  
**Bartlett Pears** lb **69¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, BEST FOR JELLY, DESSERTS, BLUE  
**Concord Grapes** 4-qt basket **2.99**

CANADA NO. 1 MINI GRADE, PRODUCT OF QUEBEC, TENDER, SWEET  
**Mini Carrots** 12-oz pkg **59¢**

PRODUCT OF ONTARIO, GREAT IN SALADS  
**Fresh Bean Sprouts** 2 lbs **99¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, LARGE SIZE, FIRM, SOLID HEADS  
**Green Cabbage** 2 for **99¢**

PRODUCT OF MEXICO  
**Pink Grapefruit** 5 for **1.99**

ASSORTED COLOURS  
**Cyclamen** 6-inch pot **5.99**

PRODUCT OF U.S.A., FRESH ROASTED  
**Peanuts In Shell** 12-oz pkg **1.49**

Kellogg's  
**CORN FLAKES** 675 g pkg **149**

SAVE 30¢

(Our Regular Price 1.79)

Regular or Automatic, Decaffeinated Coffee  
**MAXWELL HOUSE** 1-lb vac pac bag **399**

SAVE 60¢

(Our Regular Price 4.59)

(Our Reg. Price up to 1.99)  
Polski Ogorki Plain or Garlic, Bread 'N Butter  
**HEINZ PICKLES** 1 litre jar **139**

STONEMILL FARMS, SLICED, "A Good Source of Natural Fibre"  
**Bran Bread** 24-oz loaf **69¢**

JANE PARKER, DUTCH APPLE 624 g PIE OR  
**Lemon Pie** 620 g size **99¢**

INSTANT 900 g OR QUICK COOKING 1 kg  
**Quaker Oats** pkg **1.49**

INSTANT, ASSORTED VARIETIES  
**Royal Puddings** 2 for **99¢**

NATURE VALLEY, ASSORTED VARIETIES  
**Granola Bars** 275 g pkg **1.39**

JELLY MALLOWES OR CARAMELO  
**David Biscuits** 450 g pkg **1.69**

CARNATION, INSTANT, RICH, MARSHMALLOW OR MILK  
**Hot Chocolate** 28 g pkg of 10 pkgs **1.59**

Instant Coffee  
**TASTER'S CHOICE** 8-oz jar **559**

MIX & MATCH! — Icing Mixes 7.5-oz or Moist Plus, Assorted Varieties  
**MONARCH CAKE MIXES** 250 g pouch pack **2 for 99¢**

MARBLE, FARMERS, HAVARTI, MOZZARELLA CHEESE 12-OZ PKG  
**Black Diamond** **2.19**

ELBOW MACARONI, SPAGHETTI OR SPAGHETTINI  
**Romi Pastas** 1kg pkg **1.29**

ROMI, PLAIN, MEAT OR MUSHROOM 14-FL-OZ JAR  
**Spaghetti Sauces** **69¢**

**Chefmaster** 12 oz. tin

**Corned Beef** 1.99

BEAVER, BLANCHED  
**Peanuts** 2-lb cello pkg **3.99**

BRUNSWICK, IN OIL, MUSTARD OR TOMATO SAUCE  
**Sardines** 3.25-oz tin **2 for 89¢**

LIPTON, ASSORTED VARIETIES PKG OF 4 ENVELOPES  
**Cup-A-Soup Mix** **79¢**

Cheese  
**KRAFT PIZZA MIX** 850 g pkg **199**

**NEW STORE HOURS:**

**A&P HUGEL AVENUE**

**MIDLAND**