



NOW CUT FAMILY VACATION AND TRAVEL COSTS WITH... **A&P**

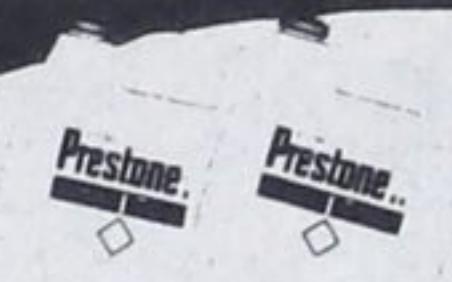
We reserve the right to limit quantities to normal family requirements!
PRICES EFFECTIVE THRU SATURDAY, SEPTEMBER 12th, 1981

Prepare your car for winter now!

Super Buy!

PRESTONE II
ANTI-FREEZE

GET \$3.00
BACK ON
PRESTONE II



See our store display for details on how you collect your \$3.00 manufacturer's refund on purchase of 2 jugs of Prestone II, \$1.50 refund on 1 jug.

OFFER EXPIRES SEPTEMBER 30, 1981

7.99
4 litre plastic container

Prestone ANTI-FREEZE/COOLANT TESTER only 4.99

10W30 **GULF MOTOR OIL** 1 litre tin **99¢**

Chinook Anti-Freeze For 4 litre plastic ctnr **WINDSHIELD WASHER** **1.19**

COME VISIT **THE FARM at A&P** for Freshness & Savings!
Canada No. 1 Grade, Product of Ontario, Large Size, Tender,
SWEET CARROTS
5-lb bag **89¢**

Product of California, Sweet, Juicy
NECTARINES
lb **48¢**

PRODUCT OF CALIFORNIA, DELICIOUS RAW OR COOKED
Fresh Broccoli
bunch **99¢**

"THE NATURAL SNACK" RED, BLACK OR SEEDLESS
Green Grapes
lb **99¢**

CANADA NO. 1 GRADE, PRODUCT OF CALIFORNIA, LARGE SIZE, VINE RIPE
Cantaloupe
each **99¢**

PRODUCT OF ONTARIO, FRESH DAILY, DELICIOUS RAW OR COOKED
Mushrooms lb **1.99**

CANADA FANCY, PRODUCT OF ONTARIO, NEW CROP, CRISP, JUICY
Apples Madntosh 3-lb bag **1.49**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, YELLOW
Cooking Onions 5-lb bag **1.29**

PRODUCT OF SOUTH AFRICA, SWEET, JUICY LARGE SIZE
Oranges 88's 12 for 2.69

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, "GREAT IN SALADS"
Cucumbers 3 for **89¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO
Celery Hearts bunch **69¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO
Reiger Begonias 4-INCH POT **1.59**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, SWEET, JUICY
Prune Plums lb **49¢**

PROD. OF CALIFORNIA, 'A REAL TREAT' 4-qt. BASKET
Blue Grapes **2.99**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, SNOW-WHITE
Cauliflower each **89¢**

CANADA NO. 1 GRADE, PRODUCT OF CALIFORNIA, "GREAT FOR SNACKS"
Red Plums lb **69¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, "IDEAL FOR STUFFING"
Green Peppers 6 for **99¢**

CANADA NO. 1 GRADE, PRODUCT OF ONTARIO, PICK OF THE CROP
Tomatoes 4-qt basket **1.99**

MARTIN'S HAPPY HOUR 'IT'S SNACK TIME AGAIN'
Popping Corn 2-lb bag **99¢**

BAG LUNCHES

It is difficult to make a sandwich without good nutritious bread, rolls or buns. Today bread and bread products are available in your A&P Store in almost limitless varieties to meet the taste requirements of everyone young and old. All Jane Parker Breads are made with 100% vegetable shortening. In an age in which people have never been more aware of sound nutrition, bread is one of the recommended foods to be consumed every day. Instead of worrying about different fillings for that lunch box sandwich, consider different types of bread; these may add as much variety as changing the filling. The choice is almost endless: whole wheat, cracked wheat, rye pumpernickel also rolls of various shapes and sizes all add welcome relief to basic

enriched white bread. A simple hot dog bun can change a sandwich into a mini-sub. Try some of these fillings: peanut butter mixed with chopped dates moistened with orange juice on raisin bread; or cream cheese, chopped salted peanuts, onion salt, moistened with salad dressing on rye or pumpernickel; shredded swiss cheese and carrots with chopped nuts and raisins mixed with mayonnaise on whole wheat or inside an onion bun. The Bakery Council of Canada have a useful leaflet, "The Portable Lunch". Write to them at P.O. Box 61, Toronto Dominion Centre, Toronto M5K 1G5, for your copy. Ruth Reynolds, A&P Consumer Consultant.



SAVE 80¢
Regular, Fine or Extra Fine Tradition
NABOB COFFEE
1-lb vac pac bag
2.69
(Our Regular Price 3.49)
Instant **A&P COFFEE CREAMER** 375 g jar **1.49**



SUPERBUY!
Smooth or Crunchy
KRAFT PEANUT BUTTER
750 g jar
2.99
(Our Regular Price 2.69)
Old **SANDWICH BAGS** pkg of 200 **2.39** SAVE 30¢

Skinless or Golden Fry, Pure Pork
MAPLE LEAF SAUSAGES
500 g pkg **1.99** SAVE 80¢
(Our Regular Price 2.79)

Pork Side, Previously Frozen
SPARE RIBS
lb **1.79** SAVE 50¢ lb
(Our Regular Price 2.29 lb)

GRADE "A", EVisCERATED 4 to 5-lb AVERAGE VAC PAC
Frozen Ducks lb **1.39**
GRADE "A" CORNISH, FROZEN 22 to 24-OZ AVERAGE
Game Hens lb **1.79**
SKINLESS & DEVEINED, PREVIOUSLY FROZEN
Sliced Beef Liver lb **99¢**
A&P BRAND, REGULAR OR THICK SLICED
Side Bacon 500 g pkg **1.99**

MARY MILES, SLICED
Side Bacon 500 g vac pac **1.89**
CANADIAN QUEEN, HOT OR SWEET
Sausage Italian Style lb **1.49**
MARY MILES VAC PAC
Bologna Chunks lb **1.19**
CANADIAN QUEEN, SLICED 175 g VAC PAC
Cooked Ham **1.49**

Marvel, Sliced
WHITE BREAD
2.109 Buy 2 SAVE 37¢
24-oz loaves
Our reg. price 73¢ loaf

Mini, Assorted Varieties
LAURA SECORD PUDDINGS
pkg of 4, 5-oz tins **1.29** SAVE 50¢
(Our Regular Price 1.79)

NICE, DIGESTIVE, SHORTCAKE, ARROWROOT, FRUIT SHORTCAKE RICH TEA, CHIP RING
Peek Fren Cookies 400 g tin tie bag **1.59**
JANE PARKER, CHERRY 1.99 OR
Raisin Pie 620 g pie **1.49**
2 CHEESE PIZZA MIX
Chef Boy-Ar-Dee 28 7/8-oz pkg **1.99**
READY-TO-SERVE (Veg., Beef or Beef Noodle 3 for 89¢)
Heinz Soups Varieties 8-fl-oz tin **4 for 99¢**
BETTY CROCKER, ASSORTED VARIETIES
Mug-O-Lunch 85 g pkg **69¢**
SPAGHETTI, ZOODLES OR ALPHA-GETTI, IN TOMATO SAUCE
Libby's Pastas 19-fl-oz tin **69¢**
ORANGE FLAVOUR
Tang Crystals poly pkg of 4, 3.5-oz envs **1.49**

SEALTEST, SMOOTH & CREAMY
Cottage Cheese 500 g carton **1.19**
ASSORTED VARIETIES
Lancia Pastas 1 kg pkg **1.19**
BRAVO, PLAIN
Spaghetti Sauce 28-fl-oz tin **1.19**
ORANGE PEKOE (PAPER)
Red Rose Tea Bags pkg of 60 **1.89**
FROZEN, CHERRY CHEESECAKE, STRAWBERRY SHORTCAKE, CHOCOLATE OR COCONUT CREAM PIE 170 g PKG OF 2 TUBS
Sweet 'N Sassy Desserts **99¢**
ARROW
Keta Salmon 7.75-oz tin **1.29**
DRY ROASTED
Beaver Peanuts 325 g pkg **2.19**

Corn Oil
CHEFMASTER 1-lb tub **79¢**
SOFT MARGARINE

(Our Regular Price 1.79) SAVE 50¢
Colonial, Assorted Varieties Including
CHOCOLATE CHIP COOKIES 450 g tin tie bag **1.29**

NEW STORE HOURS:

A&P HUGEL AVENUE

MIDLAND