

SUPER BUY!

Mountain Dew, or

carton of 6-250 ml btls

Plus bottle deposit

200 g pkg



SAVE 18¢

Wildmere

\$10.00 purchase) lb

(Our Regular Price 2.07)

Assorted Varieties Including Boof & Irish



SAVE 54¢

Premium 73/4-oz tin

Compare to our regular retail price of Clover Louf at 2.53)

SMALL PORTION MEAT PACKAGING

To provide you with convenience and service our meat department has small portion packaging. Great for one or two people. Select from an assortment of steaks, stewing meat, chops, ground meats, chicken, sausages and small roasts.

SAVE up to 1.00 b

Cut from Canada's Finest Grade 'A' Beef Semi-Boneless Blade - Chuck Short Rib

(Our Regular Price Ib up to 2.79)

(Vegetable Beef 10-fl-oz tin 2 for 99c)

HEINZ Mushroom 10-fl-oz tin

SILVERWOOD, DELUXE SANDWICH Ice Cream Bars

1.49 175 g tub 2 for 99¢ Yogourt

500 g pkg 2.49 Hawaiian Punch 1.09

(Our Regular Price 2.69)
"New" Kellogg's

Beef, Chicken, Salisbury Steak or Turkey

11-oz pkg

Sole Fillets **1.69**

Beef Steakettes 1.39 STOUFFER'S, FROZEN, CHICKEN, BEEF OR TURKEY

Meat Pies "NEW", CAVENDISH FARMS, FROZEN, STRAIGHT OR CRINKLE CUT

Oven Crisps 2-lb pkg 99¢

SAVE 20c FROZEN, DEEP 'N Delicious Deluxe 15-oz pkg 2.29)

Pepperoni 14-oz pkg

10-oz pkg 1.59

SAVE 50¢ lb Combination Pack - Loin

> Contains: 2 Rib End 2 Loin End 4 Centre Cut

(Our Regular Price lb 2.19)

ROAST OR CHOPS

Rib Portion or 3-31/2-lb Cut

Tenderloin Portion (Boneless Rib Portion Ib 2.59)

(Our Regular Price lb 2.09)

Assorted Flavours

of 24 10-fl-oz tims

COTTS ASSORTED F' AVOURS BEVERAGES 6 PACK OF 10-FL-OZ BTLS 1 75

GREAT GETAWAYS

& GIVEAWAYS

Collect up to \$500 and more in A&P Great Getaway Giveaway gift certificates when you book a holiday or travel through TCA

World Travel Service. Save up to 30% on Hertz car rental, too.

Pick up brochure at your A&P store.

Get free maps and travel information.

Frozen, Concentrated, Clear or Pink

fl-oz tins

(Our Regular Price 59c)

(Our Reg. Price 3.39 - SAVE 40c) KINGSFORD BRIQUETS 10-lb bag 299



Spare Ribs

A&P BRAND, REGULAR OR THICK SLICED Side Bacon 500 9 pkg 1.99 Hams Vac pac

Side Bacon 500 g pkg 1.99

Cottage Rolls MAPLE LEAF, READY-TO-SERVE

(Our Reg. Price lb 1.19 - SAVE 20c lb) 6 to 10-lb average Utility Grade, Frozen

Grade "A" Turkeys

SLICED, SKINLESS AND DEVEINED, PREVIOUSLY FROZEN Beef Liver

MAPLE LEAF, BAVARIAN Sausage

Wieners Sausage Breakfast 1.39 Cole Slaw

Bologna All Beef 1.39 Cross Rib Roast \$2.09 Cooked Ham Cooked Meats 89¢

BRICK, FARMER, COLBY OR AMERICAN MOZZARELLA Cheese

№99¢ Bologna Chunks №1.39

500 g pkg 2.39 Polish Sausage 1 1.99 1-lb vac pac 1.49 Dinner Hams 1-2.89

1.49 Blade Steaks \$1.79

Ground Beef 1.79

In Stores with Deli Shop! Stewing Beef 1.89

Stewing Beef \$2.09

Cream Cole Slaw 1.09 Turkeys 610 12-16 avg. 16 1.39

Tues to Thursday 9 to 9:30; Fri. & Sat. 8-9:30

EVENING PERFORMANCES.