

Prices effective thru Saturday, June 27th, 1981

"Action Prices" are special savings all over the store in . . Groceries, Frozen, Dairy, Health' and Beauty Aids and General Merchandise. You'll get extra savings every week at A&P wherever you see the Action Price sign. One more reason you'll do better at A&P!



Don't miss our great FARM SPECTACULAR

Product of Florida, Sweet, Tender, Golden

Canada No. 1 Grade

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Product of Ontario m

Product of California, Tender, Green

Large, Fresh, Crisp, Tender

Canada No. 1 Grade, Product of California,

Canada No. 1 Grade, Product of California, Large, Vine Ripened, Sweet, Juicy

PRODUCT OF CALIFORNIA, SWEET Juicy Nectarines 1698¢ CANADA NO. 1 GRADE, PRODUCT OF CALIFORNIA, SWEET, JUICY, RED Santa Rosa Plums 1698¢

CANADA FANCY, PRODUCT OF SOUTH AFRICA, CRISP, SWEET, JUICY Granny Smith Apples №88¢ CANADA FANCY, PRODUCT OF ONTARIO, THE PICK OF THE APPLE ORCHARD

McIntosh Apples 3-16 bag 1.39 DOLE OR CHIQUITA, GOLDEN RIPE Large Size Bananas 2 № 99¢

PRODUCT OF ONTARIO, LONG, GREEN Seedless Cucumbers • 98¢

PRODUCT OF SOUTH AFRICA, WHITE, SEEDLESS 6 for 1.99 Grapefruit CANADA NO. 1 GRADE, PRODUCT OF U.S.A., FIRM, RIPE, LARGE SIZE 1698¢ Red Tomatoes PRODUCT OF ONTARIO, SNOW WHITE

Fresh Mushrooms №1.98 CANADA EXTRA FANCY, PRODUCT OF WASHINGTON Red Delicious Apples №69¢ CANADA NO. I GRADE, PRODUCT OF U.S.A., GREEN

Product of California, Rich in Minerals BUTTER SMOOTH

CANADA NO. 1 GRADE, PRODUCT OF U.S.A., TENDER, SWEET Fresh Carrots 2-lb bag 98¢ PROD. OF TEXAS, SWEET, JUICY, REFRESHING Honeydew Melons each 98¢ PRODUCT OF U.S.A.

Fresh Green Beans PRODUCT OF U.S.A., SWEET, RIPE, WHOLE each 2.99 Watermelons PRODUCT OF U.S.A.

Fresh Blueberries pint 1.49 PRODUCT OF CALIFORNIA, SWEET PERLETTE, THE NATURAL SNACK, GREEN Seedless Grapes №1.99 CANADA NO. 1 GRADE, PRODUCT OF CALIFORNIA, SNOW WHITE

Fresh Cauliflower each 1.79 PRODUCT OF ONTARIO, FRESH, IDEAL IN SALADS, GREEN ONIONS OR Radishes 3 bunches 99¢

PRODUCT OF FLORIDA, JUICY, **EXCELLENT WITH BEVERAGES & SALADS** Seedless Limes 10 for 99 ¢

LEMONADE, GRAPE COCKTAIL, FRUIT PUNCH J.B. Fruit Drinks 64-fl-oz bil 99¢ ASSORTED COLOURS

## STRAWBERRY SPECTACULAR

**Sweet Peppers** 

It's Strawberry Season, and the good news is that these sweet, juicy berries are low in calories, (one cup, unsweetened equals about 60 calories), low in sodium and high in vitamir C.

Choose berries that are medium in size, bright red in colour, and free of bumps and bruises. To preserve their freshness, store without rinsing on a loosely covered shallow tray in the refrigerator for up to three days. Rinse strawberries gently just before using.

## STRAWBERRIES ROMANOFF

2 pints strawberries 8 ounces vanilla ice cream 1 cup whipped cream or whipped

topping, juice of 1/2 lemon 3 tablespoons orange liqueur (optnl.)

Wash, hull and chill berries. Soften ice cream slightly, whip until fluffy. Fold in whipped cream and lemon juice. Add liqueur. Spoon sauce over berries. Makes 6 servings.

> Ruth Reynolds, A&P Consumer Consultant



3 for 99¢

You'll do better with **HEALTH & BEAUTY AIDS AND** GENERAL MERCHANDISE from A&P

4" pot 1.69

(BONUS PACK 200 ml PLUS 50 ml "FREE") ANTI-PERSPIRANT, REGULAR OR UNSCENTED

**African Violets** 

(BONUS PACK 300 ml PLUS 50 ml "FREE")

ASSORTED TYPES 350 ml AEROSOL TIN Foamy Shave Cream 1.99

ROLL-ON DEODORANT, REGULAR OR UNSCENTED 100 ml bottle 1.49

Aim Toothpaste GOOD NEWS DISPOSABLE

Razors pkg of 5 2 pkgs 99¢ Mountain Dew, Regular or Diet

750 ml PEPSI-COLA SAVE

(Our Regular Price 69c)



1-lb bag (Our Regular

Price 3.39) (3-lb bag 7.99 - SAVE 2.10) (Our Regular Price 10.09)



SAVE 46#

Choice, Vitaminizad

48-fi-oz tin

(Our Regular Price 1.25)

(Our Regular Price 4.79)

SAVE 26c

SAVE 30c

**Toddler Size** 

(Our Regular Price 99c)

A&P, REGULAR OR MINIATURE

Marshmallows 10-oz pkg 69¢ (Our Regular Price 35c each) 4 jars 99c STRAINED MEATLESS VARIETIES BUY A CASE & SAVE 2.51 CASE OF 24, 4.5-FL-OZ JARS

Heinz Baby Foods 5.89

(Our Regular Price 1.85) SAVE 20c Flaked White, Albacore

SAVE 50¢

Raisin Bread 16-oz loaf 89¢

Jane Parker, Sliced

pkg of 12 89¢

Small Size

Case of 12

(Medium Size — Case of 12, 3.39) (Our Reg. Price up to 69c ea.) Buy 2 - SAVE up to 39c

Red Kidney Beans & Choice Peas & Carrots 14-fl-oz tin

Assorted Varieties Incl. Fancy Whole Kernel Corn (12-fl-oz)

CHOCOLATE CHIP, COUNTRY OR COCONUT CREME Dare Biscuits 1.69 LUXURY, ASSORTED VARIETIES 6.5-OZ TIN Pamper Cat Food 3 for 1.00 Oxydol or Cheer 3.99

(Our Regular Price 1.65)

PRESERVING JARS CON WHOLE WHEAT BR Buy 2 losves SAVE (Our Regular Price 79c loaf)

(Our Regular Price 1.79)

12-oz tin

Heinz Relishes 375 ml jar 79¢

Puddings pkg of 4, 5-oz tins 1.39

3 litre container 4.99

ScotTowels pkg of 2 rolls 1.19 Del Monte 14-fl-oz tin 2 for 99 \$

Wyler's Crystals 2.59 Libby's Beans 14-fl-oz fin 59¢

12-oz pkg

KINGSFORD BRIQUETS

NEW SIUKE HUUKS: