

Competitive Prices at



FROZEN, CHICKEN, BEEF,
TURKEY OR BEEF & KIDNEY
Savarin Pot Pies
8-OZ. PKG. **.49**

SPAGHETTI OR MACARONI
ASSORTED VARIETIES
Primo Pasta
900 g PKG. **.99**

CARLTON CLUB, COLA,
GINGER ALE OR ORANGE
Soft Drinks
CASE OF 24 x 10-FL. OZ. TINS **3.99**

ALL PURPOSE GRIND
Chase & Sanborn Coffee
1-LB. BAG **2.49**

PRIMO, PLAIN
Spaghetti Sauce
28-FL. OZ. TIN **.89**

ALL PURPOSE
Monarch Flour
2.5 Kg BAG **1.89**

CHEF-BOY-AR-DEE
Beefaroni, Mini Ravioli or Spaghetti & Meat Balls
15-FL. OZ. TIN **.69**

POWDERED
Sunlight Detergent
6 L BOX **3.19**

FRESH for FLAVOUR
PRODUCT OF U.S.A.
CANADA NO. 1 GRADE
Head Lettuce
EACH **.39**

PRODUCT OF U.S.A.
CANADA NO. 1 GRADE
Cabbage
EACH **.59**

PRODUCT OF U.S.A.
Sunkist Navel Oranges
SIZE 88's DOZ. **1.99**

PRODUCT OF U.S.A. Avocadoes 2 SIZE 40's FOR 1.	PRODUCT OF U.S.A. Spinach 10-OZ. PKG. .89
PRODUCT OF CANADA CANADA FANCY GRADE Red or Golden Delicious Apples LB. .59	PRODUCT OF U.S.A. Cello Radish 16-OZ. PKG. .69
PRODUCT OF ONTARIO CANADA FANCY GRADE McIntosh Apples 3-LB. BAG EACH 1.19	PRODUCT OF U.S.A. Green Onions 3 BUNCHES FOR .99
PRODUCT OF ONTARIO CANADA NO. 1 GRADE Greenhouse Seedless Cucumbers EACH .99	PRODUCT OF U.S.A. Mini Carrots 2 12-OZ. PKGS. FOR 1.
PRODUCT OF U.S.A. Endive or Escarole 2 FOR 1.	PRODUCT OF ONTARIO PLAIN OR WITH RADISH Bean Sprouts LB. .39
	PRODUCT OF ONTARIO PLAIN OR WITH RADISH Alfalfa Sprouts 2 4-OZ. PKGS. FOR 1.

CUT FROM CANADA
GRADE "A" BEEF
BLADE BONE REMOVED
Blade OR CHUCK

Short Rib Roasts
1.45
LB.

EVERSWEET, SLICED
Side Bacon
1.29
500 g PKG.

SCHNEIDER'S,
English Style Sausage
1.79
LB.

CUT FROM CANADA GRADE "A" BEEF
Blade Steaks
1.59
LB.

CUT FROM CANADA GRADE "A" BEEF
Cross Rib Steaks
1.99
LB.

SCHNEIDER'S, SLICED
SELECTED POPULAR VARIETIES
Sandwich Meats
175 g PKG. **.79**

SCHNEIDER'S, COOKED, SMOKED, 3-LB. AVERAGE
Olde Fashioned Hams LB. **3.79**
SCHNEIDER'S, **Wieners** 1-LB. PKG. **1.89**
SCHNEIDER'S, SLICED **Side Bacon** 500 g PKG. **1.99**
SCHNEIDER'S, **Sausage Rolls** 500 g PKG. **1.99**
SCHNEIDER'S, **Quiche Lorraine** 200 g PIE **1.19**

CUT FROM CANADA
GRADE "A" BEEF
Cross Rib OR Boneless Shoulder Roasts
1.75
LB.

SWIFT PREMIUM
Wieners
1.19
1-LB. PKG.

SCHNEIDER'S,
WHOLE-CUT-UP
Fried Chicken
3.69
900 g BOX

ASSORTED VARIETIES, SOFT DRINKS
Canada Dry 6 300 mL BTLs FOR PLUS 90¢ DEP. ON BTLs. **1.99**

PRIMO,
Vegetable Oil 3 L TIN **3.29**

PRIMO,
Tomato Paste 3 5 1/2-FL. OZ. TINS **1.**

PRIMO, CHOICE
Italian Tomatoes 14-FL. OZ. TIN **.43**

SUN SQUEEZE, RECONSTITUTED, APPLE, GRAPEFRUIT, PINEAPPLE OR ORANGE
Fruit Juices 6 10-FL. OZ. TINS **1.49**

STOKELY, DARK RED OR NEW ORLEANS STYLE
Kidney Beans 14-FL. OZ. TIN **.49**

Select Dog Food 4 Kg BAG **4.29**

BILLY BEE, CANADA NO. 1 WHITE
Liquid or Creamed Honey 12-FL. OZ. TUMBLERS OR 12-OZ. MUG **1.19**

FRENCH'S,
Prepared Mustard 12-FL. OZ. PUMP JAR **.59**

UNCLE BEN'S,
Converted Rice 2-LB. BOX **1.79**

ALL PURPOSE CLEANER
Fantastic 24-FL. OZ. PUMP BTL **1.59**

ALL AUTOMATIC
Dishwasher Detergent 14 Kg BOX **2.99**

FACETTES, WHITE, 2 PLY
Facial Tissue BOX OF 400 **1.39**

DEMPSTER'S, MFG. 10" OFF
Stone Ground Bread 24-OZ. LOAF **.79**

ASSORTED VARIETIES
Silkience Conditioners or Shampoos 200 mL PLST BTL **1.59**

CAVENDISH FARMS, FROZEN, FANCY, STRAIGHT,
OR CRINKLE CUTS
Ovencrisp French Fries 2-LB. POLY BAG **.99**

BOURBON CREME, ARROWROOT, DIGESTIVE, NICE OR ASSORTED CREMES
Peek Frean Biscuits
200 g PKG. **.59**

DELMONTE, SEASONED
Green or Wax Beans
14-FL. OZ. TIN **.39**

GAY LEA, PLAIN OR ASSORTED VARIETIES
Swiss Style Yogurt
175 g CUPS FOR **1.**

2-WAY AIR FRESHENER
ASSORTED FRAGRANCES
Twice As Fresh 25 g PKG. **1.43**

QUARTERS,
100% PURE VEGETABLE OIL
Imperial Margarine 3-LB. CTN **2.49**

DEMPSTER'S, MFG. 8" OFF
English Muffins PKG OF 8 **.89**

PRICES EFFECTIVE WED., APRIL 22, TO SAT., APRIL 25, 1981. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ELMVALE IGA **PENETANG IGA** **MIDLAND IGA**
8:30-6:00 Mon., Tues., Wed., Sat. 8:30-9:00 Thursday, Friday
HIGH POINT MALL 9:00-6:00 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday
Yonge and Russell Sts.
Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5