

Competitive Prices at



REGULAR OR DIET
Pepsi-Cola
750 mL BTL. **.33**
PLUS .30 DEPOSIT PER BTL.

KIMBERLY CLARK, HI-DRI, WHITE OR YELLOW
Paper Towels
2-ROLL PKG. **.89**

ALL PURPOSE GRIND
Mother Parker's Coffee
1-LB. BAG **2.29**

CLOVERLEAF,
Solid White Tuna
7-OZ. TIN **1.49**

ALLEN'S, CHOICE RECONSTITUTED
Apple Juice 48-FL. OZ. TIN **.79**

WHITE SWAN, ASSORTED COLORS
Bathroom Tissue 4 ROLL PKG. **1.09**

LIQUID
Sunlight Detergent 1 L. PLST. BTL. **1.59**

IGA,
Hot Cross Buns PKG. OF 6 **.89**

PRODUCT OF U.S.A.
Fresh Strawberries
.49
PINT

PRODUCT OF ONTARIO
Fresh Mushrooms
1.39
LB.

PRODUCT OF U.S.A.
Sunkist Navel Oranges
1.49
SIZE 113's DOZ.

PRODUCT OF U.S.A. CANADA FANCY GRADE
Anjou Pears LB. **.69**

PRODUCT OF U.S.A.
Green Onions 3 BUNCHES FOR **.87**

PRODUCT OF CANADA CANADA FANCY GRADE
Red or Golden Delicious Apples LB. **.69**

PRODUCT OF MEXICO CANADA NO. 1 GRADE
Cucumbers 2 FOR **1.**

PRODUCT OF ONTARIO CANADA FANCY GRADE
IDA Red Apples 3-LB. BAG EACH **1.19**

PRODUCT OF ONTARIO CANADA NO. 1 GRADE
Cooking Onions 2-LB. BAG **.79**

PRODUCT OF U.S.A.
Avocados 2 SIZE 40's FOR **1.**

PRODUCT OF ONTARIO
Bean Sprouts LB. **.39**

PRODUCT OF U.S.A.
Cello Spinach 10-OZ. PKG. **.79**

PRODUCT OF ONTARIO
Fried Noodles LB. **.99**

PRODUCT OF U.S.A.
Romaine Lettuce EACH **.59**

PRODUCT OF ONTARIO PLAIN OR WITH RADISH
Alfalfa Sprouts 2 4-OZ. PKG. FOR **1.**

CUT FROM CANADA GRADE "A" BEEF BONELESS, OUTSIDE CUT
Round Steak Roasts
2.19
LB.

FROZEN, YOUNG, EVISCERATED, CANADA,
Grade "A" Turkeys
UNDER 12-LBS.
.99
LB.

CUT FROM CANADA GRADE "A" BEEF
Sirloin Steaks
2.68
LB.

CUT FROM CANADA GRADE "A" BEEF
T-Bone Steaks
2.88
LB.

BURN'S, COOKED, BONE IN, WHOLE OR HALF, HOCK, RIND AND EXCESS FAT REMOVED
Smoked Hams
1.39
LB.

CUT FROM CANADA GRADE "A" BEEF BONELESS, FULL OR OUTSIDE CUT
Round Steaks
2.23
LB.

MARY MILES, BY THE PIECE
Bologna LB. **.99**

CANADA GRADE "A" FROZEN, YOUNG, EVISCERATED, TABLERITE OR BUTTERBALL, UNDER 12-LBS.
Self-Basted Turkeys LB. **1.28**

CANADIAN QUEEN, SLICED
Cooked Ham 175 g PKG. **.89**

COOKED, BONE IN, SMOKED, VACUUM PACKED HALVES OR QUARTERS
Maple Leaf Hams LB. **1.59**

MARY MILES, SLICED
Side Bacon 500 g PKG. **1.29**

DANISH JACKIE, BY THE PIECE
Havarti Cheese LB. **2.49**

COOKED, SMOKED, SEMI-BONELESS HALVES
Pride of Canada Hams LB. **2.28**

MARY MILES, 1-LB. PKG.
Wieners **1.09**

PRIDE OF CANADA, COOKED BONELESS, 3-LB. AVG..
Dinner Hams LB. **2.28**

MAPLE LEAF, "SLICE & FRY" OR "USE FOR STUFFING"
Sausage Meat 500 g PKG. **1.29**

CANADIAN QUEEN,
Pork Sausages LB. **1.29**

COOKED, SMOKED, BONELESS QUARTERS
Pride of Canada Hams LB. **2.58**

MAPLE LEAF, SMOKED
Ham Steaks 175 g PKG. **1.69**

MARY MILES, SLICED MAC & CHEESE, MOCK CHICKEN OR BOLOGNA
Sandwich Meats 500 g PKG. **1.79**

FLAVORED CRYSTALS
Quench Drink Mixes POLY BAG OF 4x92 g ENVS. **1.59**

SEALTEST, PARTLY SKIMMED 2%
Chocolate Milk POLY PACK OF 2x1 L POUCHES **1.59**

GAY LEA,
French Onion Chip Dip 250 g TUB **.59**

CATELLI, PLAIN
Spaghetti Sauce 28-FL. OZ. TIN **1.19**

CATELLI,
Macaroni & Cheese Dinner
3 1.
225 g BOXES FOR

CHOCOLATE FUDGE CREME, CHOCOLATE CHIP, BEST ASSORTMENT, OR SHORTCAKE
Colonial Biscuits
.99
450 g PKG.

SUNFLOWER,
Unico Oil 1.5 L BTL. **2.39**

IGA, REGULAR, RIPPLE OR SALT & VINEGAR FLAVORED
Potato Chips
.89
200 g PKG.

SPAGHETTI OR MACARONI, ASSORTED VARIETIES
Catelli Pasta
.99
1 Kg BOX

MFG. 10" OFF LABEL, DEMPSTER'S,
Crusty Vienna Bread 24-OZ. LOAF **.83**

MARS, SNICKERS, OR 3 MUSKETEERS
Candy Bars PACK OF 4 REG. BARS **1.19**

Stayfree Maxi Pads PKG. OF 10 **1.19**

Scope Mouthwash 375 mL BTL. **1.69**

WINTERFRESH OR REGULAR
Colgate Toothpaste 50 mL TUBE **.79**

ESSO, 10W30
Uniflo Motor Oil 1 L CAN **1.39**

DISPOSABLE
Bic Lighters EACH **.79**

GREEN GIANT, FROZEN, FANCY
Mixed Vegetables or Sweet Peas 2-LB. POLY BAG **1.29**

FROZEN, BEEF, CHICKEN OR TURKEY
Swanson Dinners 11-OZ. PKG. **1.49**

PRICES EFFECTIVE WED., APRIL 8, TO SAT., APRIL 11, 1981. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ELMVALE IGA 8:30-6:00 Mon., Tues., Wed., Sat. 8:30-9:00 Thursday, Friday
PENETANG IGA HIGH POINT MALL 9:00-6:00 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday
MIDLAND IGA Yonge and Russell Sts. Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5