### Good health comes through awareness

by Don Lawrence sports editor



### As I See It

This is National Health Week and everyone in Midland and area should be aware of their own particular state of health, or lack of it.

Midland Secondary School got into the act with a 1.7 mile walk Tuesday morning in which 1,600 students took part.

That's certainly a step in the right direction as far as health goes but it shouldn't stop there

Generally, the young people in our schools are nretty healthy as they work out almost every day when they play school sports but there are exceptions.

There are those students who don't play school sports and their idea of exercise is walking downtown to stand around with their friends.

Certainly, their free time can be spent better than that.

The main problem, say some, is that there just isn't anything to do in Midland.

Well. don't believe it for one minute!

There's minor baseball, ladies baseball, men's baseball, men's volleyball, ladies' vollevball, senior and junior ball hockey, all levels of lacrosse, roller skating to be opened soon in Midland Centennial Arena and all the programs offered at Midland YMCA, just to mention a few.

On the whole though, Midland and area youths are in very good shape and the majority of those people will stay in shape.

The biggest problem young people face is that of example and that starts in the home. If their parents don't take part in a regular exercise plan, chances are the children might not because they simply haven't been given

the proper motivation to do so. This is a tragic situation and unless remedied, it could turn into an epidemic of non-fitness in young people.

A lot of people will say that statement is blowing things all out of proportion but remember just a few years ago when studies came out, showing that a young Canadian about the age of 20 years old was in the same average condition as a 60 year old Swede.

Things have gotten better in the past few years though but they can get better yet and we are on the right track.

On a closing note, something noteworthy in National Hockey League action has happened

Toronto Maple Leafs are in the playoffs. With their 16th place finish, it won't mean much because now they have to face the first place team, the New York Islanders, who are

also the resident Stanley Cup Champions. Now. it would be pretentious to say the Leafs don't stand any chance of staying in the playoffs more than four games with the Islanders but it's certainly not going to be a battle to remember.

The main thing is though, Toronto Maple Leafs are in the playoffs and thank God for small mercies.

# Skating carnival

### 225 skaters show off talent at packed houses in Midland

by Don Lawrence

Midland Figure Skating Club staged a skating carnival over the weekend with four shows, two on Saturday and two on Sunday.

The shows opened with a duo skate with four couples who displayed a talent for synchronization, making for an impressive opening act for the large audiences in attendance.

Then, a solo performance by Brian Orser of Penetanguishene thrilled the audience as Orser was in top form in his purple skating outfit.

His performance assured the crowd he deserved his 1981 Canadian Senior Men's Figure Skating Championship.

Orser was also in the opening number for couples.

The next act on the agenda was a trip into the jungle with the Jungle Book Characters

Numbers included skating wolves, flowers, butterflies, palm trees, cock-a-toos, bugs, pineapples, teddy bears, zebras, monkeys, giraffes, elephants, vultures, fire sparks, lions, tigers, village men, black panthers and the jungle jazz band

Kev cast characters for the Jungle Book were April Adair as the wolf. Sundae Raeburn as Bagheera, Charlene Myers as Kaa, Suzanne Foster, as King Louis, Lisa Kinnear as Mowgli, Elizabeth Edwards as Col Hathi, Susan Carrington as Shere Khan. Cory Raeburn as the village girl and

Carrie VanKlink as closing off the program. Balon.

Guest skaters for the junior showing of The Jungle Book were Leanne Turney of Unionville Skating Club and Robert Pollard of Scarborough Figure Skating Club.

For the senior part of the program, the theme was Annie, the popular Broadway Musical.

Kev parts were performed by Wendy Quesnelle as Miss Hannigan, Sheri Dion as Annie. Patrick Lalonde, as the Policeman, Sharon Edwards as Grace. Laura Edwards as Rooster, Cindy Mandley as Lilly, Patrick Lalonde as the butler. Brian Orser as Daddy Warbucks and Wendy Hasenier as

Roosevelt. They were supported by a capable cast of orphans, dogs, city dog catchers, Hoovervilleites. policemen, servants. little girls and Christmas Party goers. A solo by Orser followed with the

dance

celebration

225 skaters Altogether, there were 225 skaters involved in the production and they were all superb.

The people behind the scenes also worked very hard to make the show a success, Bill Barnett the most visible as commentator.

Ice design was handled by Mary Mandley while scenery and props were done by Diane Johnson and Jane Weyman.

Lighting was looked after by Bob Orser.

Directors of the show were Donna Quesnelle, Maheu, Imi Edna Melnvk. Gail White, Jo-Anne Orser, Betty Kinnear, Jane Smitham and Kathy Lalonde.

Midland Figure Skating Club is orchestrated from the helm by President Diane Edwards, Past-President Jacki VanKlink, Secretary June Jenkinson and Treasurer Judy Dion.

## Nordiques take Penetang Atom championship

The Nordiques of Penetanguishene Minor Hockev's Eight-Year Old House League Section are league champions after Sundav's game Penetanguishene Arena after they defeated the Leafs 3-2.

At the end of a five minute overtime period, the game was tied at two goals apiece and it was decided a shootout would dictate the winner.

Steve Ritchie broke the tie between the two

teams when he scored for the Nordiques, having been the third person to shoot.

Scoring for the Nordiques were Thor Hervieux from Glenn Moreau, Michael Charlebois and of course. Steve Richie.

Albert King and Danny Charlebois were responsible for the Leafs' goals.

The two teams met the night before in a sudden death playoff game between the second and third place

teams with the Leafs winning that game 2-0.

Danny Charlebois and Spencer Beaudoin scored the Leafs' goals, Craig Gerow assisting on Beaudoin's goal.

They also played Friday night in the final league game, tying that game 2-2, Roy Mundy scoring both goals for the Leafs.

Jamie Sajan and Craig Gerow assisted on Mundv's second goal.

Mark Piotrowski and Thor Hervieux scored the Nordiques' goals in

that game with Kyle Hewitt helping out on Piotrowski's goal and Mike Blair and Michael Charlebois adding the helping hand on Hervieux' goal.



## Minor Atoms finish season

Midland Gervan and Jones Minor Atoms finished their hockey season this past weekend in the Georgian Bay playoffs, winning one game to advance to the second round but were unfortunate to eliminated there by a team from Elmvale.

In the first game, Midland came up against a team from Stavner and just came out of the game with a 6-5 win

Greg Lalonde opened the scoring for Midland with David Duval adding two more quick goals to give them a 3-0 lead

Jim Ball assisted on Lalonde's goal while David Chalmers

assisted on one of Duval's goals.

Jesse Perrault was the next Midland player to get on the scoreboard with Sean Lunnie and George Gunther helping out on that goal.

By this time, Stayner was pressing for a tie but David Duval and Scott Bales worked together to feed the puck to David Chalmers to give Midland the goal they needed to maintain their lead.

Greg Lalonde put in the final goal for Midland to give them their 6-5 win, George Gunther and Jimmy McLaren assisting on the play.

That game must have tired out the Midland players as they went up against Elmvale in their next game, dropping that decision 4-1.

David Chalmers was responsible for Midland's only goal with Billy Mitchell getting the assist.

This game eliminated Midland from any further action in the Georgian Bay Finals.

The team members would like to express their gratitude for the work done by Jm McLaren, Jim Peden and George Weatherell who led the team throughout the successful season.

They would also like to thank their sponsor, Gervan and Jones and the parents for their support which made the season worthwhile.

### Orser honoured by Midland

The latest addition to the walls of Midland Centennial Arena is a plaque honouring Brian Orser of Penetanguishene, donated by the citizens of Midland. Jim McLaren, left, arena manager and John Burns, arena staff member installed the

planue late last week. With the exciting things Orser's doing in men's figure skating though, it won't be long before a second plaque will be added.