REGULAR Ground

Beef

SWIFT'S PREMIUM, COOKED, BONELESS, 3-LB. AVERAGE

Dinner Hams

SWIFT'S PREMIUM, Wieners

1-LB. PKG.

HOSPITALITY.

Hamburg or

Wiener Buns

PRICES EFFECTIVE WED.,

MARCH 18, TO SAT.,

MARCH 21, 1981.

TO LIMIT QUANTITIES.

WE RESERVE THE RIGHT

IGA

CUT FROM CANADA GRADE "A" BEEF

Standing Rib Roasts

SWIFT'S PREMIUM, SLICED 1.39 Cooked Ham

SWIFT'S PREMIUM, SLICED 1.49 Bologna

SWIFT'S PREMIUM, Brown 'N Serve Sausage

1.59 SWIFT'S PREMIUM

.85 Sandwich Spreads CHUB MAPLE LEAF, SLICED SELECTED PREMIUM VARIETIES

Sandwich Meats

WESTON'S BUTTERSCOTCH,

CHOCOLATE,

**DOUBLE CHOCOLATE OR MINT** 

Wagon

1.19

**EVERSWEET, SLICED** 

Side Bacon

500 g

CUT FROM CANADA GRADE "A" BEEF

Beef Rib Steaks

LB.

STORE PACKED OLD MILL,

Breakfast Sausages

PARKAY,

100% PURE VEGETABLE OIL

Soft

Margarine

## White Swan Paper Sale

WHITE SWAN, ASSORTED COLORS

Facial Tissue

WHITE SWAN, WHITE PKG. OF 1.49 **Paper Serviettes** 

ALCAN, 30cm WIDTH

Towels

WHITE SWAN,

**ASSORTED COLORS** 

Paper

2-ROLL PKG.

WHITE SWAN, ASSORTED COLORS

4-ROLL PKG. **Bathroom Tissue** 

**Aluminum Foil** 

20 m 1.99

**SPRITE OR** 

CASE OF 24x10-FL OZ. CANS

APPLEFORD, FOOD SAVER

Wax Paper

ROLL

PRODUCT OF U.S.A., **CANADA NO. 1 GRADE** 

**Head Lettuce** 

PRODUCT OF U.S.A.

Broccoli

PRODUCT OF U.S.A. Sunkist **Navel Oranges** 

SIZE 113's DOZ

PRODUCT OF CANADA, CANADA FANCY GRADE. Red or Golden Delicious Apples...

PRODUCT OF U.S.A. CANADA FANCY GRADE LB. .69 **Anjou Pears** PRODUCT OF U.S.A. 2 SIZE 1 Avocadoes PRODUCT OF MEXICO, CANADA NO. 1 GRADE

2 FOR 1. Cucumbers PRODUCT OF U.S.A. 3 BUNCHES 87 **Green Onions** PRODUCT OF U.S.A. 2 12-OZ 1 Mini Carrots

PRODUCT OF U.S.A. Cello Radish

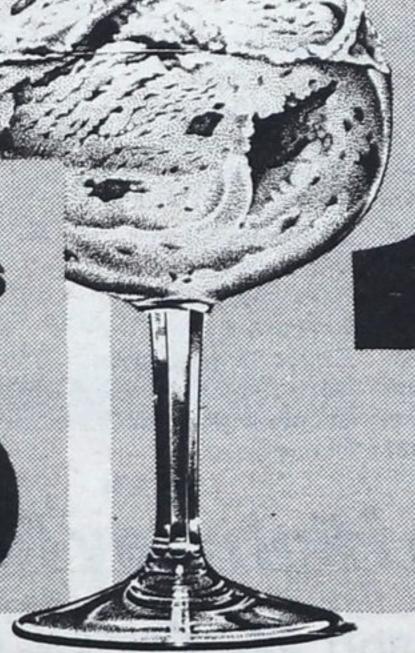
PRODUCT OF U.S.A. 2 FOR 1. **Endive or Escarole** PRODUCT OF U.S.A. Cello Spinach PRODUCT OF ONTARIO, CANADA FANCY GRADE Ida Red Apples

PRODUCT OF ONTARIO .39 **Bean Sprouts** PRODUCT OF ONTARIO .99 **Fried Noodles** 

PRODUCT OF ONTARIO PLAIN OR WITH RADISH Alfalfa Sprouts

2 40Z 1

**Hot Cross** Buns



**OR FAVORITE** ce Cream

**FRONTENAC** 

2 LITRE CTN.

## ELMVALE ((di)

8:30-6:00 Mon., Tues., Wad., Sat. 8:30-9:00 Thursday, Friday

PENETANG (13)

HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday

MIDLAND Yonge and Russell Sts. Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday \$1-5

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