

"Information is the hallmark of democracy"

Vote as you like but please vote!

TOMORROW'S THE BIG day when voters in Ontario go to the polls to elect a new provincial government.

More than 100 area residents had an opportunity last week to meet and hear the three candidates in Simcoe Centre during an all-candidates meeting in the Lafontaine parish hall.

At times the meeting became emotional, as has the campaign itself.

Nevertheless the three candidates in Simcoe Centre demonstrated a great understanding of the problems we are facing in Simcoe Centre.

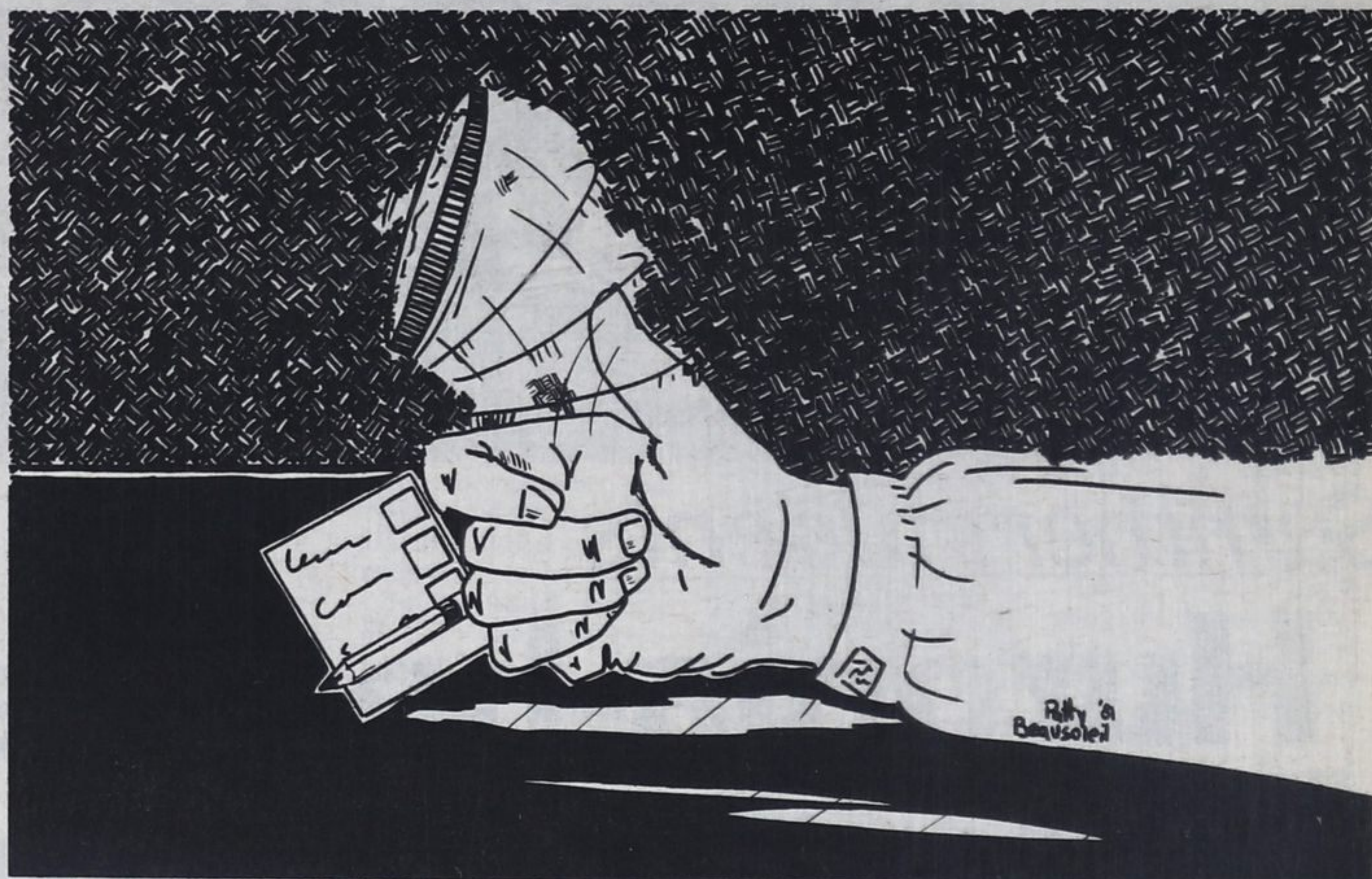
We are not about to predict

who will win tomorrow, although some political pundits are willing to stick their necks out.

We do believe it is going to be a close race. All three parties have had well-oiled campaigns, all three candidates have done their homework and all three are biting at the bit to represent the riding at Queen's Park.

It now remains up to you, the voting public, to make certain you cast your ballot tomorrow if you haven't already done so at one of the three advance polls.

There's a old cliché but it still makes plenty of sense. Vote as you like but vote!



There's more to electing a candidate than this way!

This program worth continued funding

OVER 70 INDIAN band constables have been attending training seminars in Orillia, at Geneva Park, at Sault Ste. Marie and Kenora.

Special constables police 57 Indian reservations in Ontario, including Christian Island, under a program jointly supported by both the provincial and federal governments.

Special Const. Alfred King from Christian Island and Midland OPP Cpl. William Pumputis recently attended a training seminar at Geneva Park.

The training seminars, sponsored by the OPP, which administers the reserve policing program, is intended to improve the quality of policing on Indian reserves.

In recent years thanks to these program, Indian special constables patrol their own local reserves, investigate occurrences and receive training and supervision from the local OPP detachment in their region.

Reserve special constables are dedicated to improving the quality of life in their communities and good training is essential to attaining this end, OPP Commissioner H. H. Graham has said in commenting on these valuable training seminars.

Emphasis at this year's seminars is being placed on protection of the lone police officer and survival techniques.

At the same time an in-depth review of the problems surrounding people who suffer from solvent or petroleum intoxication is being discussed.

Since 1975 some 28,000 native Ontarians receive policing from local reserve constables and both the OPP in general and the Indian reserves in particular can take pride in the close associations that have developed with the native communities in our province.

Letters

Our readers say...

Heart Fund results encouraging

Dear Sir:

"Heart Month" in Canada is now over for another year and on behalf of the Canadian Heart Fund, Ontario Division, please accept our heartfelt thanks for your promotional support during February 1981.

Our objective for the 1981 "Heart Fund" campaign was \$7 million and although all returns are not yet in, we are quite hopeful that our objective will be attained. Without your willing co-operation in communicating our needs to the public, we would not be able to express such a positive outlook.

The Medical Committee of the Ontario Heart Foundation, met at the end of January to review research applications submitted to us for support.

You will be pleased to know that after deliberations, \$7.4 million has been committed to cardiovascular and cerebrovascular research projects in Ontario, commencing July 1981. The financial support of many individuals and businesses in our Province, has made this commitment possible.

Thank you again for your support, and for helping us to ensure that research against our nation's number one health enemy will continue.

With best wishes.

Yours very truly,
Canadian Heart Foundation
Ontario Division
Esther M. Richards
Director of Public Relations

Arthritis research high

by Ev Walker

With the recent renewed interest in arthritis, applications for research grants to the Arthritis Society have reached an alltime high.

Considered a rather dreary area of medicine only a few years ago, rheumatology is now attracting many scientists.

According to rheumatologists associated with the Arthritis Society, the virtual explosion of knowledge about the more than 100 different kinds of arthritis has caused great excitement in the scientific world.

The body's immune system is undergoing careful study and many researchers think this is the area which will produce results as far as controlling arthritis is concerned.

It is a widely held view that much of the damage of inflammatory arthritis is caused because this immune system does not shut off as it normally should, with the result that the body goes on producing very powerful agents which in effect eat into the joint structure itself.

The role of heredity in arthritis is being studied and it is felt that predisposition to rheumatoid arthritis is heredity. It is also felt that problems with the body's immune system can be heredity as well.

These two areas seem to be the ones which hold out the greatest promise as far as further understanding of arthritis is concerned, but there is renewed interest in the areas of the understanding of inflammation, the role infection plays in many kinds of arthritis and, finally, there is a great deal of study being done in the area of pharmacology to produce new drugs which will aid in the control of Arthritis.

The Arthritis Society has received a total of 91 research grant applications from scientists in Canada.

The Ontario Division of the Arthritis Society is seeking to raise more than \$3 million in 1981 in order to support the society's programs of research and medical manpower development.

Free information is available by writing to The Arthritis Society,

920 Yonge St., Toronto, Ont. M4W 3J7, or contact President Evelyn Walker, Box 53, Midland, Ontario. L4R 4K6.

A mother cried

Do you remember the first time you tried to ride a two wheeler? And you fell.

And I asked, "Can I help you son?" As independent as you felt, You stretched out your hand.

The many times you hollered "watch me skate!"

You were terrific! But you fell.

And I asked, "Can I help you son?"

You smiled and reached out your hand.

And remember from the privacy of your room, You tried to learn the latest dance steps for your first dance.

I knocked and asked if I could help.

With a shy grin you took my hand.

Then came the late nights, the temper outbursts, the glazed look and the lies;

And I reached out my hand, and my arms and my heart, oh son, let me help you.

The above poem was written by a Midland mother last week.

What's Your Opinion?

The Midland Times, The Penetanguishene Citizen and Elmvalle Lance welcome Letters to the Editor. They must be legible, signed, (by hand) and carry the writer's address and telephone number for verification purposes. Pen names are not allowed and anonymous letters will not be published. Letters published by this newspaper do not necessarily reflect the opinion of the newspaper, its publisher or editor.

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