

better at A&P!



SAVE 70¢

Silverwood, Assorted Flavours, Canadian

DELUXE ICE CREAM
2 litre carton

1.99

(Our Regular Price 2.69)

SAVE 70¢

A Premium Hearty Blend

BOKAR BEAN COFFEE
1-lb bag

2.99

(Our Regular Price 3.69)

(3-lb bag 8.79 — SAVE 2.10)
(Our Regular Price 10.89)

You'll do better with **BAKED GOODS** from A&P

Our reg. price 73¢ loaf - Buy 2-SAVE 47¢

Marvel, Sliced

WHITE BREAD 24-oz loaf **2 for 99¢**

(Our Regular Price 1.89) **SAVE 20¢**

BEEHIVE CORN SYRUP 1 litre ctnr **1.69**

(Our Regular Price 2.95) **SAVE 1.06**

MONARCH FLOUR 2.5 kg bag **1.89**

JANE PARKER, SLICED 100% Whole Wheat 24-oz loaf **69¢**

JANE PARKER, DELI ITALIAN 16-OZ — SNOWFLAKE OR **Twin Rolls** pkg of 12 **89¢**

JANE PARKER, JELLY DONUTS PKG OF 6—PLAIN OR SUGAR **Family Donuts** pkg of 9 **1.29**

JANE PARKER, CHOCOLATE **Brownies** 15-oz pkg **1.79**

JANE PARKER (LEMON MERINGUE FULL 8", 22-OZ PIE 1.55) **Apple Pie** full 8", 22-oz pie **1.39**

SILVERWOOD **Sour Cream** 500 ml tub **99¢**

CORN OIL MARGARINE **Fleischmann's** 2-lb pkg **2.49**

CARNATION, INSTANT CREAMER **Coffee Mate** 500 g jar **2.09**

TEA BAGS **Flowerdale** pkg of 50 **1.39**

LAVITA 5.5-FL-OZ TIN **Tomato Paste** 3 for **1.00**

SAVE 30¢

Savarin, Assorted Varieties

FROZEN DINNERS

11-oz pkg **99¢**

(Our Regular Price 1.29)

BUY 2 SAVE 31¢

Savarin, Assorted Varieties

FROZEN MEAT PIES

8-oz pkgs **2.99**

(Our Regular Price 65¢ each)

You'll do better with **FROZEN FOODS** from A&P!

McCain, Frozen, Assorted Cuts **FRENCH FRIES** 2-lb pkg **99¢**

McCain, Frozen, DEEP 'N DELICIOUS **Pizza Subs** 12-oz pkg **1.99**

GAINSBOROUGH, FROZEN, PIE (15-oz pkg of 3, 1.59) or **Tart Shells** 9-oz pkg **99¢**

YORK, Frozen, Fancy Petite Peas or French Green Beans **Vegetables** 2-lb poly bag **1.49**

(CAULIFLOWER OR TINY CUT CARROTS 2-lb Poly Bag 1.89) **Macaroni & Cheese** 2 for **99¢**

FRASERVALE, FROZEN, UNSWEETENED, BLUEBERRIES OR **Strawberries** 11-oz ctn **1.09**

FLEISCHMANN'S FROZEN **Egg Beaters** 16-oz ctn **1.69**

Blue Water, Frozen **FROZEN FISH & CHIPS** 32-oz pkg **1.99**

FROZEN **Mackerel** lb **43¢**

FROZEN **Boston Blue Fillets** lb **1.09**

BLUE WATER, FROZEN **Fish Fries** 32-oz pkg **3.39**

FROZEN **Dressed Smelts** 16-OZ PKG **99¢**

SEA BUOY, FROZEN, BATTERED **Haddock Portions** POUND **1.99**

FROZEN, ASSORTED VARIETIES INCLUDING IN MUSHROOM SAUCE **Highliner Fillets** 14-OZ PKG **2.19**

The Butcher Shop

with Supermarket Prices

SAVE up to 70¢ lb **SAVE 70¢ lb**

Cut from Canada's Finest Grade "A" Beef

BONELESS BEEF ROASTS Rump, Sirloin Tip or Inside Cut Round **2.69 lb**

(Our Regular Price up to lb 3.39)

BONELESS ROUND ROAST Outside Cut, Eye Removed **2.49 lb**

(Our Regular Price lb 3.19)

Fresh Lean Ground Beef lb 1.99

INSIDE CUT ROUND STEAK lb 2.69 **FULL SLICE ROUND STEAK lb 2.99**

CUT FROM CANADA'S FINEST GRADE "A" BEEF **Sirloin Tip Steak lb 3.29** PREVIOUSLY FROZEN, SLICED, SKINLESS & DEVEINED **Beef Liver lb 99¢**

SAVE 30¢ lb

Combination Pack — Loin

PORK CHOPS Contains: 2 Rib End, 2 Loin End, 4 Centre Cuts **1.59 lb**

(Our Regular Price 1.89 lb)

A&P is a Country Farm Pork Shop!

CENTRE CUT PORK LOIN Roast or Chops **1.99 lb**

(Our Reg. Price lb 2.39 — SAVE 40¢ lb) (Boneless lb 2.79)

PORK LOIN ROASTS Rib Portion or Tenderloin Portion **1.59 lb**

(Boneless Rib Portion lb 2.49)

Pork Loin Rib Portion **COUNTRY STYLE SPARE RIBS lb 1.59** **PORK SIDE SPARE RIBS lb 1.49**

APPROXIMATELY 50% MEDIUM GROUND BEEF & 50% GROUND PORK COMBINATION **Ground Meat lb 1.49** PREVIOUSLY FROZEN **Pork Hocks lb 49¢**

A&P is a Complete Meat Shop!

A&P, SLICED, REGULAR OR THICK **Side Bacon** 500 g vac pac **1.79**

MAPLE LEAF **Wieners** 1-lb vac pac **1.49**

MAPLE LEAF, SMOKED **Sausages** lb **1.99**

MAPLE LEAF, SWEET PICKLED, VAC PAC **Cottage Rolls** lb **1.59**

MAPLE LEAF, SKINLESS **Sausages** 500 g pkg **1.89**

BREAKFAST **Burns Sausages** lb **1.39**

PRIDE OF CANADA, SLICED 175 g VAC PAC **Cooked Ham** **1.39**

PRIDE OF CANADA, BY THE PIECE, VAC PAC **Bologna Chunks** lb **1.19**

SCHNEIDERS, SLICED, 13 VARIETIES INCLUDING MOCK CHICKEN & MACARONI & CHEESE 175 g Vac Pac **Cooked Meats** **99¢**

A&P, FROZEN, BEEF **Steakettes** lb **1.39**

In Stores with Deli Shop!

BRANDT **Polish Sausage** lb **1.79** **Cold Cuts** lb **1.99**

Brandt, Mix or Match — Ardenner Lyoner Sausage, Fine Dutch Meat Loaf, Plain Headcheese, Mac. & Cheese Loaf

through Saturday 9 a.m.-9:30 p.m.

A&P HUGEL AVENUE MIDLAND