

SAVINGS in every department during the

SALE at A & P

This weeks reason you'll do better at A&P!

1.49
Days Sale



SAVE 1.00 lb

Cut from Canada's Finest Grade "A" Beef
Excellent for Braising

BLADE STEAKS

1.49
lb

(Our Regular Price lb 2.49)

BUY 4 SAVE 55¢

1.49
Days Sale

STOCK UP!

1.49
Days Sale

BUY 5 SAVE 16¢



Macaroni & Cheese
KRAFT DINNERS

225 g pkg

4.149

for

(Our Regular Price 51c each)

Carol, 100% Vegetable Oil
SOFT MARGARINE

1-lb tub

3.149

for

Strained Meatless Varieties
GERBERS BABY FOODS



4.5-fl-oz jar

5.149

for

(Our Regular Price 33c each)

The Butcher Shop
with Supermarket prices

Fresh
MEDIUM GROUND BEEF

1.99
lb

SAVE 50¢ lb

(Our Regular Price lb 2.49)

Cut from Canada's Finest Grade "A" Beef

BONELESS BEEF ROASTS

Blade, Chuck Short Rib lb or Shoulder Roast

1.99

(Our Regular Price up to lb 2.69)

SAVE up to 70¢ lb

First 5 Ribs Only
PRIME RIB ROAST

2.69
lb

SAVE 50¢ lb

(Our Regular Price lb 3.19)

1.49 DAYS VALUE!

Dover
ALL PURPOSE FLOUR

2.5 kg bag

1.49

1.49
Days Sale

BUY 2 - SAVE 29¢

Rio
WHOLE MUSHROOMS

10 fl-oz tin

2.149

(Our Regular Price 89c each)

1.49
Days Sale

SAVE 90¢

TETLEY TEA BAGS

pkg of 144

3.49

(Our Regular Price 4.39)

1.49
Days Sale

STOCK UP!

Sun Crop, Frozen, Concentrated
ORANGE JUICE

12.5 fl-oz tin

2.149

1.49
Days Sale

SAVE 60¢

General Mills
CHEERIOS CEREAL

575 g pkg

1.49

(Our Regular Price 2.09)

(Our Regular Price 2.09)
Mary Miles
SLICED SIDE BACON

SAVE 60c
1.49

FRESH, APPROXIMATELY 50% MEDIUM GROUND BEEF & 50% GROUND PORK COMBINATION

Ground Meat lb 1.49

PREVIOUSLY FROZEN, SLICED
Beef Liver lb 99¢

REGAL BRAND, BY THE PIECE, VAC PAC
Side Bacon lb 1.49

PREVIOUSLY FROZEN
Pork Hocks lb 49¢

PREVIOUSLY FROZEN, PORK SIDE
Spare Ribs lb 1.49

In stores with Deli Shop

Ukrainian, Italian, Vienna or Dutch Lunch - Your Choice!

Swift Salami lb 1.99

Boneless Rib Eye Steaks lb 5.49

Maple Leaf Week at A&P!

(Our Regular Price 2.39)

Regular

MAPLE LEAF WIENERS

SAVE 90c
1.49

MAPLE LEAF, SKINLESS

Sausages 500 g pkg 1.89

MAPLE LEAF, SMOKED

Sausages lb 1.99

CANADA PACKERS DEVON BRAND, BREAKFAST

Sausages lb 1.39

MAPLE LEAF, SLICED, REGULAR, THICK OR ALL BEEF

Bologna 500 g vac pac 2.19

MAPLE LEAF, SLICED, 5 VARIETIES INCLUDING CHICKEN LOAF AND MACARONI & CHEESE 375 g VAC PAC

Cooked Meats 1.89

(Our Regular Price 1.89)

Maple Leaf, Sweet Pickled

COTTAGE ROLLS

SAVE 40c
1.49

MAPLE LEAF, SLICED

Cooked Ham 175 g pkg 1.59

MAPLE LEAF, BRISKET, VAC PAC

Corned Beef lb 2.69

MAPLE LEAF, SLICED, REGULAR, HINT OF MAPLE OR THICK SLICED

Side Bacon 500 g vac pac 1.99

MAPLE LEAF

Ham Steaks 175 g pkg 1.89

Polish Sausage lb 1.99

1.49 Days Sale
More Great 1.49 Values at A&P!

1.49 Days Sale
You'll do better with these 1.49 FROZEN FOOD Values from A&P!

Tomato
ANN PAGE KETCHUP 32-fl-oz bottle **1.49**

Fraser Valley, Frozen
FISH & CHIPS 10-oz pkg **2 for 1.49**

Valley Farms, Frozen, Straight Cut
FRENCH FRIES 2-lb pkg **3 for 1.49**

ASSORTED VARIETIES INCLUDING CHOCOLATE CHIP & DIGESTIVE
Colonial Biscuits 450 g TIN TIE BAG **1.49**

BLUE WATER, FISH KRISP OR FRIES 8-OZ PKG
Frozen Haddock **1.49**

BIRDSEY, FROZEN, DESSERT TOPPING
Cool Whip 500 ml tub **2 for 1.49**

BRAN, OATMEAL MUFFIN, OATMEAL OR SUGAR DROP COOKIE
Quaker Baking Mixes **1.49**

SEA BUOY, FROZEN
Fish Cakes lb **73¢**

FROZEN, ASSORTED VARIETIES
Waffles Aunt Jemima 2 for **1.49**

REGULAR OR "NEW" BUTTERY
Old Tyme Syrups **1.49**

GOLDEN SKILLET, FROZEN, HEAT & SERVE
Chicken Breasts or Legs lb **1.99**

McCAIN, FROZEN, SUPERCRISSIPS OR SUPERPATTIES
Potatoes 24-oz pkg **2 for 1.49**

A&P, ASSORTED FLAVOURS
Jelly Powders 5 for **1.49**

DRESSED
Frozen Whitefish lb **99¢**

SWANSON'S, FROZEN, BEEF, CHICKEN, TURKEY
Meat Pies 8-oz pkg **2 for 1.49**

A&P
Choice Peas 5 for **1.49**

BABY BOILED
Frozen Lobster lb **3.29**

FRASERVALE, FROZEN, FANCY
Raspberries 9-oz ctn **3 for 1.49**

QUICK AS A WINK, ASSORTED VARIETIES
Cake Mixes 227 g pkg **3 for 1.49**

FROZEN
Cod Fillets 1-lb pkg **1.69**

SARA LEE, FROZEN, ASSORTED VARIETIES
Layer Cakes 13-oz cake **1.49**

ORZO OR CHIPS AHOY
Christie Cookies **1.49**

HIGHLINER, IN BATTER
Frozen Haddock **1.69**

RICH'S, FROZEN
Coffee Rich 3 for **1.49**

through Saturday 9 a.m.-9:30 p.m.

A&P HUGEL AVENUE

MIDLAND