

## Wyebridge news

by Liz and John Dennis

A large turnout watched last Saturday evening at the Wyebridge Community Centre as the Northern Edition plucked and strummed the evening away to the delight of all present.

Attendance at the Wyebridge dances has

been quite good over the past several months and Saturday's turnout was certainly no exception.

Door prizes were presented during intermission and at the evening's end a light lunch was served.

If you haven't heard a good fish story for awhile then you have

not been talking to Jim Scott.

Jim recently entered the Victoria Harbour, Mini Bonhomme fishing contest.

The rules simply stated contestants were to try and catch the largest fish, (of any species) then enter the fish in the contest.

Well, last Saturday

Jim received a call from one of the organizers informing him that his catch of a 12 pound, nine ounce pike had won him first prize.

For his efforts, Jim netted himself a new fishing reel. Warmest congratulations, Jim!

One week ago Saturday evening, Mike

## Dance well attended

and Trish Hines were dinner guests of ours. An enjoyable evening was spent by all.

By the time Jim and Judy Waddling read this article they may have to take turns holding their new baby and reading the newspaper.

At any rate, last Thursday evening Liz Dennis held a surprise baby shower for Jim and Judy who expect their new addition any day now.

Many of their friends

turned out to the shower offering gifts and warm best wishes for the parents-to-be.

First Wyebridge Cubs held a craft night last Thursday evening during which they made candle holders in honour of Valentines Day.

While they were busy with their projects, the Beavers were out on a toboggan party. They challenged the hills on an assortment of crazy carpets, flying saucers and toboggans and

thoroughly enjoyed themselves.

With the kind of winter we are experiencing it is not hard to get a case of the "winter blahs".

One way to chase this feeling away is by attending the Blighty Bingo games, held every Tuesday at the Wyebridge Community Centre.

The first game is called at 8 p.m. and the doors are opened at 6:30 p.m.

## Vasey news

by Eleanor Edwards and Carol Graham

Sympathy of the community is extended to Mrs. Clare McKeown on the passing of her mother Mrs. Louis Brewster at the Bethany Lodge in Unionville during the past week. Mrs. Brewster was formerly of this community.

Mr. and Mrs. Melvern Isaac accompanied by Mr. and Mrs. Cecil

Woods and Mr. Harvey Etherington of Waubashene attended the funeral of the late Mrs. Brewster in Toronto on Saturday. Jason Moreau of Wyevale spent the weekend with his cousin Mathew Smitham.

Glad to report that Mr. Lloyd McDonald has returned home from Toronto after surgery and is reported to be doing well.

Mr. and Mrs. Don McDonald of Toronto

spent a few days with Mr. and Mrs. Lloyd McDonald.

Sunday Mr. and Mrs. Lloyd McDonald and Mrs. Don McDonald visited with Mrs. Jack McLean at the Kempfelt Manor in Barrie.

Mr. Lawrence Edwards of Elrose, Sask., is visiting with his parents Mr. and Mrs. Nelson Edwards and other members of his family in the community.

Mrs. Doug Smitham, Tammy and Mathew recently attended a birthday party for Mrs. Joy Brownell of Port McNicoll who celebrated being 85 years young.

Mrs. Ken Robinson is visiting this week with Dr. and Mrs. Alan Robinson and boys of Mississauga.

A number from the community enjoyed the successful production of Fiddler on the Roof presented by the MSS students. Taking part from our community were Sylvia and Ian Jones, Michael Jones and Laurie Graham.

Mrs. Nathan Edwards

has returned home after spending the past week with Mr. and Mrs. John Wylie and family of Stouffville.

Rodney Jones of Douglas Point and Janie Robinson of Toronto spent the weekend at their respective homes here.

Mr. and Mrs. Bob Lambie of Phelpston visited on Sunday with Mr. and Mrs. Earl Edwards.

Mr. and Mrs. Charles Brown of Midland visited on Sunday with Mr. Les Edwards.

Emmaline Edwards of Toronto was a weekend guest of Mr. and Mrs. Manley Edwards.

Sunday Mr. and Mrs. Ted Vasey and Ian visited with Mr. and Mrs. Bill Drury and Darren of Crown Hill.

Visitors on Sunday with Mr. and Mrs. Melvern Isaac were Mr. W. A. Isaac of Midland, Mr. Bert Morrison of Hillsdale and Mr. Harvey Etherington of Waubashene.

## Sad to hear

## Nutrition Week set for March

by Alleyne Attwood

During the year a progression of special "weeks" focus attention on our hearts, our smoking problems, on diabetes and many other facets of life.

In a few weeks, you will be seeing a great deal in the papers, magazines, radio and on television, about another. "Nutrition Week" is about to be born-nationally.

For a few years a small band of dietitians, members of the Ontario Dietetic Association have manfully (or "personfully?") tried in a variety of ways to bring the nutrition message to Ontario.

It wasn't a very strong voice but maybe last year's theme of "Snack Right-Pure Delight" just might have planted a small seed of awareness that it is possible to snack without guilt.

Certainly the "snack" theme emblazoned on the bosom of promotional T shirts worn by a few well-endowed dietitians, drew more than a second look!

This year Nutrition Week is the week of March 2 to the 7.

The theme ties in with the upsurge of interest in physical fitness and proclaims the philosophy of "Energy In-Energy Out".

In other words simply eating, whether eating properly or not, is not enough. Our bodies need activity also, to be

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fit.

In the next month, watch for many articles and programs on the theme of "Energy In-Energy Out".

It is a cross-Canada project and it is hoped that the reliable information will help to better inform Canadians and refute some of the quackery and unreliable information that is so wide spread and so eagerly believed by many people.

## CARNAVAL D'HIVER 1981

CENTRE D'ACTIVITES FRANCAISES

PENETANGUISHENE

Samedi 21 février '81 midi à 1H00 a.m.



Restaurant Chez-Nous 10H00 à 19H00 -musiciens locaux...

✦ Soirée du Rigodon 20h.

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