

WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS!



Prices effective thru Saturday, February 14th, 1981.



COME VISIT

THE FARM
at A&P

FOR FRESHNESS & SAVINGS

Canada No. 1 Grade, Product of Florida, Fresh, Crisp

CELERY STALKS

48¢
bunch

Canada Fancy, Product of Ontario, The pride of the Ontario growers



McINTOSH APPLES

1.88
4 quart basket

Product of Florida
JUMBO RED

Grapefruit
3 for 1.00

Product of California
Rich in Minerals
BUTTER SMOOTH

Avocados
3 for 1.00

For Your Valentine
The Ideal Gift
POTTED

Mums
5" pot 2.99



We pick the best for you

PRODUCT OF FLORIDA, SWEET, JUICY, GOOD SOURCE OF VITAMIN C

Florida Oranges 5-lb bag 1.69

PRODUCT OF CALIFORNIA, IDEAL FOR DIPS

Fresh Broccoli Green, Tender bunch 89¢

CANADA NO. 1 GRADE, PRODUCT OF TEXAS

Fresh Cabbage Green each 69¢

CANADA NO. 1 GRADE, PRODUCT OF CALIFORNIA, FRESH, CRISP

Head Lettuce each 79¢

PRODUCT OF FLORIDA, FRESH, MILD

Radishes 8-oz pkg 3 for 1.00

PRODUCT OF ONTARIO, FRESH DAILY

Bean Sprouts 2 lbs 88¢

CANADA NO. 1 GRADE, PRODUCT OF U.S.A., SWEET

Spanish Type Onions lb 49¢

YOU'LL DO BETTER with FROZEN FOODS from A&P



Savarin, Assorted Varieties

FROZEN DINNERS

11-oz pkg **99¢** SAVE 30¢
(Our Regular Price 1.29)



Concentrated
KENT FROZEN ORANGE JUICE

12.5-fl-oz tin **69¢**

Frozen, Chocolate Brownies or Apple Walnut

SARA LEE CAKES 354 g pkg 1.99

SUNNY, FROZEN, CONCENTRATED ACTION PRICE!

Grape Juice 12.5-fl-oz tin 79¢

HARDEE, FROZEN, DICED SQUASH 2-LB PKG 69¢ OR HONEY GOLD, FROZEN 2-LB PKG

Diced Turnips 59¢

HOLIDAY FARMS, FROZEN, SLICED OR ACTION PRICE! CHARBROILED 2-LB PKG

Beef Burgers 3.99

FARM HOUSE, FROZEN, ASSORTED VARIETIES

Cream Pies 12-oz pkg 1.29

CARNATION, FROZEN ACTION PRICE! 2-LB PKG

Hash Brown Potatoes 69¢

McCain, Frozen, Supreme 24-OZ PIE

Pizza Deep 'N Delicious 2.99

Frozen Seafood & Chicken

FROZEN COD FILLETS 1-lb pkg 1.69

SEA BUOY, FROZEN

Fish Cakes lb 73¢

FROZEN, DRESSED

Whitefish lb 99¢

BABY BOILED, FROZEN

Lobster lb 3.29

HIGHLINER, FROZEN 14-OZ PKG

Haddock in Batter 1.69

SEA BUOY, FROZEN, BREADED

Sole Portions lb 1.99

GOLDEN SKILLET, FROZEN

Chicken Breasts or Legs lb 1.99

You'll do



SUPER BUY!

Regular Electric Perk

100% COLOMBIAN A&P VAC PAC COFFEE
1-lb tin

2.99

A premium quality coffee Compare our low price!

SUPER BUY!

Martins, Reconstituted

APPLE JUICE
48-fl-oz tin

59¢

Limit 4 tins per family purchase

(Our Regular Price 1.63)

NABISCO SHREDDIES 675 g pkg

SAVE 24c **1.29**

Economy **RED ROSE TEA BAGS** pkg of 100

1.99

In Syrup, Sliced, Crushed, Tidbits

PALANDA PINEAPPLE 19-fl-oz tin

69¢

Chefmaster **CORNER BEEF** 12-oz tin

1.99

Pure

BURNS SHORTENING 1-lb pkg

59¢

(Our Regular Price 73c) SAVE 14c

Jane Parker, Sliced, 100% Whole Wheat **BROWN BREAD** 24-oz loaf

59¢

CARNATION, INSTANT, MILK, RICH OR WITH MARSHMALLOWS 500 g CONTAINER

Hot Chocolate 2.69

14-FL-OZ TIN

JANE PARKER, SLICED FLOUR POWER WHITE BREAD (59¢) OR

Raisin Bread 16-oz loaf 89¢

(Our Regular Price 97¢ — SAVE 18c)

"IN SYRUP" **Ardmona Pears** 69¢

14-FL-OZ TIN

JANE PARKER, SNOWFLAKE OR

Twin Rolls pkg of 12 79¢

JANE PARKER, COCONUT MACAROONS OR

Jam Filled Buns pkg of 6 1.19

JANE PARKER

Glazed Donuts pkg of 7 99¢

(Our Regular Price up to 1.89 — SAVE up to 40c)

JANE PARKER, LEMON MERINGUE PIE OR

Cherry Pie full 8", 22-oz pie 1.49

NEW! NATURAL STYLE SAVE 20¢ **MUFFINS** 99¢

(Our Reg. Price 1.19) Carrot, Date or Raisin, pkg of 2

Are you fed up with the same breakfast, or even going without because you can't think of something quick and different? Has your lunch box got the blues? Is the family always staring into the refrigerator and complaining there is nothing good to eat? Well, A&P has the answer for you. Available now the All Natural Muffin, made from the finest ingredients: stone ground whole wheat flour and wheat germ, delicious buckwheat honey, dark plump Australian raisins and dates, and meaty California walnuts, all combined with soya oil, fresh whole eggs and just a touch of sea salt. All natural, no preservatives added. These nutritious, moist muffins are pre-wrapped and packed in twos. Choose from date, raisin or carrot. Treat yourself and your family to a fantastic taste experience. Pick some up today and every day, from the special display in the Bakery Department of your local A&P.

SAVE 1.00

Chateau Dry, Assorted Flavours
CANNED BEVERAGES
Case of 24—10-fl-oz tins

3.99 (Cott's Beverages 6 pack of 300 ml btls 1.75 — plus deposit)
(Our Regular Price 4.99)

Post — Honeycomb 275 g pkg 1.19 or

ALPHABITS CEREAL 275 g pkg

99¢

SPAGHETTI, ALPHA-GETTI OR ZODDLES, IN TOMATO SAUCE

Libby's Pastas 19-fl-oz tin 69¢

BETTY CROCKER, ASSORTED VARIETIES

Frosting Mixes 6-oz box 1.29

IDEAL, ASSORTED VARIETIES, CANNED — MIX & MATCH

Vegetables 14-fl-oz tin 2 for 79¢

INSTANT, WITH GRAIN — COFFEE

Mellow Roast 8-oz jar 4.99

QUICK COOKING, LARGE FLAKES OR MINUTE

Old Mill Oats 1.35 kg pkg 1.29

Betty Crocker, Assorted Varieties
SUPERMOIST CAKE MIXES

510 g pkg **1.09** SAVE 30c
(Our Regular Price 1.39)

A&P Special Trial Offer
ON YOUR NEXT PURCHASE OF **SAVE 25¢ BECEL MARGARINE**
55% Polyunsaturates — 25% Saturates
Limit one per family
Valid until February 21st, 1981 V.C. # 81-89

NEW STORE HOURS: Monday



HUGEL AVENUE

MIDLAND