



PENETANG - MIDLAND GYM CLUB Gymnastics Corner

by Ken St. Amant

The last few articles dealt mainly with the 20 or so gymnasts of the competitive section of the Hurons. In this article, I would like to focus on the 30-35 gymnasts who make up the pre-competitive section of our club.

Although they do not put in as many hours as the competitive gymnasts they work just as hard. For most of these girls, the pre-competitive section is a stepping stone to more advanced gymnastics. It is at this level that the gymnast develops good working habits and proper technique for future

progress.

This section is not restricted to the future stars. Many girls do not want to compete seriously in gymnastics. This section is also for them. It gives these gymnasts a chance to enjoy the sport in a non-threatening manner.

Not only is it a good way to improve their fitness level, but also, many parents see the pre-competitive section of the club as an excellent means of developing their child's self-confidence, posture and skill, just to mention a few.

The pre-competitives are divided into three

age categories. These are the Argos, under 12; Tyros, under 14, and Juniors over 14 years of age. The majority of our gymnasts are in the Argo division. Under the present organization of the club, we have a ratio of 6-7 gymnasts per instructor. We are extremely pleased with this arrangement.

Space does not permit me to go over each member of the pre-competitive club but it would be safe to say that every school and community in a radius of 15 miles is represented in our club. It is a pleasure to see so many people getting involved.

Session II Developmental Section

This session starts Thursday, Jan. 15, 1981. This program operates for ten consecutive weeks. Each night is two hours in length, between 5:30 - 7:30 p.m.

Registration will be held during the week of Jan. 5 to 9 at Corpus Christi School, Penetang. Times are as follows:

Monday, Jan. 5 - 5:30-8:30 p.m.
Wednesday, Jan. 7 - 5:30-8:30 p.m.
Friday, Jan. 9 - 5:30-8:30 p.m.

Those registered in the first session will be given preference. Registration will be restricted to 45 gymnasts. Avoid disappointment, register early!

Cost: \$3 for re-registration; \$4 for new registrations.

Gymnastics Calendar

Monday, Jan. 5, 1981 - 1st competitive practice.

Tuesday, Jan. 6, 1981 - 1st pre-competitive practice.

Thursday, Jan. 15, 1981 - Developmental Section Starts.



Reason to be happy

Many of the young lassies, left, are pre-competitors who will eventually go on to compete as members of the Hurons while at right several



members of the tyro group relax after running through a few warm-up exercises. Pardon the pun

by gymnastics in North Simcoe is growing these days by leaps and bounds.

Another record cold day

Thanks to a high pressure flow of cold air over North Simcoe, Tuesday turned out to be yet another day for record cold.

Temperatures ranged from 12 below to 20

below zero throughout most of the north end of the country.

Under clear blue skies, most people braved the cold to get out into the sun even if it was for a short walk at noon.

PGH Births

Born to Mr. and Mrs. Donald Crowe, R.R. 3, Barrie on Dec. 27th a baby boy weighed in at five pounds, 15 ounces.

Mr. and Mrs. Randy

Longlad have a new baby girl. She was born to the William Street, Midland, couple on Dec. 23 and weighed in a six pounds, nine ounces.

Huronian calendar

Dec 31

— The German Canadian Club is having its annual New Year's Dance Wed., Dec. 31 in the Wyebridge Community Centre. A full course warm meal is included. Live German band. Doors open at 6:30 p.m., dance starts at 8 p.m. Tickets available at Rolfoto Studio and Gunther's Watch Repair.

Jan. 3

— The First Penetanguishene Cubs are holding a bottle drive on Sat., Jan. 3 starting at 9 a.m.

Jan. 7

— Penetanguishene Figure Skating Club is having its first club competition, called Skate Penetang, at the Penetanguishene Arena on Wed., Jan. 7 between 4 p.m. and 8 p.m.



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