

Savings



Free 'ARGO' SCARF
with purchase of machine washable, Canadian made, one size fits all Both for Only **'ARGO' TOQUE 6⁹⁹**



YOU'LL DO BETTER WITH A&P'S SUPER FALL VALUES!



Regular or Fine Grind
Tradition NABOB COFFEE
1-lb vac pac bag

(Our Regular Price 3.89)

SAVE 1.00 **ACTION PRICE**

2.89

SAVE 40¢
Assorted Colours
VIVA TOWELS
pkg of 2 rolls

1.19

(Our Regular Price 1.59)

SAVE 1.90

Powdered Detergent
SUNLIGHT
12 litre box

5.99

Our reg. price 7.89

You'll do better with
FROZEN FOODS FROM A&P!

Beef, Fried Chicken or Turkey
SWANSONS DINNERS
11.5 oz pkg **1.39**

MINUTE MAID, FROZEN CONCENTRATED
Orange Juice 16.1-fl-oz tin **1.29**

HOLIDAY FARMS, FROZEN
Cabbage Rolls 1-lb pkg **1.99**

PEPPERIDGE FARM, 4 VARIETIES (COCONUT OR VANILLA 1.19)
Frozen Layer Cakes 13-oz pkg **1.39**

ASSORTED VARIETIES
Heinz Dill Pickles 24-fl-oz jar **99¢**

IN TOMATO SAUCE
Heinz Scarios 14-fl-oz tin **59¢**

HUMPTY DUMPTY, REGULAR
Potato Chips 200 g pkg **1.09**

HUMPTY DUMPTY
Cheese Sticks 225 g pkg **99¢**

ALL VEGETABLE
Crisco Oil 1.5 litre bottle **2.99**

ALL VEGETABLE
Crisco Shortening 1-lb pkg **85¢**

CORN OIL
Miracle Margarine 2-lb pkg **1.99**

Assorted Varieties, including Chocolate Chip
COLONIAL COOKIES 450 g tin tie **1.29**

(Our Reg. Price 1.59 — SAVE 30¢)

Primo, Plain
SPAGHETTI SAUCE
28-fl-oz tin **99¢**

PRIMO
Lasagna 500 g pkg **89¢**

ASSORTED VARIETIES
Primo Pastas 900 g pkg **1.19**

CHICK PEAS, RED OR WHITE KIDNEY, LENTILS, ROMANO
Primo Beans 19-fl-oz tin **2 for 99¢**

LAVITA
Tomato Paste 5.5-fl-oz tin **3 for 1.00**

PLAIN OR ASSORTED, SWISS STYLE
Gay Lea Yogurt 475 g tub **3 for 1.00**

ONE MINUTE OR
Quick Quaker Oats 900 g pkg **1.19**

ASSORTED OR SANDWICH CREME
A&P Cookies pp. 900 g box **1.99**

ECONOMY
A&P Tea Bags poly bag of 100 **1.49**

ANN PAGE
Whole Mushrooms 10-fl-oz tin **79¢**

TOMATO
Ann Page Ketchup 32-fl-oz blt **1.29**

Deep Browned with pork, in Tomato Sauce
LIBBYS BEANS 14-fl-oz tin **2/99¢**

(Our Reg. Price up to 80¢ ea. — Buy 2, SAVE up to 35¢)

Instant Coffee
MAXWELL HOUSE 10-oz jar **5.89**
SAVE 80¢
(Our Regular Price 6.69)

SAVE 1.00 lb

CUT FROM CANADA GRADE "A" BEEF!

Eye Removed

Outside Cut ROUND ROAST lb

2.49
(Our Regular Price 3.49 lb)

The Butcher Shop
with Supermarket Prices

Cut from Canada's finest Grade "A" Beef!

FRESH LEAN GROUND BEEF lb **1.99**

SIRLOIN TIP STEAK lb **3.29**

Tenderized, Cut from Hip
CUBE OR FULL ROUND STEAK lb **2.99**

Rump, Sirloin Tip or Inside Cut Round
BONELESS BEEF ROASTS lb **2.69**

PREVIOUSLY FROZEN, SLICED, SKINLESS & DEVEINED

COMBINATION — APPROX. 50% MEDIUM GROUND BEEF & 50% GROUND PORK

Beef Liver lb **99¢**

Ground Meat lb **1.49**

A&P is a Country Farm Pork Shop!

12 to 14-lb Average

(Our Regular Price lb 1.29)

WHOLE, NEW YORK PORK SHOULDER Save 30¢ lb

lb **99¢**

Fresh
PORK ROASTS

Shankless Picnic Shoulder
lb **1.09**

(Our Reg. Price lb 1.29 SAVE 20¢ lb) BONELESS LB 1.29

SHOULDER BUTT ROAST
lb **1.19**

(Our Reg. Price lb 1.39 SAVE 20¢ lb) BONELESS LB 1.39

PICNIC SHOULDER OR SHOULDER BUTT
Pork Chops lb **1.29**

A&P 500 g VAC PAC
Sliced Side Bacon **1.79**

PREVIOUSLY FROZEN
Pork Hocks lb **49¢**

PREVIOUSLY FROZEN, PORK
Side Spare Ribs lb **1.59**

Maple Leaf Week at A&P!

Maple Leaf, Sliced, Regular, Thick or Hint of Maple

SIDE BACON

500 g vac pac **1.99**

MAPLE LEAF, REGULAR OR ALL BEEF
Wieners 1-lb vac pac **1.79**

MAPLE LEAF
Super Franks 300 g vac pac **1.39**

MAPLE LEAF, GOLDEN FRY OR SKINLESS
Sausages 500 g pkg **1.69**

CANADA PACKERS
Sausages Devon Brand lb **1.49**

MAPLE LEAF, SLICED
Cooked Ham 175 g pkg **1.59**

MAPLE LEAF, COIL
Polish Sausage lb **1.99**

MAPLE LEAF, SLICED, ASSORTED VARIETIES INCLUDING BOLOGNA & MAC & CHEESE
Cooked Meats 175 g pkg **89¢**

BLUE WATER, FROZEN
Ocean Snacks 8-oz pkg **1.59**

BLUE WATER, FROZEN
Haddock & Chips 10-oz pkg **1.29**

FRASER VALE, FROZEN
Fish & Chips 24-oz pkg **1.99**

FROZEN, STORE PACK
Beef Steakettes lb **1.29**

MAPLE LEAF, PIECES VAC PAC
Corned Beef Brisket lb **2.49**

MAPLE LEAF 2-OZ BOILABLE PKGS
Corned Beef pkg of 3 **1.79**

MAPLE LEAF, ROUND, READY-TO-SERVE
Dinner Hams vac pac lb **2.79**

MAPLE LEAF (CHUNKS)
Headcheese lb **1.99**

WAXED, BAGS
Maple Leaf Bologna lb **1.39**

Maple Leaf, Sweet Pickled
COTTAGE ROLLS lb **1.49**

BOSTON BLUE
Fish Fillets frozen lb **1.09**

FROZEN
Haddock Fillets lb **1.89**

HIGHLINER, FROZEN BATTER FRIED
Boston Blue Fish 32-oz pkg **3.39**

NEW ZEALAND GENUINE SPRING SHANK HALF LB 2.09
Lamb Leg Whole or Butt Half lb **1.99**

through Saturday 9 a.m.-9:30 p.m.

A&P HUGEL AVENUE

MIDLAND