

Competitive Prices at



FRESH! PICNIC
Pork Shoulder Roasts **LB. .99**

Maple Leaf SLICED **Side Bacon** **500g PKG. 1.59**

FRESH! SHOULDER
Pork Butt Roasts **LB. 1.09**

FRESH! Pork Hocks **LB. .49**

FRESH! Pork Side Ribs **LB. 1.69**

FRESH! Pork Liver **LB. .49**

Maple Leaf Wieners 1-LB. PKG. 1.89	FRESH! SHOULDER Butt Pork Chops LB. 1.29	Maple Leaf BEEF OR PORK Sausages 500g PKG. 2.29
Maple Leaf SELECTED POPULAR VARIETIES SLICED Sandwich Meats 175g PKG. .89	Maple Leaf "EUROPEAN CUISINE" Deli Sausage 250g CHUB 1.69	Maple Leaf SWEET PICKLED VACUUM PACKED, 3-LB. AVG. Corned Beef LB. 2.49
Maple Leaf English Style Back Bacon 175g PKG. 1.59	Maple Leaf Waxed Bologna 2-LB. AVG. 1.39	Maple Leaf BY THE PIECE VACUUM PACKED Kolbassa LB. 3.29

F.B.I. CHOICE, PURE
Apple Juice
48-FL. OZ. GLASS BTL. .79

CAMPBELL'S
Vegetable Soup
10-FL. OZ. TIN .27

REGULAR OR DIET
Pepsi-Cola
 CASE OF 24 x 10-FL. OZ. TINS
4.99

GRAIN OF GOLD SLICED
White Bread
24-OZ. LOAF .39
 LIMIT 4 LOAVES PER FAMILY

MACARONI & CHEESE
Kraft Dinner **3 225g BOXES 1.**

LIQUID
Sunlight Detergent **32-FL. OZ. BTL. 1.29**

DEL MONTE, FANCY HALVES OR SLICES
Cling Peaches or Fruit Cocktail **19-FL. OZ. TIN .89**

Cloverleaf
Chunk Light Tuna **6 1/2-OZ. TIN 1.09**

Canadian Cheese Festival

PROCESS CHEESE FOOD SINGLES (24's)	Kraft Cheese Slices 500g PKG.	2.19
KRAFT Grated Parmesan Cheese	8-OZ. SHAKER	2.39
IGA, ROYAL GOLD, MILD, MEDIUM OR OLD COLORED	Cheddar Cheese 12-OZ. PKG.	1.89

FREE TOTE BAGS
 With Our Colored Cash Register Tapes!

FREE LINEN-TWEED TOTES for TAPES
 6 DIFFERENT SIZES AND STYLES FOR EVERY MEMBER OF THE FAMILY...
 Casually Elegant Imported Linen Tweed Tote Bags are yours free, when you trade in our Special Color Register Tapes...
 Start collecting today.
 See display for complete details.

PRICES EFFECTIVE WED., OCT. 15 TO SAT., OCT. 18, 1980. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

REGULAR OR DIET Pepsi-Cola PACK OF 6 300 mL BTL. PLUS 60¢ DEPOSIT ON BTL. 1.59	ASSORTED VARIETIES Rose Relish 12-FL. OZ. JAR .59	COOLMINTS, BUDS, NUT FUDGE, MACAROONS, WILL-O-CRISP OR COCONUT FINGERS Neilson Will-O-Pack Candy 200g BOX .99
VALIANT, FLAVORED Orange Drink Mix Crystals 17-OZ. PKG. 1.09	VALIANT Hot Chocolate 500g TIN 1.59	WELLA BALSAM ASSORTED VARIETIES Shampoo or Conditioner 350 mL PLST. BTL. 1.69
VALIANT, FLAVORED ASSORTED FLAVORS Drink Mix Crystals 17-OZ. PKG. 1.09	RITE, WHITE OR RAINBOW Paper Serviettes PKG. OF 240 1.29	BLUE WATER, FROZEN Haddock Fries 8 OZ PKG. 1.29
Derby Meat Mix 3 14.5-OZ. TINS 1.	WHITE SWAN ASSORTED COLORS Paper Towels PKG. OF 2-ROLLS 1.29	FROZEN Coffee Queen 32-OZ. CTN. .69
PURE VEGETABLE Unico Oil 3 L TIN 3.79	Newport Fluffs 18-PINT BAG .99	
McCONNELL, ORANGE PEKOE Special Blend Tea Bags PKG. OF 60 .99	HOLLANDIA, DATE, CHERRY, BLUEBERRY, APPLE OR STRAWBERRY TURNOVERS OR OATMEAL OR SOFT CHIP Archway Cookies 2 225g PKGS. 1.29	
	LYONS Cream Crackers 200g PKG. .49	

FRESH for FLAVOUR
 PRODUCE OF CENTRAL AMERICA
DOLE Bananas **4 LBS. 1.**

PRODUCE OF U.S.A.
California Sunkist Valencia Oranges SIZE 113'S DOZ. **1.89**

FROM BRITISH COLUMBIA CANADA FANCY GRADE
Red or Golden Delicious Apples **LB. .59**

ONTARIO GROWN CANADA FANCY GRADE
Bosc Pears **LB. .59**

ONTARIO GROWN CANADA NO. 1 GRADE
Carrots 2 2-LB. BAGS **.99**

PRODUCE OF U.S.A.
Broccoli **BUNCH .69**

ONTARIO GROWN CANADA NO. 1 GRADE
Onions 2 2-LB. BAGS **.99**

ONTARIO GROWN CANADA NO. 1 GRADE
Cabbage 2 FOR **.88**

ONTARIO GROWN CANADA NO. 1 GRADE
Parsnips 2-LB. BAG **.99**

ONTARIO GROWN CANADA NO. 1 GRADE
Rutabagas **LB. .17**

PRODUCE OF U.S.A.
Honey Dew Melons **EA. .99**

ONTARIO GROWN **Pepper Squash** 3 FOR **.99**

PRODUCE OF U.S.A.
Walnuts-in-the-Shell **LB. 1.49**

PRODUCT OF ONTARIO
Northland Fire Logs 8-LB. SIZE **EA. 1.19**

PRODUCT OF ONTARIO
Bean Sprouts **LB. .39**

PRODUCT OF ONTARIO
Fried Noodles **LB. .99**

POWDERED
Sunlight Detergent **2.89**
 6L BOX

ALL PURPOSE
Dover Flour **1.19**
 2.5 kg BAG

FROZEN, BEEF, CHICKEN, SALISBURY STEAK OR TURKEY
Savarin Dinners **11-OZ. PKG. .99**

NESTLÉ ASSORTED FLAVORS
Mini Puddings **SLEEVE OF 4 x 5-OZ. TINS .99**

ELMVALE IGA 8:30-6:00 Mon., Tues., Wed., Sat. 8:30-9:00 Thursday, Friday

PENETANG IGA HIGH POINT MALL 9:00-6:00 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday

MIDLAND IGA Yonge and Russell Sts. Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5