

# Competitive Prices at IGA

VALLEY FARM FROZEN, CHOICE

## French Fries

2-LB. POLY BAG

# .25

LIMIT 4 BAGS PER FAMILY

## Coca-Cola OR Sprite

750 mL BTL.

# .29

PLUS .25 DEPOSIT PER BTL.

SUN PAC, UNSWEETENED FROM CONCENTRATE

## Grapefruit or Orange Juice

48-FL. OZ. TIN

# .69

FRESH! 3-LB. AVG.

## Pork Loin Roasts

RIB PORTION

# 1.38

LB.

FRESH! 3-LB. AVG.

## Pork Loin Roasts

CENTRE CUT

# 1.76

LB.

RIO

## Whole Mushrooms

10-FL. OZ. TIN

# .69

IGA, ASSORTED

## Choice Peas

14-FL. OZ. TIN

# .29

REGULAR

## Ground Beef

# 1.38

LB.

ASSORTED VARIETIES

## Lipton Cup-A-Soup

BOX OF 4 PKGS.

# .69

FROZEN, CHICKEN, BEEF, TURKEY OR BEEF AND KIDNEY

## Savarin Pot Pies

8-OZ. PKG.

# .49

FROZEN, YOUNG, EVISCERATED CANADA

## Grade 'A' Turkeys

OVER 20-LBS. LB.

# .98

TOASTMASTER

## Crusty White Bread

16-OZ. LOAF

# .49

LIQUID

## Javex Bleach

3.6 L JUG

# 1.09

ALL PURPOSE

## Five Roses Flour

2.5 kg BAG

# 1.79

FRESH! 7 CHOP ECONOMY PACK 2 RIB, 4 CENTRE, 1 TENDERLOIN PORTION

## Pork Loin Chops

# 1.49

LB.

FROZEN, YOUNG, EVISCERATED CANADA

## Grade 'A' Turkeys

UNDER 14-LBS. LB.

# 1.08

COOKED, BONE IN HALVES OR QUARTERS

## Smoked Hams

# 1.59

LB.

IGA, PROCESS CHEESE FOOD INDIVIDUALLY WRAPPED (8'S OR 12'S)

## Canadian Cheese Festival

## Cheese Slices

250g PKG.

# .99

Kraft Velveeta Cheese 500g PKG. 2.39

Kraft, Mild, Medium or Old Colored Cracker Barrel Cheddar Cheese 375g BLOCK 2.19

CANADA GRADE A FROZEN YOUNG, EVISCERATED TABLERITE OR BUTTERBALL

OVER 20-LBS. LB. 1.18

UNDER 14-LBS. LB. 1.28

## Self-Basted Turkeys

PRIDE OF CANADA, COOKED VACUUM PACKED SEMI-BONELESS HALVES LB. 2.39

BONELESS QUARTERS LB. 2.49

## Smoked Hams

PRIDE OF CANADA, COOKED BONELESS, 3-LB. AVG. 2.49

Dinner Hams

MAPLE LEAF, VACUUM PACKED 175g PKG. 1.79

## Smoked Ham Steaks

MAPLE LEAF 500g PKG. 1.39

## Sausage Meat

SCHNEIDER'S, SLICED 500g PKG. 2.19

## Side Bacon

"DELI FRESH" 1-LB. PKG. 1.69

## Shopsy's Wieners

SCHNEIDER'S 500g PKG. 2.29

## Mini Sizzler Sausages

SCHNEIDER'S, SLICED 175g PKG. 1.69

## Cooked Ham

FRESH! TENDERLOIN PORTION 3-LB. AVG. LB. 1.48

SCHNEIDER'S, SLICED 175g PKG. .89

## Bologna

MAPLE LEAF BY THE PIECE 1-LB. 1.99

## Mozzarella Cheese

GRADE A YOUNG, EVISCERATED, FROZEN Ontario Brethren Geese 1-LB. CTN. 1.98

FRESH FOR FLAVOUR

PRODUCE OF U.S.A. CANADA NO. 1 GRADE

## Head Lettuce

SIZE 24'S EA.

# .49

PRODUCE OF U.S.A.

## Thompson Seedless Grapes

LB.

# .89

PRODUCE OF U.S.A.

## Sunkist Valencia Oranges

SIZE 113'S DOZ.

# 1.89

WYLLERS, FLAVORED ASSORTED FLAVORS

POLY BAG OF 3x 3/4-OZ. PKGS. .79

## Drink Mix Crystals

IGA 14-FL. OZ. TIN .35

## Fancy Applesauce

BONI, ICE 28-FL. OZ. TIN .63

## Plum Tomatoes

JONI 125g TIN .49

## Mackerel Fillets

PURINA 4kg BAG 3.99

## Puppy Chow

SHIRRIFF'S 24-FL. OZ. JAR 1.39

## Good Morning Marmalade

DAINTY 24-OZ. BOX 1.49

## Quick Cook Rice

MFG. 12% OFF LABEL DEMPSTERS 16-OZ. LOAF .69

## Baltic Rye Bread

ROWNTREE, SMARTIES, AERO MILK, KIT KAT, OR COFFEE CRISP FAMILY SIZE BOX OR BAR .65

## Candy Bars

BELTLESS MAXI PADS BOX OF 30 2.69

## Confidets

GLAD, POLY PKG. OF 20 2.79

## Garbage Bags

MEDIUM OR SOFT EA. .89

## Reach Toothbrushes

PKG. OF 2 AA, AAA, C OR D CELL OR PKG. OF 1x 9VOLT EA. PKG. 1.99

## Eveready Energizers Batteries

CARPET CLEANER 14-OZ. PKG. 1.59

## Carpet Fresh

MENNEN REGULAR OR SPICE 75g STICK 1.99

## Speed Stick Plus Deodorant

100% PURE VEGETABLE OIL BLUE BONNET SLEEVE OF 2x 8-OZ. TUBS .89

## Soft Margarine

MAPLE LEAF, PURE 1-LB. CTN. .69

## Tenderflake Lard

ONTARIO GROWN 10-OZ. PKG. .69

## Spinach

ONTARIO GROWN CANADA FANCY GRADE 3-LB. BAG 1.09

## McIntosh Apples

ONTARIO GROWN CANADA NO. 1 GRADE 2 2-LB. BAGS .99

## Carrots

ONTARIO GROWN 3 FOR .99

## Pepper Squash

PRODUCE OF U.S.A. ONTARIO NO. 1 GRADE, "SWEET" 1-LB. .69

## Green Peppers

ONTARIO GROWN CANADA NO. 1 GRADE 2 2-LB. BAGS .99

## Onions

PRODUCE OF U.S.A. PEANUTS-IN-THE-SHELL LB. .99

PRODUCT OF ONTARIO BEAN SPROUTS LB. .39

PRODUCT OF ONTARIO FRIED NOODLES LB. .99

PRODUCT OF ONTARIO Northland Fire Logs 6-LB. SIZE EA. 1.19

CHASE AND SANBORN ALL PURPOSE GRIND

## Coffee

1-LB. BAG

# 2.69

CHOCOLATE FUDGE CREME, CHOCOLATE CHIP, BEST ASSORTMENT, PEANUT BUTTER CREME, VENETIAN CREME OR DIGESTIVE

## Colonial Biscuits

450g PKG.

# .99

ROYAL ASSORTED FLAVORS

## Jelly Powders

3-OZ. PKG.

# .25

**ELMVALE IGA** 8:30-6:00 Mon., Tues., W., Sat. 8:30-9:00 Thursday, Friday

**PENETANG IGA** HIGH POINT MALL 9:00-6:00 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday

**MIDLAND IGA** Yonge and Russell Sts. Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-5, Sunday 11-5