

36-hole tourney

Repeat performance for Jackson, Rodd in 30,000 Island at MGCC

by Doug Reed

Mike Jackson of Midland and Gordon Rodd of Lindsay both won low gross and low net for the second year in a row over the weekend at Midland Golf and Country Club during the 30,000 Island's Open Golf Tournament sponsored by Swales Men's Wear.

The ninth annual classic attracted some 168 golfers from 40 clubs around the province. A golfer from Sudbury and another one from Lively near Sudbury came the furthest distance to take part in the 36-hole affair.

According to Gord McLean who has been chairman of the tourney for the past six years, and it V. P. for its initial three years, registration was to have closed July 23 but the tournament had sufficient players by July 9.

As a matter of fact aside from 10 alternates picked for the annual "do" scores of others had to be turned away from this the biggest golf tournament to be staged at MGCC each year.

Golfers played 18 holes Saturday and another 18 Sunday in a total of three flights.

Course

Jackson burned up the course with a 141 and was awarded a suit of clothes along with all the goodies that went with it. A trophy from Garner's Sports was also presented to the

two-time winner of the 30,000 Island's Tournament.

Rodd won a handsome golf bag and a trophy from Huronia Travel. He had a sizzling 132 for low net over the 36 holes he plated at the Midland club.

The maximum handicap allowed for the tournament was 20, McLean noted this week as he proudly reported the weatherman played ball with his committee. (Much to his surprise at the end of the tourney he was presented with a plaque for his unselfish contributions to the annual affair over the years).

And speaking of winners, Ken Tannahill won the draw for a set of clubs. (Not bad eh?)

The longest drive of the tournament was recorded by John Cornwall who whalloped the little white ball some 260 yards.

This is how the weekend shaped up: in the first flight, the low gross leader was Chester Graham. The popular MGCC members notched a 146 score for 36 holes. Glen Howard had a 147. Al Pappel cover the 36 holes in 149. Dave Millar had a 149 as well. Bob Garner recorded a 150 and Dale Stringer collected a 152.

Low gross leader in the first flight was Glenn Placido with a 139. Ed Dorion, another

well-like MGCC member notched a 139 which wasn't bad for a fellow who was a bit under the weather.

Roger Greathead and Herb Palmer both recorded 141 while Paul Jackson and Si Laurin added 142s apiece.

Second flight low gross leader was Gary Collins with a 158. John Webber and Ken Tannahill both notched 159. Howie Wright had a 161, Dennis Lemieux had a 162 and Paul Aspinwall had a 163.

Low net in that flight was paced by Dave Fennell with George Bedard, Ken Tiffin, Gary St. German, Ross McClymont and Tom Easerman in the pack.

Low gross in the third flight went to Roger Greathead with Jim McIntosh, Richard Bruneau, Fred Bennett, Dave Dobko and Ross Cousineau all in their swinging.

Winners

Low net winners included Ove Lemesurier, Ron Vellinga, Jim Blanchard, Brian Honey, Ross Heacock and Harry Fostey.

In all a total of 13 low gross and 13 low net prizes in each flight were awarded. As well the committee managed to raise \$300 through the sale of draw tickets for prizes supplied by Penetang Bottling.

The money will go towards the Crippled Children's Olympics. McLean spoke highly of the support his committee received again this year from merchants in Midland. Noting many of the golfers brought their wives to Midland for the weekend, he said he was pleased to hear "how well they all were treated."

The committee plans to meet next February to make plans for the 10th annual 30,000 Island's Golf Tournament which has never been rained out, notes this year's tournament chairman.

Committee

The committee which has been hosting these annual events for the past nine years is also well known for helping to underwrite annual deficits recorded by the junior division at the club which has been growing by leaps and bounds and which this spring held successful clinics at both Midland Secondary School and at the Highway 27 golf course.

What did those golfers who took part in last weekend's event think of the tournament?

The ones we talked to said they are already making plans for next year's...and that certainly is proof this particular event has become a real winner over the years.

Discovering your level of fitness is painless and free

This summer's Huronia Fitness Project is an unqualified success, according to the four fitness instructors who have worked on the government funded project.

In the six weeks since the project got off the ground, more than 330 people have taken the half-hour or so to go through the various individual tests

designed to measure personal levels of fitness.

The four George Brown College students — Pat Duquette, Paul Robillard, Roseanne Quesnelle and Darrell Curry — are in general agreement that the week they were set up at the Huronia Mall was the project's best week to date. Looking around the empty Penetang

arena lounge Monday afternoon (where the testing team will be for the rest of this week) it's not hard to believe.

Either the arena is "out of the way" for too many people or people are simply too lazy to make an effort to get over to the testing site.

'Not a test'

"If you'll notice in our introduction to the program," says

Roseanne Quesnelle, "we've avoided using the word 'test' anywhere." Obviously, not wanting to scare off the more timid souls, the group emphasizes that it's not a matter of "passing or failing" the Huronia Fitness Test.

The aim of the summer project, sponsored by the Township of Tiny, is to educate and to motivate

the public to understand the results and benefits of sound physical fitness. The fitness "test" involves an individual consultation with one of the four project workers. The subject's fitness level and recreational interests form a basis for the final "report".

These four students are not doctors so they don't hand out free medical advice. They're not allowed to. What the fitness testing can tell you is whether you are on a collision course with high blood pressure, heart attack risks and overweight problems.

Free fitness and health literature are available at the completion of the workshop. Those who take the time to have their level of

fitness measured, are asked to complete a four-question evaluation sheet.

Embarrassed?

Not surprisingly, most participants figure the project will be strenuous, intimidating or embarrassing. It's nothing of the sort. In fact, the majority of the completed evaluations give high marks to the four students and term the workshop "informative," and "educational."

Well, yes, they do get the odd handful of super jocks and meatheads who waltz in and say "Test me, buddy. I'm tough." But the project is not designed to measure sheer brute strength. Half the value of the project lies in educating individuals as

to the benefits of a cigarette-free existence, a well balanced diet and regular periods of exercise.

The project has the rest of the week in Penetang to run, then a final week Aug. 19-20 at Balm Beach "The Place" and Aug. 21-22 in Woodland Beach at the Bayshore Senior Citizens Community Centre (See Huronia calendar for times).

The four students get enough practise during their two-year program at George Brown fiddling around with the testing equipment. Darrell Curry says it's not the actual testing the group enjoys as much as they find speaking with participants on a one-to-one basis. That's where you come in.

\$500 prize money

Barrie gals dominate Therrien's tournament

By Don Lawrence

With \$1,000 prize money at stake, competition proved tough in the Therrien's Intermediate Second Annual Invitational Ladies Softball Tournament, Saturday in Midland.

The tournament was a great success, bringing in about \$800, which will be used to buy new equipment and uniforms for the men's and women's teams.

The opening game between Newmarket K and L and the Stayner A's set the pace for the day. It took an extra inning to decide a winner.

At the top of the fifth inning, Newmarket went ahead 1-0, but Stayner soon fought back to tie it up 1-1 by the bottom of the fifth.

Stayner loaded the bases twice, but couldn't quite score. Newmarket went on from there to get the winning run in on a passed ball.

In the consolation round, Glenfield met Elmvale, defeating them 6-5, with pitcher Sue Cowan leading Glenfield to their third victory. For her efforts, Cowan was voted Most Valuable Player.

The championship round was just as exciting, if not as close. The Army, Navy, and Air Force Club of Barrie won the game 2-1 against Newmarket to claim the \$500 purse, with Newmarket receiving \$200 for second place.

Marilyn Shepherd was voted most valuable pitcher for the Army, Navy and Air Force Club, and Chris Anderson pitched for the Newmarket team.

Both the winning team, and the consolation team were presented a trophy in addition to their cash prize. Consolation prize was \$200, while Elmvale won a prize of \$100 for fourth place.

The tournament, which began at 9:30 Saturday morning, and ended at 9:45 that evening, was en-

tirely sponsored by Therrien's, the money for the prizes being raised through car washes and ticket draws.

Joan Scott, who worked a large part in organizing and running the tournament felt "everyone worked very hard."

She added, she felt it was that much better because they earned the money, instead of it being given to them.

It was probably the best ladies tournament ever held in North Simcoe.

The fans who turned out for Saturday's classic weren't disappointed in that they saw some of the finest softball ever played in this neck of the woods.

The competition was very stiff, the play was aggressive with some of the best pitching and fielding to take place on the King Street softball diamond in many a year.

Joan Scott, Peter Grigg and all those who were responsible for organizing the day did a super job.

And if you thought the gals were sissies they weren't. They could chuck a ball from the outfield to home plate as quick as a flash.

This is how the Saturday series in Midland went:

- 1st game Newmarket 2, Stayner 1.
- 2nd game Queen Hotel 1, Elmvale 0.
- 3rd game Cooksville 8, Penetang 1.
- 4th game ANAF 5, Glenfield 3.
- 5th game, Stayner 0, Elmvale 5.
- 6th game Queens Hotel 3, Newmarket 4.
- 7th game Penetang 0, Glenfield 6.
- 8th game ANAF 4, Cooksville 0.

Consolation Round

- 9th game Glenfield 6, Elmvale 5

Championship round

- 10th game ANAF 2, Newmarket 1.



"It's normal Pat"

Roseanne Quesnelle checks Pat Duquette's blood pressure with a little encouragement from Darrell Curry (left) and Paul Robillard (right). The four project members are in Penetang this week with the Huronia Fitness Project. It's a free workshop designed to measure your individual level of fitness, "but it's not a test of brute strength," says Roseanne.