

Competitive Prices at



FRESH! PICNIC Pork Shoulder Roasts 78 LB.	FRESH! SHOULDER Butt Pork Chops 88 LB.	FRESH! Chicken Leg Quarters 78 LB.
CANADIAN QUEEN SWEET OR HOT Italian Style Sausages 99 LB.	FRESH! Chicken Breast Quarters 88 LB.	CANADIAN QUEEN, COOKED "BONELESS" VACUUM PACKED HALVES OR QUARTERS Smoked Hams 1.99 LB.
CANADIAN QUEEN SLICED Cooked Ham 175 g PKG. .99 MARY MILES BY THE PIECE Bologna LB. .79	MARY MILES 1-LB. PKG. 1.19 Wieners MARY MILES, SLICED SELECTED POPULAR VARIETIES Sandwich Meats 500 g PKG. 1.39 SWIFT'S PREMIUM "SIZZLEAN" Smoked Pork Slices 375 g PKG. 1.55	MARY MILES, SLICED Side Bacon 500 g PKG. 1.49 CANADIAN QUEEN LINK OR FARM STYLE Pork Sausages LB. .99

FRENCH, MIRACLE FRENCH, CREAMY CUCUMBER, CATALINA, COLESLAW, ITALIAN, GOLDEN ITALIAN, GOLDEN CABBAGE, HEIR & CABBAGE, OIL & VINEGAR, OR THOUSAND ISLAND

Kraft Salad Dressings
.59
 250 mL BTL.

ASSORTED VARIETIES

Del Monte Pudding Cups
.99
 SLEEVE OF 4 x 5-OZ. TINS

ORANGE CRUSH, HIRES ROOT BEER OR CRUSH CREAM SODA, GRAPE OR LEMONLIME

Soft Drinks
.39
 750 mL BTL.
 PLUS .25 DEPOSIT PER BTL.

Campbell's Tomato Soup
4 1.
 10-FL. OZ. TINS

PEK FREEAN Biscuits
.99
 400 g PKG.

CHEFMASTER 100% PURE VEGETABLE OIL

Margarine
.39
 1-LB. PARCH. PKG.

FROZEN, BEEF, CHICKEN SALISBURY STEAK OR TURKEY

Savarin Dinners
.99
 11-OZ. PKG.

IGA Choice Peas	4 10-FL. OZ. TINS	.89
FRITO LAY AND RUFFLES REGULAR OR BBQ	200 g PKG.	.99
Potato Chips	POLY BAG OF 3x 3 1/4-OZ. PKGS.	.79
WYLLERS, FLAVORED ASSORTED FLAVORS	48-FL. OZ. TIN	.89
Drink Mix Crystals		
IGA, CHOICE, PURE Apple Juice		

WHITE SWAN ASSORTED COLORS Paper Towels	PKG. OF 2 ROLLS	1.19
WHITE SWAN ASSORTED COLORS Facial Tissue	PKG. OF 200	.79
APPLEFORD, FOOD SAVER Wax Paper	100-FT. ROLL BOX	.99
ALCAN, 45 cm WIDTH Aluminum Foil	10 m ROLL BOX	1.99
WHITE SWAN WHITE LINEN Serviettes	PKG. OF 240	1.49

CAPRI ASSORTED COLORS

Bathroom Tissue
.89
 PKG. OF 4-ROLLS

FRESH for FLAVOUR

PRODUCE OF U.S.A. CANADA NO. 1 GRADE

Peaches 3 LBS. .99

PRODUCE OF U.S.A. Sunkist Valencia Oranges SIZE 88's DOZ. **1.99**

ONTARIO GROWN CANADA NO. 1 GRADE EA. Cauliflower .59

PRODUCE OF REPUBLIC OF SOUTH AFRICA CANADA FANCY GRADE

Granny Smith Apples LB. **.89**

ONTARIO GROWN Romaine Lettuce 2 FOR **.79**

ONTARIO GROWN CANADA NO. 1 GRADE Cabbage 2 FOR **.88**

ONTARIO GROWN Bunch Beets 2 FOR **.88**

ONTARIO GROWN Green Onions 4 FOR **.99**

ONTARIO GROWN Bunch Radishes 3 FOR **.99**

ONTARIO GROWN Zucchini Squash 3 LBS. **.99**

PRODUCE OF CENTRAL AMERICA DOLE OR CHIOQUITA Bananas 3 LBS. **.99**

PRODUCE OF CENTRAL AMERICA Dole Pineapples EA. **.89**

PRODUCE OF U.S.A. CANADA FANCY GRADE Bartlett Pears LB. **.69**

PRODUCE OF U.S.A. Peanuts-in-the-Shell LB. **.99**

BONI, IN NATURAL JUICE Mackerel	15-OZ. TIN	.63	TABLETS Anacin	BTL. OF 100	1.59
GAINES Full Course Dog Food	4 kg BAG	3.99	JOHNSON'S Baby Powder	680 g SHAKER TIN	2.19
CANADA BRAND White Vinegar	128-FL. OZ. PLST. JUG	1.39	JOHNSON'S Baby Oil	125 mL PLST. BTL.	1.09
VALIANT Iced Tea Mix	24-OZ. TIN	1.69	IGA Book Matches	2 PKGS. OF 50	.63
CONCENTRATE Borateem	1.1 kg BOX	.99	40, 60 OR 100 WATTS SYLVANIA, INSIDE FROSTED Light Bulbs	PKG. OF 2	.85
DEMPSTER'S MFG. 8¢ OFF LABEL Stone Ground Bread	24-OZ. LOAF	.73	HIGH LINER, FROZEN Ocean Smelts	16-OZ. POLY BAG	.89
SPECIAL 5 PACK 3 MARS BARS, 1 SNICKERS & 1 THREE MUSKETEERS	PKG. OF 5 REG. SIZE BARS	.99	SEALTEST, ASSORTED FLAVORS Ice Cream Parlor Ice Cream	2 L DRUM	2.49
BASSETT'S Licorice Allsorts	550 g PKG.	1.69	PROCESS CHEESE FOOD Kraft Velveeta	500 g PKG.	2.19

ELMVALE IGA 8:30-6:00 Mon., Tues., Wed., Sat. 8:30-9:00 Thursday, Friday	PENETANG IGA HIGH POINT MALL 9:00-6:00 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday	MIDLAND IGA Yonge and Russell Sts. Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5
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