The importance of fitness

by John Dennis

The minute you enter you know you're at the right place...gym mats on the floor, fitness equipment everywhere you look and four experts, dressed in Tshirts and gym shorts, without an ounce of fat on their bodies.

This was the setting last Monday, Tuesday and Wednesday as the **Huronia Fitness Project** rolled into Wyebridge. Most in the village who took part came away with a much better understanding of where they stood on the fitness scale, and if it was low enough, how to improve their standing.

Basically in an attempt to make the average person more aware of the importance of fitness - participants guests from time to Mrs. Fox, the groom's devoured the ham-

are paced through a series of related tests that enable them to see what condition their heart is in; what percentage of body fat they have; how much stamina etc....

It's project a everyone should take advantage of and if you missed it here in Wyebridge then why not attend the next session to be held at the Midland Arena, July 28 to Aug. 1.

It seems as though not a day goes by that someone in the village doesn't have friends or relatives visiting from distant places. Take for example, Mrs. Ruth Curry, who is entertaining Laurene, Don Brown and sons from Grade Prairie Alberta.

Even yours truly has

time. My brother Alan from Grimsby has been with us since Saturday, but leaves for home today.

Stu Peggy and Withers put out the welcome mat for son Jim and his girlfriend, Angie Lee. While here the Withers and Dennis' held a birthday barbecue for Jim and Alan last Sunday.

As a furnace is badly needed for the Community Centre, this topic was discussed at length as the Wyebridge Parks and Recreation held their Centre monthly meeting last Wednesday, July 16.

A shower was held in the basement of the Church of the Good Shepherd, in honour of Miss Nancy Waples, upcoming wedding.

mother; Mrs. Silvia Waples, the bride's mother; and Nancy's sister Judy were among the many friends and relatives on hand to offer best wishes and a variety of gifts.

In a shower held at the home of Mrs. Jean Fallis last Wednesday July 16, future bride Jean Jones was presented with several wonderful gifts including a complete set of luggage. In an August wedding Ms. Jones will marry Mr. John Isaacs.

Heat was no problem last Wednesday for the members of the First Wyebridge Cub Pack, as they cooled off with a pool party at the home of Wendy and Brien Dutton. The boys

burgers and other goodies offered them as only Wolf Cubs could. A trip to Midland's McDonald Restaurant was on the agenda as Miss Jennifer Crawford and invited guests

celebrated her ninth

birthday.

With Glen Weatherell on the mound the Wyebridge Squirts concluded the 1980 schedule by outscoring Victoria Harbour 25-20. Mike Dutton went in to relieve the starting pitcher and saved the win, during the game Cameron Kimberly poked one out of the park. Wyebridge's momentum came too late in the season though and despite a very impressive finish the Squirts failed to make

the playoffs. Victoria Harbour was

the scene last Thursday as Jeff Bales led his team to a 25-4 trouncing of the home team. Shawn Davy and Jeff Bales hit round trippers as the Peewees put on another fine display of baseball. The last regular season game for Ted Watson's crew is at home Thursday against Elmvale.

The Warriors stayed alive in the play-off race this past week as they lost 9-5 in Coldwater last Monday, but quickly rebounded Thursday night to tie Hillsdale at one-apiece. Hillsdale opened the scoring midway through the game on a Mark Ronald home run. Wyebridge answered with a run the next inning and that was all, as both teams played a very tight and cautious brand of ball.

Our midget team travelled to New Dundee last Friday evening to take part in a best out of three series. Although they did not fare as well as hoped, the Midgets did put on an impressive display of controlled baseball for three innings. But then the home side fans who turned out in droves, drowned out the sparse following from Wyebridge and the entry from New Dundee seemed to catch fire. The final score was 10-0.

The second game of the series is scheduled for this Saturday July 26 at 3 p.m.

A large turnout is expected and rest assured that the Wyebridge fans will make their presence

New Flos news

by Mrs. A. Wanless Visitors with Bob and John Finlay were their parents, Mr. and Mrs. Alex Finlay of Elmvale, brother-in-law and sister, Mr. and Mrs. Doug Lambie, Carolyn Jennifer

Foresters Falls and nieces, Catherine and Heather Chappell of Toronto.

Mr. and Mrs. Campbell Steele and family of Brockville and Campbell's mother, who is a visitor from Ireland,

were weekend guests of Mrs. Clarence Atkinson.

Mr. and Mrs. Larry Cameron were guests at the wedding of Miss Cheryl Lynne Doran and Brian Mathers. The candlelight ceremony took place on Friday

evening July 11 in the Meaford United Church.

Mr. and Mrs. Archie Wanless spent the weekend at Limehouse. On Saturday July 12 they attended the wedding of Miss Judy Lynn Hall and Wayne

Osborne in Georgetown United Church and the reception afterwards in the Elks hall.

Members of the New Flos W.I. met on Wednesday for lunch at

"Mom's Bakery," in Barrie and afterwards attended the Gryphon Theatre's production of "Bus Stop" starring Catherine McKinnon.

W.I. attends 'Bus Stop'

Sympathy is expressed to Mr. and Mrs.

Cline Rawn and family in the death of the latter's father, Andy Bartholomew of Oro Station who passed away on Wednesday July 16 in the Royal Victoria Hospital in Barrie.

Vasey news

by Eleanor Edwards Mrs. Harold Graham

Mr. and Mrs. Jim Ashworth and their family of triplets of Kitchener are visiting with Mr. and Mrs. Ted Vasey.

Sunday visitors of Mr. and Mrs. George Dupuis were Mr. and Mrs. Arley Whetham of Orr Lake and Mr. and Mrs. Brent Whetham, Rebecca and Ian of

To Mr. and Mrs. Ross McDonald, 323 Noreen St., Midland, a girl, born July 18, 1980.

To Mr. and Mrs. Robert Robitaille, 174 Manly St., Midland, a boy, born July 20, 1980.

To Mr. and Mrs. Terry Brown, R.R. 1, Elmvale, a girl, born July 15, 1980.

presents

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Orillia.

Mr. and Mrs. Ron Devitt and Doug of Oshawa spent the weekend with Mrs. Hazel Taylor.

The Vasey United Church will hold their Auction Sale in the Vasey Community Park on August 2 at 12 noon. Many interesting articles will be sold as well as home baking and crafts.

The Tinney Reunion was held in the Vasey Park on Saturday with over 200 attending from many areas. Perhaps those who travelled the farthest were Mr. and Mrs. Eldie Tinney of

Elrose, Sask. Glen Nixon of Toronto spent the weekend with his father, Mr. Jack Nixon.

Glad to report that Mr. Leslie Edwards is convalescing at the

Gryphon Theatre of

BUTTERFLIES

ARE FREE

home of Mr. and Mrs. Charles Brown in Midland. On Saturday they all visited with Mr. Mrs. Nelson and Edwards.

Mr. and Mrs. Bob Faint, Nancy and Darren spent a few days of their holidays with Mr. and Mrs. Ross Faint during the past week.

Mr. and Mrs. Rick Fallis of Toronto visited on Sturday with Mrs. Wilma Fallis.

Thursday, Mr. and Mrs. Al Hawkins of Trenton and Mr. and Mrs. Craig Hawkins of Midland visited with Mrs. George McLay.

Michelle and Paula Hunter enjoyed spending the weekend with their grandparents, Mr. and Mrs. Ken Robinson.

A number from the community attended the Wyevale Centennial celebrations

Barrie

Lynne Gorman

Michael Millar

Angelo Pedari

Laurie Waller

Triplets visit grandparents

Saturday and Sunday. The village of Wyevale certainly is to be congratulated on its parade and on the organization of the whole event which was

so successful. Mr. and Mrs. Orval Edwards and Gregory

were weekend guests of Mr. and Mrs. Leonard Edwards and family of Owen Sound.

Mrs. Morley Tinney of Orillia visited during the past week with Mrs. Stan Healey.

Mr. and Mrs. Brian Jones attended the 100th

anniversary of the Association Course in Guelph on the weekend. A number from the

community attended the 40th wedding anniversary of Mr. and Mrs. Fred Newby of Orillia on Sunday.

Mr. and Mrs. Craig Stewart and Amanda, and Janet Stewart of Toronto spent the weekend with Mr. and Mrs. Alvah Stewart. Mr. and Mrs. Jim Stewart of Midland were Sunday visitors.





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BY LEONARD GERSHE Directed by Vernon Chapman July 28 to Aug. 2, 1980 A Fun Trek At Georgian College Theatre, Hwy 400 Attraction Heartwarming at Duckworth St., Barrie Evenings at 8:30 p.m. \$8. and \$6. Matinees at 2 p.m. Wed., Thurs., \$4.50 Call (705) 728-4613 for tickets Coming Aug. 11 - AND NOTHING BUT