

# Competitive Prices at



IGA, FANCY  
**Tomato Juice**  
48-FL. OZ. TIN **.59**

CATELLI  
**Macaroni & Cheese Dinner**  
7 1/4-OZ. PKG. **.25**

EVERSWEET SLICED  
**Side Bacon**  
500 g PKG. **.79**  
LIMIT 3 PKGS. PER FAMILY

SWEET PICKLED  
**Maple Leaf Cottage Rolls**  
LB. **.99**

MARY MILES **B.B.Q. FEATURE**  
**Wieners**  
1-LB. PKG. **.85**

P.F. ASSORTED, BOURBON, GARDEN, ASSORTED OR FRUIT CREMES  
**Peek Frean Biscuits**  
200g PKG. **.59**

PROCESS CHEESE FOOD SINGLES (8's)  
**Kraft Cheese Slices**  
250g PKG. **.99**

NEW ZEALAND, FROZEN  
**Shoulder Lamb Chops**  
LB. **1.19**

NEW ZEALAND, FROZEN  
**Lamb Leg Roasts**  
LB. **1.59**

PRIMROSE, 1/4-LB.  
**Beef & Veal Steakettes**  
LB. **1.19**

NEW ZEALAND, FROZEN  
**Lamb Leg Steaks**  
LB. **1.69**

NEW ZEALAND, FROZEN "ROAST OR STEW"  
**Lamb Shanks**  
LB. **.99**

NEW ZEALAND, FROZEN  
**Loin Lamb Chops**  
LB. **2.19**

COOKED, BONELESS, 2 1/4-LB. AVG. VACUUM PACKED  
**Shopsy's Deli Glaze Hams**  
LB. **1.99**

STORE PACKED, FROZEN  
**Fish Cakes**  
LB. **.59**

COOKED, BONELESS, 2 1/4-LB. AVG. VACUUM PACKED  
**Shopsy's Deli Lean Hams**  
LB. **2.59**

LIBBY'S, UNSWEETENED  
**Grapefruit or Orange Juice**  
PACK OF 6 x 6-FL. OZ. TINS **1.49**

HOSTESS, REGULAR OR DIP  
**Potato Chips**  
300g PKG. **1.29**

IGA, CHOICE  
**Whole Potatoes**  
19-FL. OZ. TIN **.37**

VANILLA OR CHOCOLATE  
**Kraft Caramels**  
14-OZ. PKG. **.99**

REGULAR OR DINNER SIZE SHOPSY'S  
**Beef Sausages**  
500g PKG. **1.79**

SHOPSY'S, SLICED  
**Cooked Ham**  
175g PKG. **1.15**  
375g PKG. **2.15**

DELI FRESH REGULAR OR BEEF  
**Shopsy's Wieners**  
1-LB. PKG. **1.59**

DERBY, FOR DOGS BEEF STEW OR BEEF CHUNKS  
**Meat Mix**  
3 14.5-OZ. TINS **1.**

ASSORTED VARIETIES 600 mL PLST. CONT.  
**Breck Shampoo**  
**2.39**

SHOPSY'S  
**Old Vienna Salami**  
500g CHUB **2.25**

SHOPSY'S, SLICED  
**Beef Bologna**  
175g PKG. **.75**  
375g PKG. **1.39**

ASSORTED VARIETIES 500g TUB.  
**Shopsy's Salads**  
**.99**

ROMANO, PURE  
**Vegetable Oil**  
3 L TIN **3.29**

PLUS, REGULAR OR SUPER FEMININE NAPKINS  
**Kotex**  
PKG. OF 12 **.99**

SHOPSY'S, ASSORTED  
**Parfay Desserts**  
375 mL TUB **.79**

SHOPSY'S BOILABLE BAG  
**Corned Beef**  
4 x 50g PKGS. **1.89**

HERSHEY BROWN COW  
**Chocolate Syrup**  
400 mL BTL **1.19**

JOHNSON'S  
**Baby Shampoo**  
850 mL PLST. BTL **2.99**

IGA ASSORTED FLAVORS  
**Soft Drinks**  
750 mL BTL. **.29**  
PLUS .25 DEPOSIT PER BTL.

FROZEN, CHICKEN, BEEF, TURKEY OR BEEF & KIDNEY  
**Savarin Pot Pies**  
8-OZ. PKG. **.49**

SYRUP PACK, CRUSHED, TID BITS OR SLICED  
**Palanda Pineapple**  
19-FL. OZ. TIN **.59**

NESTLÉ, ASSORTED VARIETIES  
**Mini Puddings**  
SLEEVE OF 4 x 5-OZ. TINS **1.19**

Glad Poly  
**Garbage Bags**  
PKG. OF 10 **1.39**

ONTARIO GROWN CANADA NO. 1 GRADE  
**Cabbage**  
EA. **.49**

IN TOMATO SAUCE  
**Libby's Spaghetti**  
14-FL. OZ. TIN **.39**

CLUB HOUSE  
**Salad Toppings or Bacon Chips**  
85g TO 94g CONTAINER **1.09**

Glad Poly  
**Kitchen Catchers**  
PKG. OF 12 **.75**

PRODUCE OF U.S.A. CANADA NO. 1 GRADE  
**Celery Stalks**  
EA. **.69**

NABOB TRADITION VAC PAK REGULAR OR FINE GRIND  
**Coffee**  
1-LB. PKG. **2.89**

MFG. PREPRICED 2.59  
**Fleecy Fabric Softener**  
128-FL. OZ. PLST. JUG **2.19**

FROZEN, FANCY  
**Fraservale Peas**  
2-LB. POLY BAG **.89**

PRODUCE OF U.S.A. CANADA NO. 1 GRADE  
**Red Cardinal Grapes**  
LB. **.99**

GREEN GIANT, FANCY  
**Cream Style Corn or Niblets Corn**  
19-FL. OZ. TIN **.49**

NABISCO  
**Shreddies**  
500g BOX **.89**

HIGH LINER, FROZEN  
**Cod Fillets**  
16-OZ. PKG. **1.69**

ONTARIO GROWN CANADA NO. 1 GRADE  
**Bunch Radishes**  
3 FOR **.99**

CORONATION POLISH OR GARLIC  
**Dill Pickles**  
32-FL. OZ. JAR **.69**

PRODUCE OF SOUTH AFRICA  
**Navel Oranges**  
SIZE 89's DOZ. **1.99**

BLUE BONNET 100% PURE VEGETABLE OIL  
**Soft Margarine**  
SLEEVE OF 2 x 8-OZ. TUBS. **.89**

ONTARIO GROWN  
**Green Onions**  
4 FOR **.99**

NATURAL  
**Kraft Mozzarella Cheese**  
375g STICK **1.49**

PRODUCE OF REPUBLIC OF SOUTH AFRICA  
**Granny Smith Apples**  
LB. **.79**

PRODUCE OF MEXICO  
**Mangoes**  
EA. **.59**

PRODUCE OF U.S.A. CANADA NO. 1 GRADE  
**Corn-on-the-Cob**  
5 FOR **1.39**

PRODUCE OF U.S.A.  
**Bunch Carrots**  
EACH **.59**

ONTARIO GROWN  
**Romaine Lettuce**  
2 FOR **.99**

ELMVALE IGA PENETANG IGA MIDLAND IGA  
8:30-6:00 Mon., Tues., Wed., Sat. 8:30-9:00 Thursday, Friday  
HIGH POINT MALL 9:00-6:00 Mon., Tues., Wed., Sat. 9:00-9:00 Thursday, Friday  
Yonge and Russell Sts.  
Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5