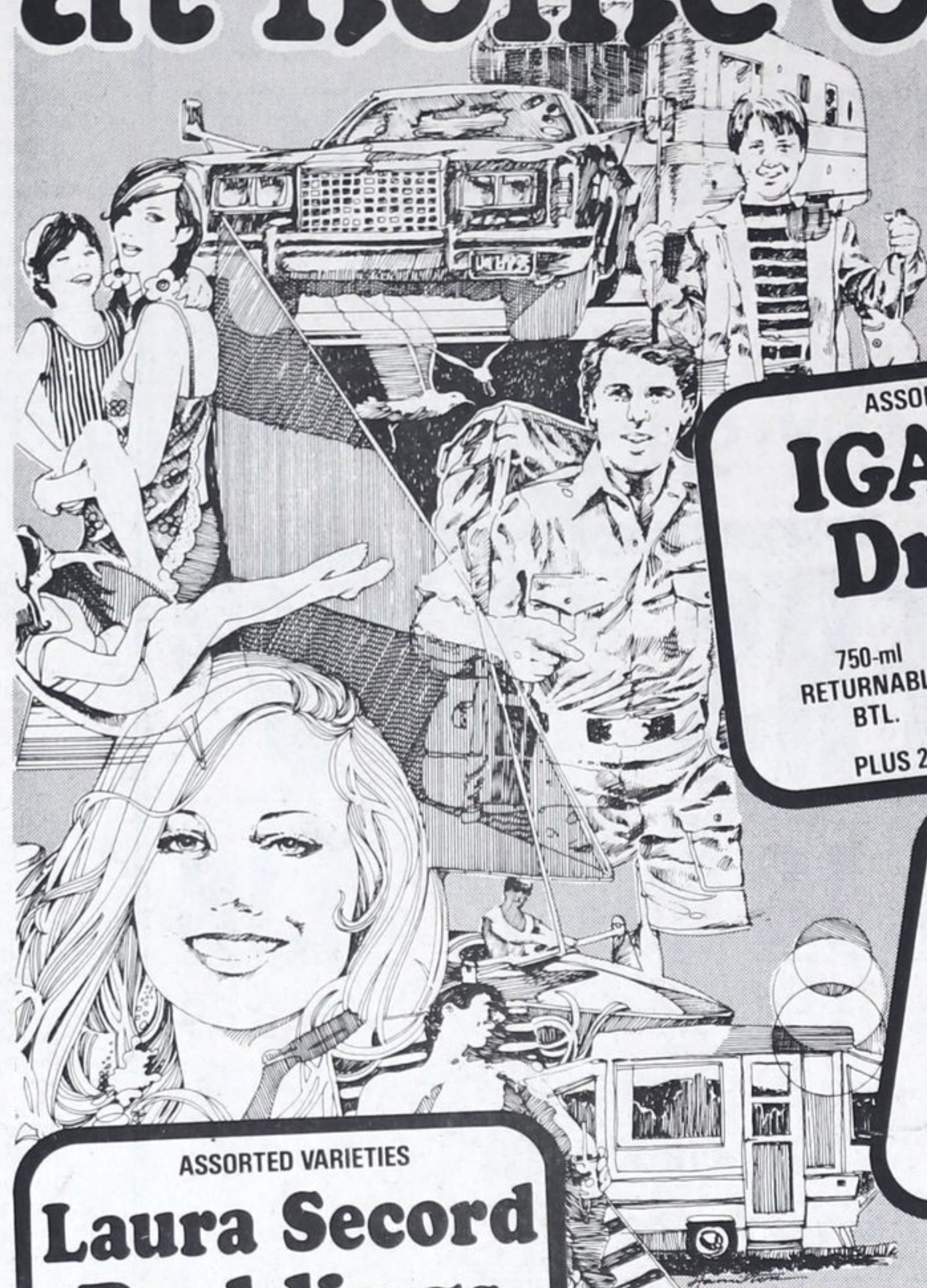


at home or away shop at



ASSORTED FLAVORS
IGA Soft Drinks
750-ml RETURNABLE BTL. **19¢**
PLUS 20¢ DEPOSIT PER BTL.

CANADA GRADE "A"
Small Eggs
DOZEN **59¢**

SEAWAVE OR OCEAN KING
Pink Salmon
7 1/2-OZ. TIN **89¢**

IGA, UNSWEETENED
Blended Grapefruit or Orange Juice
48-FL. OZ. TIN **59¢**

PINK OR WHITE PICNIC, CONCENTRATED
Frozen Lemonade
12 1/2-FL. OZ. TIN **29¢**



POWDERED
ABC Detergent
6-LITRE BOX **\$1.79**

ASSORTED VARIETIES
Laura Secord Puddings
SLEEVE OF 4 x 5-OZ. TINS **85¢**

PICNIC
Fresh Pork Shoulder Roasts
LB. **78¢**

FRESH! SHOULDER Pork Butt Roasts LB. 88¢	FRESH! SHOULDER BUTT Pork Chops LB. 98¢	PREVIOUSLY FROZEN Pork Side Rib LB. \$1.39
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MARY MILES, SLICED Side Bacon 1-LB. PKG. \$1.59	MARY MILES, SLICED, VARIETY PACK Sandwich Meats 1-LB. PKG. \$1.29
MARY MILES Wieners 1-LB. PKG. \$1.09	SHOPSY'S Potato Salad or Cole Slaw 24-OZ. TUB \$1.19
SHOPSY'S Beef Sausages 1-LB. PKG. \$1.49	

GARDEN PATCH, CHOICE
Cut Green or Wax Beans
14-FL. OZ. TINS **\$1**

ASSORTED COLORS
White Swan Paper Towels
2-ROLL PKG. **99¢**

FROZEN, BEEF, CHICKEN, SALISBURY STEAK OR TURKEY
Savarin Dinners
11-OZ. PKG. **79¢**

Folger's Coffee
16-OZ. TIN **\$3.59**

SPAGHETTI OR READY CUT MACARONI
Catelli Pasta
3 16-OZ. PKGS. **\$1**

OATMEAL, SUGAR DADDY, CHOCOLATE CHIP OR GRANOLA
Dad's Biscuits
14 TO 16-OZ. PKGS. **99¢**

Vaseline
Intensive Care Lotion
200-ml PLASTIC BTL. **99¢**

ONTARIO GROWN
Bunch Radishes
2 BUNCHES FOR **49¢**

PRODUCE OF REPUBLIC OF SOUTH AFRICA
Outspan Navel Oranges
112'S DOZ. **\$1.39**

SWEETHEART
Cheddar Cheese Curds
14-OZ. PKG. **\$1.59**

100% VEGETABLE OIL
Blue Bonnet Soft Margarine
1-LB. BOWL **75¢**

PRICES EFFECTIVE WED., JULY 19, TO SAT., JULY 22, 1978. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

- IGA Raisin Bread 16-OZ. LOAF **49¢**
- REGULAR, RIPPLE, SALT & VINEGAR, OR BARBECUE FLAVORED
- Humpty Dumpty Potato Chips 225-g PKG. **89¢**
- GUM DROPS, ASSORTED FRUIT SLICES, SODA POP JELLIES OR JOLLY JELLIES
- Kerr's Candies 18-OZ. BONUS PACK PKG. **89¢**
- Carefree Panty Shields PKG. OF 30 **\$1.49**
- SUPER SIZE
- Zest Deodorant Soap BANDED PKG. OF 3 BARS **\$1.49**
- PLAIN, WITH MUSHROOMS OR WITH MEAT
- Ragu Spaghetti Sauce 28-FL. OZ. JAR **99¢**
- FLAVORED
- Quench Lemonade Crystals 43.4-OZ. CANISTER **\$2.69**
- FANCY
- IGA Fruit Cocktail 14-FL. OZ. TIN **45¢**
- CANADA No. 1, WHITE, PASTEURIZED LIQUID OR CREAMED
- Billy Bee Honey 16-OZ. JAR OR TUB **99¢**
- ASSORTED VARIETIES
- Purina Cat Dinners 500-g PKG. **59¢**
- VALIANT
- Iced Tea Mix 24-OZ. TIN **\$1.39**

CAPRI
Luncheon Meat
12-OZ. TIN **69¢**

- REGULAR OR MINT
Crest Toothpaste
150-ml TUBE **\$1.39**
- KINGSFORD
Charcoal Briquets
10-LB. BAG **\$1.89**
- HIGH LINER, FROZEN
Haddock Fish Sticks
14-OZ. PKG. **\$1.69**
- IGA, ROYAL GOLD, RANDOM WEIGHTS
Brick or Colby Cheese
LB. **\$1.79**

Ontario Summer Salad '78 July-August
ONTARIO GROWN CANADA No. 1 GRADE
Lettuce
SIZE 18's EACH **38¢**

ONTARIO GROWN
Green Onions
2 BUNCHES FOR **49¢**

ONTARIO GROWN CANADA No. 1 GRADE
Corn-on-the-cob
5 FOR **79¢**

GOOD THINGS GROW IN ONTARIO

PRODUCE OF CENTRAL AMERICA DOLE OR CHIQUITA
Bananas
LB. **18¢**

PRODUCE OF U.S.A.
Nectarines
LB. **49¢**

ELMVALE IGA PENETANG IGA MIDLAND IGA

8:30-6:00 Mon., Tues., Wed., Sat. 8:30-9:00 Thursday, Friday
HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday
Yonge and Russell Sts.
Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5