



CANADA GRADE "A" EVISCERATED
3-LB. AVG.

Fresh Chickens 49¢ LB.

LIMIT 3 PER FAMILY

- MARY MILES Side Bacon 1-LB. PKG. \$1.39
- MARY MILES Wieners 1-LB. PKG. 79¢
- CANADIAN QUEEN Pork Sausages LB. 89¢
- MARY MILES, BY THE PIECE Bologna LB. 49¢
- BUDDIG, THIN SLICED, 6 VARIETIES Smoked Meats 3-OZ. PKG. 55¢
- FRESH! Pork Liver LB. 33¢
- NEW ZEALAND, FROZEN Lamb Shoulder Chops LB. 99¢
- NEW ZEALAND, FROZEN Lamb Leg Roasts LB. \$1.35
- NEW ZEALAND, FROZEN Lamb Loin Chops LB. \$1.35
- NEW ZEALAND, FROZEN Lamb Leg Steaks LB. \$1.45

IN TOMATO SAUCE
Clark's Beans with Pork
14-FL. OZ. TIN **33¢**

ASSORTED VARIETIES STRAINED (MEATS EXCEPTED)
Heinz Baby Food
4½-FL. OZ. JAR **18¢**

ASSORTED COLORS
Pennyworth Bathroom Tissue
4-ROLL PKG. **59¢**

VANILLA ICED, SHORTBREAD RINGS OR PEANUT BUTTER CREMES
Weston's Biscuits
400-g PKG. **79¢**

- REGULAR OR MARSHMALLOW Carnation Hot Chocolate PKG. OF 12x1-OZ. ENVS. \$1.39
- DEMPSTER'S (MFG. & OFF LABEL) Country Bran Loaf 24-OZ. SIZE 53¢
- TROPHY, BLANCHED, SPANISH OR BARBECUE FLAVORED Salted Peanuts 400-g PKG. 75¢
- REGULAR, RIPPLE, SALT & VINEGAR OR BARBECUE FLAVORED Hostess Potato Chips 225-g PKG. 89¢

- IGA Hot Cross Buns PKG. OF 6 79¢
- DOG FOOD Milkbone Flavor Snacks 16-OZ. BOX 49¢
- PROCESS, CANADIAN SINGLES Kraft Cheese Slices 32-OZ. PKG. \$2.99
- 100% CORN OIL Fleischmann's Margarine FOIL CTN. 2-LB. \$1.99

February is Frozen Food Month
FROZEN, 5", DELUXE OR PEPPERONI, 4-PACK \$1.49
McCain Pizzas 14 TO 15-OZ. PKGS.
FRASERVALE, FROZEN, FANCY Mixed Vegetables 2-LB. POLY BAG 79¢
FROZEN, BEEF, CHICKEN OR TURKEY Swanson Entrées 7 TO 8½-OZ. PKG. 79¢

- Cepacol Mouthwash 500-ml BTL. \$1.29
- GEE, OILY, NORMAL OR FRAGRANCE Shampoo or Conditioner 350-ml PLASTIC BTL. \$1.69
- QUIKKI Poly Sandwich Bags CTN. OF 100 65¢
- POWDERED Sunlight Detergent 2.4-kg KING SIZE BOX \$2.39
- ELECTRASOL Dishwasher Detergent 50-OZ. PKG. \$1.59

CANADA GRADE "A"
Medium Eggs
DOZ. **69¢**

IGA Ketchup
11-FL. OZ. BTL. **35¢**

FANCY
IGA Peach Halves
28-FL. OZ. TIN **59¢**

IGA Liquid Bleach
128-FL. OZ. PLASTIC BTL. **79¢**

- BEEHIVE Golden Corn Syrup 2-LB. TIN 69¢
- AUNT JEMIMA Table Syrup 32-FL. OZ. JUG 99¢
- AUNT JEMIMA, BUCKWHEAT, REGULAR OR BUTTERMILK Pancake Flour 1-kg BOX 79¢

ASSORTED COLORS
White Swan Paper Towels
2-ROLL PKG. **79¢**

FRESH for FLAVOUR
PRODUCE OF U.S.A. CANADA No. 1 GRADE
Head Lettuce EACH 49¢
PRODUCE OF U.S.A. FLORIDA MARSH SEEDLESS
Red or White Grapefruit 10 \$1 SIZE 48's FOR
PRODUCE OF MEXICO CANADA No. 1 GRADE
"Sweet" Green Peppers LB. 39¢
PRODUCE OF USA Bunch Carrots ea. 39¢
FROM BRITISH COLUMBIA CANADA FANCY GRADE
Red or Golden Delicious Apples LB. 49¢
ONTARIO GROWN Mushrooms LB. 99¢

- IGA Choice Peas 3 19-FL. OZ. TINS \$1
 - BRIGHT'S Vegetable Cocktail 48-FL. OZ. TIN 69¢
 - REGULAR OR DIET Pepsi-Cola 1.5-LITRE RETURNABLE BTL. 59¢ PLUS 30¢ DEPOSIT PER BTL.
 - FLAVORED IGA Orange Crystals POLY BAG OF 4x 3¼-OZ. PKGS. 49¢
- "Shrove Tuesday," February 7
SUPPORT Your Local Heart Fund

PRICES EFFECTIVE WED., FEB. 1, TO SAT., FEB. 4, 1978. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ELMVALE I.G.A. PENETANG I.G.A. MIDLAND I.G.A.
Open Thurs. & Fri., 8:30 a.m. - 9:00 p.m.
HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday
Yonge and Russell Sts. Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5