Call Contact

Hours 9 a.m. to 5 p.m. Monday to Friday (Except Holidays)

With the mounds of snow we have in our area, everyone should be very careful while travelling around either on foot or by car. Cars or pedestrians crossing streets or pulling out of driveways or side streets are blind to the oncoming traffic and vice-aversa, the oncoming motorist cannot see around the huge snow banks either. The word is caution this winter for all people. Be a defensive driver and a defensive pedestrian and maybe we could avoid needless accidents and personal injury.

With the heavy fall of snow we have had many requests from people requiring their roofs shovelled off. We have a list of able bodied men that will do this type of work so call Contact at 526-9333 and we can give you their names.

Our elderly people find this time of year most frustrating as they cannot get out for even a little fresh air or to shop because of the difficulty in getting around. If you are going shopping or going out in your car for a short drive do call an elderly person and take them with you. It will do both parties good and you would be helping others to help themselves and also brighten up a long winters day for an elderly person.

Contact received 6,151 incoming calls last year with a 90 per cent satisfactory conclusion. The calls varied from a very simple question to ones that involved many calls and research on the part of the staff, but in nearly every case the required information or service was completed and the caller was helped. There were 1,702 outgoing calls.

With the beginning of this new year many chairmen of Nominating Committees will be working diligently to fill positions on the various service organizations to assure continuation of their activities in our communities. If you are approached give serious thought to serving, you are definitely the winner when you are part of the many accomplishments that these groups achieve and of the good that is derived by the community through their efforts. When the new slate of officers are completed, Contact would be most grateful if you could forward to Contact a copy with the addresses and phone numbers of the new officers. By doing this it helps us at Contact to keep our files up to

Also the New Year brings the time of budget setting Irene Perri and Isobel for many people and organizations. It is also the time that Contact has to set up their budget for 1978. Contact has been most fortunate in receiving a grant from the Federal Branch of Consumer and Corporate Affairs. Many of you are aware that the offices of Contact have been handling consumer probems in the past and now with the financial assistance to Contact by this grant another complete service has been added to the diversified resources of Contact's files.

Happiness is helping others to help themselves. Mary M. Gibson, Administrator.



Crafts

Gertrude Major of Lafontaine helps Doreen McCurry over some intricate fingering in the construction of a

Ceinture Flechee at the Guild House, 63 Burke Street Penetanguishene.

Active historical program

The Simcoe County have slides of many of be on sale in February.

Starting on February talk 14, two Barrie hisotrians. Museum. The meeting is open to anyone that wants to attend.

has an active program buildings which have continue this year to coming up for the rest of been destroyed. These mark historic sites with will be shown during the In February, the essay contest for

from 1895 which contains more than 75 photographs of Barrie at that time.

Historical Association Barrie's historic The association will plaques, publish a newsletter and hold an students. They will also have nine public meetings this year to discuss dif-County's history and

area women learned the ancient art of Ceinture Flechees, (fingerwea-Penetanguishene. Inside

Mrs. Gertrude Major of Lafontaidne demonstrated how it was done, using yarn, two wooden sticks, a clamp and some nylon ties.

by Shirley Whittington There was plenty of

finger twisting activity at

the Huronia Crafts Guild

headquarters in

Penetanguishene last

weekend when a group of

The resulting belts were colourful, and resembled those worn by early voyageurs. Adrienne Graham Gardner, secretary of the Crafts Guild explained that the belts served a variety of uses.

"They were wide, and they kept the kidneys warm. When wrapped several times around the body, they also formed pockets, and they were used to tie bundles around the head. Because many of these ceintures were made of wool treated with beeswax, they were

waterproof. Often there Gardner, Marlene combination for each Helzel.

Guild teaches weaving

The weekend seminar on finger weaving is the first of a series which the Huronia Crafts Guild hopes to hold in the Guild House at 63 Burke Steet. The cosy building was provided rent free by the this year.

there is a workroom and office, with ample display space for items made by welcome.

Upstairs, there are three studios which rent for \$25 a month.

members.

"This just about covers our fuel bill" says Adrienne. Doreen McCurry works

in stained glass in one of the studios and a second is used by David Tennant, an artist. The third is vacant.

Instruction in crafts is just one of the objectives of the newly formed Crafts Guild, which is funded by a Canada Works grant and employs Adrienne Graham

John L. Shewfelt D.C.

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Tuesday: 9:00 - 5:30, 7:00 - 9:00

Wednesday, 9:00 - 12 noon

Thursday: 9:00 - 5:30, 7:00 - 9:00

Friday: 9:00 - 5:30

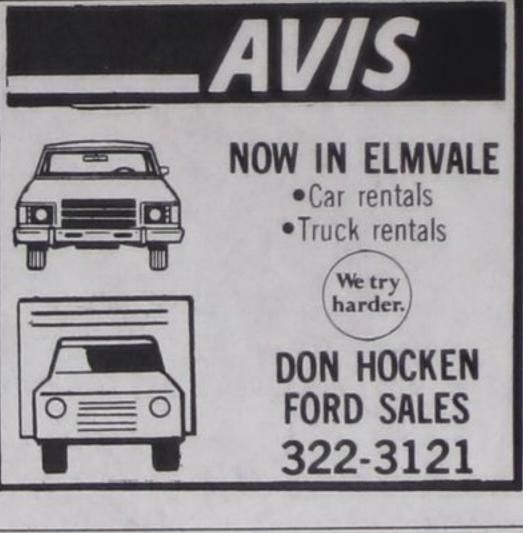
Phone: 526-5850

Saturday: 9:00 - 1:00 (By appointment only)

was a particular colour Pruesse and Lydia

The guild has arranged for a craft exhibit in the High Points Plaza on Winterama Weekend (February 24, 25, and 26) and the Guild staff designed the logo which is being used for Winterama

The Guild House on Burke Street is open from 10 a.m. to 4 p.m. each weekday, and visitors are





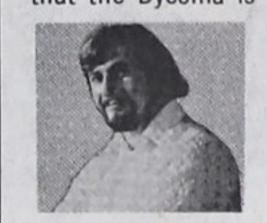
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historical association will be publishing a booklet on McBride will give a talk on some of Barrie's more Barrie's history. Recently, they have ferent aspects of Simcoe interesting buildings at the Simcoe County reprinted a newspaper

McBride and Perri Copies of this paper will



TOWN OF PENETANGUISHENE

PROCLAMATION

the week commencing January 30, 1978,

as Clergy Appreciation Week; THEREFORE I, Vince D. Moreau, Mayor of Penetanguishene, do hereby call upon the members of the Civitan Clubs and all Citizens of the Town of Penetanguishene to observe it as such for the purpose of recalling to the community the accomplishments and contributions made by

> the Nation at large. TOWN OF PENETANGUISHENE, **MAYOR VINCE D. MOREAU**

the Clergy who serve its citizens as well as

WHEREAS the Civitan Clubs have proclaimed

(Sponsored by the Midland Civitan Club)

Marjorie Elwood is the Home Ecomomist from the Canadian Spice Association and she says fruits and fruit juices add glamour, flavour and tenderness to meats and poultry. For starts, she recommends adding lemon juice to

tenderize tough cuts of meat. "For an appetizing pot roast, top it with several slices of lemon while simmering. Or just before serving carving a roast of lamb or veal, pour over it

Happy Cooker

about 2 tablespoons melted butter and an equal amount of lemon juice-truly delicious." For those of us who think of lemon as the only thing to serve with fish, Ms. Elwood has a surprise-fruited fillet of sole.

10 oz can cream of cheese soup 1/4 teaspoon worcestershire sauce 1/8 teaspoon tabasco sauce

For four servings, proceed as follows:

8 medium slices fillet of sole-about 11/2 pounds. 1/4 cup white wine 2 tablespoons lemon juice

1/2 teaspoon seasoned salt 1/4 teaspoon dried Thyme

15 oz can of fruit cocktail

lemon wedges, parsley

Method: Drain fruit cocktail, reserving juice. Combine fruit with soup as it comes from the can, worcestershire sauce and tabasco. Spoon 11/2 tablespoons of this mixture on each slice of sole. Roll, and secure with toothpicks. Place in a large casserole or individual casseroles, in a single layer. Combine reserved syrup, wine lemon juice, salt and

thyme. Pour over fish rolls. Bake in 375 degree oven for 10 minutes. Top with remaining fruit and cheese sauce. Bake until fish flakes easily with a fork-about ten minutes. If desired, brown lightly under broiler. Serve very hot

> Use the classifieds

with lemon wedges or parsiey.

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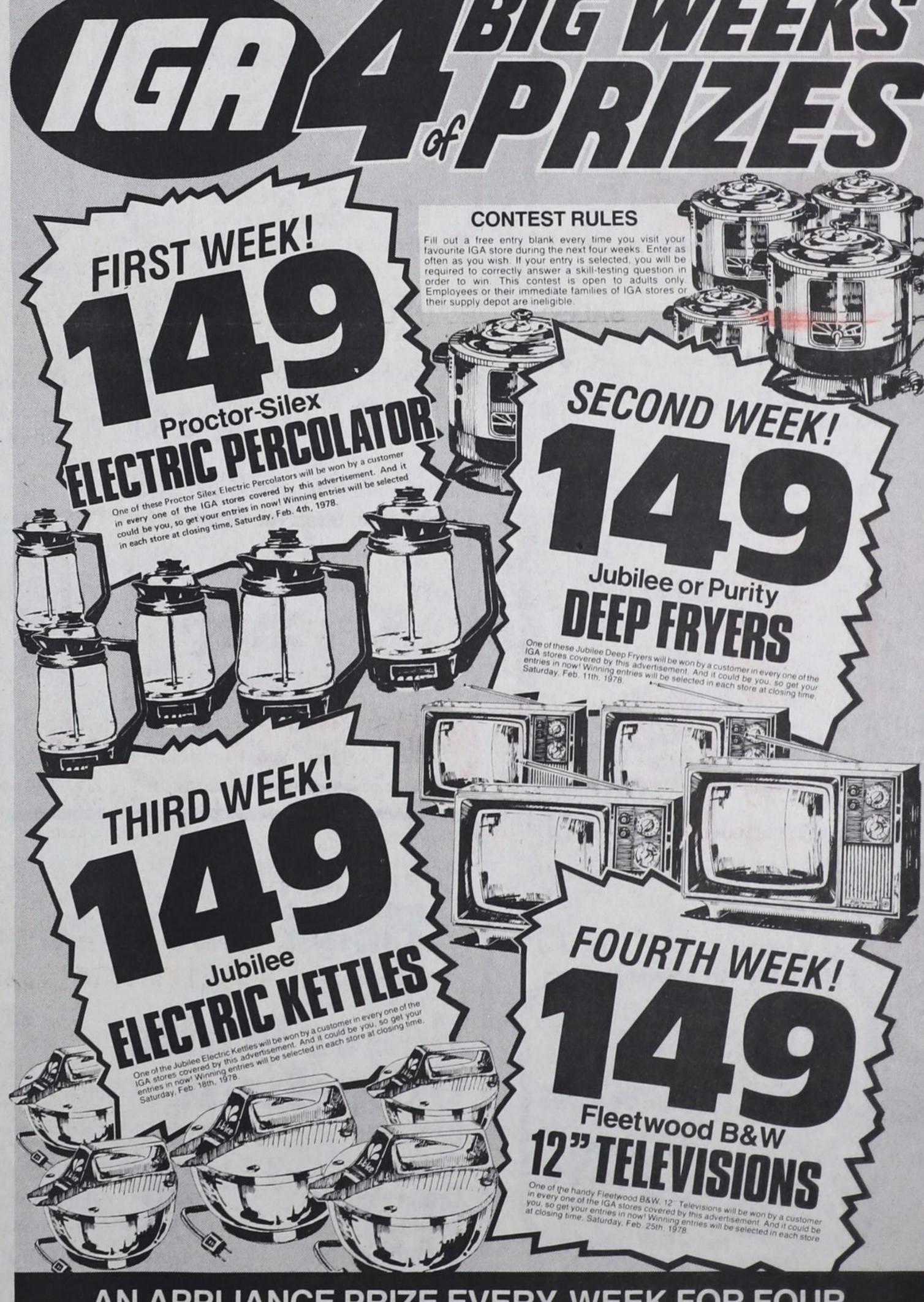
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Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5 Wednesday, February 1, 1978, Page 11